

# RESTORING YOUR CAPACITY TO DREAM

Agathos  
CHURCH

God is waiting for us to partner with Him by dreaming and envisioning the future in alignment with what He is saying. When we are recalibrated to ask greater things of Him, and more importantly **with** Him, we start walking out this exciting journey. It will increase our faith and grow our relationship! When our desires are also His desires it means the pressure is off of us and on Him! All we have to do is be willing to dream big, ask, expect, and trust He will provide. It's a journey of discovering who He has created us to be and finding out His exciting purpose for us!

## METHOD

- 1 Spend time in God's presence. Talk with Him about what He has put on your heart.
- 2 Write things down! Start writing things that you are thankful for - things that God has already blessed you with. Write them next to the 'past' arrows. ←
- 3 For every other blessing that you have listed, start writing things God has put on your heart for your future. Write them from a place of thanksgiving. Thank Him for putting them in your future. E.g. "Thank you that we have a new reliable car." Write them next to the 'future' arrows. →
- 4 Talk with God some more and ask what He thinks/feels/says about what you have written.

## SUGGESTIONS

- Writing our dreams from the perspective that we already have them increases our faith for receiving them. Imagining we have them is a powerful way to eradicate fear and doubt.
- You can use this list as daily declarations. We create with our words. Life and death is in the power of the tongue. It will help us focus on the direction we want to go in.
- Add personal prophetic words spoken over you to your list. Thank him for them. E.g. "Thank you that I am an influencer."
- Add scripture to your list. Make it personal, change it to present tense and add 'I' and 'me.' E.g. John 16:13b "Thank you that Holy Spirit only speaks what He hears and reveals prophetically to me what is to come."

## EXAMPLES

- |   |   |
|---|---|
| ← Thank you that my family is perfectly healthy.      | ← Thank you for my encouraging mature church family.                      |
| → Thank you that Uncle Jack is 100% cancer free.      | → Thank you that people will be healed and set free when I pray for them. |
| ← Thank you for the job you provided for me.          | ← Thank you that you gave me a spiritual mentor.                          |
| → Thank you that we are completely student debt free. | → Thank you for wisdom and that i will speak life to people.              |

# 1

## DREAMING FROM ABUNDANCE NOT LACK

Philippians 4:6 “Be anxious for nothing, but in prayer and supplication with **thanksgiving** let your requests be known to God...”

When we dream from a place of lack it can be painful because it reminds us of what we don't have. When we dream out of abundance we are remembering and thanking God for the past blessings and testimonies that He has already done for us. It increases our faith.

“Hunger and thankfulness are two sides of the same coin. Hunger without thankfulness leads to frustration and thankfulness without hunger leads to complacency.” - Bill Johnson

# 2

## DREAMING FOR DESIRES NOT JUST NEEDS

Matthew 7:11b “..how much more will your Father in heaven give good things to those who love Him.

Do you believe you are an orphan in God's orphanage only deserving 3 meals a day and a roof over your head? Or do you believe you are a son or daughter of the king living in the palace? As we step out of a poverty mindset and understand our true identity as a child of God, it shifts our thinking to seeing our Heavenly Father as the loving Dad He is. It is the Father's great pleasure to give good gifts to those who love him!

# 3

## DREAMING FROM SPIRIT NOT FLESH

1 Corinthians 2:9-12 “No eye has seen, no ear has heard, no mind has imagined what God has prepared for those who love Him! But God has revealed them to us through His spirit!...”

We all have the capacity to hear the Father speaking to us. Jesus said “My sheep hear my voice”

As we ask “What's on your heart, Lord?” from a place of rest and intimate relationship with Him, God will reveal to us His inmost heart, plans, strategies, dreams and wisdom.

As we align with His heart it will help us not to ask for anything that undermines our purpose.

# 4

## DREAMING WITH EXPECTATION NOT FEAR & DOUBT

The widow in 2 Kings 4 was told to gather jars to collect oil that Elisha would prophesy would flow. The oil stopped as soon as there were no more jars to fill. The supernatural flow of oil would likely have continued had there been more jars. When we increase our expectation and faith we increase our availability to receive. Position your heart to receive by increasing your expectation.

When we have belief ceilings or live under self-limitations, we can ask God to help us imagine ourselves in the future with what we are dreaming for. It is a powerful way to eradicate fear and doubt!

## PERSONAL



## SPIRITUAL LIFE



## FAMILY/RELATIONSHIPS



## JOB/MINISTRY

