



THE POINT: You don't build purity on a foundation of sin.

We continue our series, Focus on Five, this week. It is a marriage series based on the book *From This Day Forward* by Craig and Amy Groeschel, where we are looking at the five commitments necessary for any successful marriage. We have looked at the first three commitments: Seek God, Fight Fair, and Have Fun!

The fourth commitment is to **Stay Pure**. This involves a commitment to staying pure in our relationship with God and in our relationship with our spouse. To accomplish this, we must recognize that we are in a spiritual war and understand the three components of the battle: the battlefield we are on, our enemy we fight, and our strategy to win.

With this knowledge we can put those things to death that lead to impurity and cultivate what leads to purity. But we can't do it alone. We stay pure with the help of others and through the power of Jesus!

DISCUSSION QUESTIONS

1. Read and discuss **Romans 8:1-17**. How does Paul's discussion of a flesh vs spirit led life help us in our commitment to stay pure in our relationship with God and in our relationship with our spouse?
2. What's one idea from the message that really stood out to you? Why did this idea grab your attention?
3. Do a reality check: Is seeking purity a priority in your marriage? Why or why not?
4. If there is one area of vulnerability—the battlefield you are on—that could compromise your purity, what would it be?
5. What are some of the most common types of impurities that you've seen our enemy we fight try to filter into your marriage?
6. What are some specific things you are doing or need to do, our strategy to win, to seek and maintain purity in your marriage?

ACTION STEPS

- If you have not already, take the FOCUS ON 5 Assessment for Married Couples and discuss the results together.
- What's one thing you will do this week as a result of something you learned from this message?
- As a couple develop your strategy to win:
 - Know your temptations.
 - Put sin to death - avoid where the enemy gets to you as an individual and as a couple.
 - Cultivate what leads to life - pray for wisdom and work together on your strategy.
 - Don't do it alone:
 - With the power of Jesus - through prayer and scripture.
 - With the help of others - For a HUDDLE by joining 3-4 people of the same gender to pray, read the word, and keep each other pure.
- As a couple, do the FOCUS ON 5 **Week 4 Devotional for Married Couples**.



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The fourth commitment is to **Stay Pure**. This involves a commitment to staying pure in our relationship with God and in every aspect of our life. To accomplish this, we must recognize that we are in a spiritual war and understand the three components of the battle: the battlefield we are on, our enemy we fight, and our strategy to win. With this knowledge we can put those things to death that lead to impurity and cultivate what leads to purity. But we can't do it alone. We stay pure with the help of others and through the power of Jesus!

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ACTION STEPS

- If you have not already, take the FOCUS ON 5 Assessment for Singles and discuss the results with a friend or a mentor.
- What's one thing you will do this week as a result of something you learned from this message?
- Develop your strategy to win this battle in your friendships & dating relationships:
 - Know your temptations.
 - Put sin to death - avoid where the enemy gets to you as an individual and as a couple.
 - Cultivate what leads to life - pray for wisdom and work together on your strategy.
 - Don't do it alone:
 - With the power of Jesus - through prayer and scripture.
 - With the help of others - For a HUDDLE by joining 3-4 people of the same gender to pray, read the word, and keep each other pure.
- Do the FOCUS ON 5 **Week 4 Devotional for Singles** with a friend or a mentor.