

S.O.A.P.

WHAT IS S.O.A.P.?

SCRIPTURE

Open your Bible to the assigned reading for the day and read it. It's that simple.

OBSERVATION

Write down what is happening, what is being taught and who is doing the teaching. You may write something along the lines of, "In this passage Jesus is speaking to a large crowd of people about attitude. He is going through a list of attitudes or approaches to life and its circumstances that God blesses." It can be as short or long as you'd like to make it.

APPLICATION

Reflect on your own life for a moment. How does this scripture apply to your life? As you read it, is there something that sticks out to you specifically about what is being taught or happening that connects with an area in your life which might need some refining? You could write something down like, "When

Jesus said 'Blessed are those who hunger and thirst for righteousness...' it made me think of how, when I am hungry, I will stop at nothing to satisfy my hunger. I want to pursue Jesus that way. I want to want Jesus the way I want a cold drink of water on a hot day or a good meal after skipping lunch. I want to hunger and thirst for righteousness."

PRAYER

Prayer is simply communicating with God. It's our opportunity to tell Him what's on our hearts and minds and is especially powerful when we couple it with the truth of God's Word.

Don't pressure yourself. Prayer isn't about perfection; it's about being present and aware that Jesus gave His life to give you this moment. So embrace it.

BRIDGECHURCH.NET/NEXT

Go to this link if you would like further resources to help you with your relationship with Christ.

JAN

Day	Scripture	Day	Scripture
■ 1	Acts 1	■ 17	Acts 17
■ 2	Acts 2	■ 18	Acts 18
■ 3	Acts 3	■ 19	Acts 19
■ 4	Acts 4	■ 20	Acts 20
■ 5	Acts 5	■ 21	Acts 21
■ 6	Acts 6	■ 22	Acts 22
■ 7	Acts 7	■ 23	Acts 23
■ 8	Acts 8	■ 24	Acts 24
■ 9	Acts 9	■ 25	Acts 25
■ 10	Acts 10	■ 26	Acts 26
■ 11	Acts 11	■ 27	Acts 27
■ 12	Acts 12	■ 28	Acts 28
■ 13	Acts 13	■ 29	Psalms 128
■ 14	Acts 14	■ 30	Psalms 129
■ 15	Acts 15	■ 31	Psalms 130
■ 16	Acts 16		

FEB

Day	Scripture	Day	Scripture
■ 1	Romans 1	■ 15	Romans 15
■ 2	Romans 2	■ 16	Romans 16
■ 3	Romans 3	■ 17	Mark 1
■ 4	Romans 4	■ 18	Mark 2
■ 5	Romans 5	■ 19	Mark 3
■ 6	Romans 6	■ 20	Mark 4
■ 7	Romans 7	■ 21	Mark 5
■ 8	Romans 8	■ 22	Mark 6
■ 9	Romans 9	■ 23	Mark 7
■ 10	Romans 10	■ 24	Mark 8
■ 11	Romans 11	■ 25	Mark 9
■ 12	Romans 12	■ 26	Mark 10
■ 13	Romans 13	■ 27	Mark 11
■ 14	Romans 14	■ 28	Mark 12

MAR

Day	Scripture	Day	Scripture
■ 1	Mark 13	■ 17	1 Corinthians 6
■ 2	Mark 14	■ 18	1 Corinthians 7
■ 3	Mark 15	■ 19	1 Corinthians 8
■ 4	Mark 16	■ 20	1 Corinthians 9
■ 5	Ruth 1	■ 21	1 Corinthians 10
■ 6	Ruth 2	■ 22	1 Corinthians 11
■ 7	Ruth 3	■ 23	1 Corinthians 12
■ 8	Ruth 4	■ 24	1 Corinthians 13
■ 9	Psalms 131	■ 25	1 Corinthians 14
■ 10	Psalms 132	■ 26	1 Corinthians 15
■ 11	Psalms 133	■ 27	1 Corinthians 16
■ 12	1 Corinthians 1	■ 28	Psalms 134
■ 13	1 Corinthians 2	■ 29	Psalms 135
■ 14	1 Corinthians 3	■ 30	Psalms 136
■ 15	1 Corinthians 4	■ 31	2 Corinthians 1
■ 16	1 Corinthians 5		