

LOVE IS NOT EASILY ANGERED

40 Days of Love – Part 5

“Love is not easily angered.” 1 Corinthians 13:5

HOW DO YOU TAME YOUR TEMPER?

1. RESOLVE _____

“A fool gives full vent to his anger, but a wise man keeps himself under control.”
Proverbs 29:11

2. REMEMBER _____

“A hot-tempered man...gets into all kinds of trouble.” Proverbs 29:22

“Hot tempers cause arguments.” Proverbs 15:18

“...anger causes mistakes.” Proverbs 14:29

“People with hot tempers do foolish things.” Proverbs 14:17

“The fool who provokes his family to anger and resentment will finally have nothing worthwhile left.” Proverbs 11:29

3. REFLECT _____

“A stupid man gives free rein to his anger; a wise man waits and lets it grow cool.” Proverbs 29:11

“A man's wisdom gives him patience.” Proverbs 19:11

ASK 3 QUESTIONS

- _____
- _____
- _____

“Lord, help me control my tongue; help me be careful about what I say.”
Psalm 141:3

“Drinking too much makes you loud and foolish. It's stupid to get drunk.”
Proverbs 20:1

4. RELEASE _____

“If you become angry, don't let your anger lead you into sin.”

Ephesians 4:26

“A gentle answer quiets anger, but a harsh one stirs it up.” Proverbs 15:1

5. RE-PATTERN _____

“Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.” Romans 12:2a

“Keep away from angry, short-tempered people, or you will learn to be like them...” Proverbs 22:24

6. RELY _____

“Patience and encouragement come from God. I pray God will help you all agree with each other the way Christ Jesus wants.” Romans 15:5

“The fruit of the Spirit is...patience.” Galatians 5:22 (NIV)

“Whatever is in your heart determines what you say.” Matthew 12:34

“I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed.”
Ezekiel 36:26