

S O A P

WHAT IS S.O.A.P.?

SCRIPTURE

Open your Bible to the assigned reading for the day and read it. It's that simple.

OBSERVATION

Write down what is happening, what is being taught and who is doing the teaching. You may write something along the lines of, "In this passage Jesus is speaking to a large crowd of people about attitude. He is going through a list of attitudes or approaches to life and its circumstances that God blesses." It can be as short or long as you'd like to make it.

APPLICATION

Reflect on your own life for a moment. How does this scripture apply to your life? As you read it, is there something that sticks out to you specifically about what is being taught or happening that connects with an area in your life which might need some refining? You could write something down like, "When

Jesus said 'Blessed are those who hunger and thirst for righteousness...' it made me think of how, when I am hungry, I will stop at nothing to satisfy my hunger. I want to pursue Jesus that way. I want to want Jesus the way I want a cold drink of water on a hot day or a good meal after skipping lunch. I want to hunger and thirst for righteousness."

PRAYER

Prayer is simply communicating with God. It's our opportunity to tell Him what's on our hearts and minds and is especially powerful when we couple it with the truth of God's Word.

Don't pressure yourself. Prayer isn't about perfection; it's about being present and aware that Jesus gave His life to give you this moment. So embrace it.

BRIDGECHURCH.NET/NEXT

Go to this link if you would like further resources to help you with your relationship with Christ.

JAN

Day	Scripture	Day	Scripture
■ 1	Mark 1	■ 17	Philippians 1
■ 2	Mark 2	■ 18	Philippians 2
■ 3	Mark 3	■ 19	Philippians 3
■ 4	Mark 4	■ 20	Philippians 4
■ 5	Mark 5	■ 21	Psalms 70
■ 6	Mark 6	■ 22	Psalms 71
■ 7	Mark 7	■ 23	Psalms 72
■ 8	Mark 8	■ 24	Psalms 73
■ 9	Mark 9	■ 25	Psalms 74
■ 10	Mark 10	■ 26	Psalms 75
■ 11	Mark 11	■ 27	Psalms 76
■ 12	Mark 12	■ 28	Psalms 77
■ 13	Mark 13	■ 29	Nahum 1
■ 14	Mark 14	■ 30	Nahum 2
■ 15	Mark 15	■ 31	Nahum 3
■ 16	Mark 16		

FEB

Day	Scripture	Day	Scripture
■ 1	Galatians 1	■ 15	Ephesians 6
■ 2	Galatians 2	■ 16	1 Thessalonians 1
■ 3	Galatians 3	■ 17	1 Thessalonians 2
■ 4	Galatians 4	■ 18	1 Thessalonians 3
■ 5	Galatians 5	■ 19	1 Thessalonians 4
■ 6	Galatians 6	■ 20	1 Thessalonians 5
■ 7	Habakkuk 1	■ 21	2 Thessalonians 1
■ 8	Habakkuk 2	■ 22	2 Thessalonians 2
■ 9	Habakkuk 3	■ 23	2 Thessalonians 3
■ 10	Ephesians 1	■ 24	Esther 1
■ 11	Ephesians 2	■ 25	Esther 2
■ 12	Ephesians 3	■ 26	Esther 3
■ 13	Ephesians 4	■ 27	Esther 4
■ 14	Ephesians 5	■ 28	Esther 5

MAR

Day	Scripture	Day	Scripture
■ 1	Esther 6	■ 17	2 Peter 2
■ 2	Esther 7	■ 18	2 Peter 3
■ 3	Esther 8	■ 19	Psalms 78
■ 4	Esther 9	■ 20	Psalms 79
■ 5	Esther 10	■ 21	Psalms 80
■ 6	Jude 1	■ 22	Psalms 81
■ 7	Jonah 1	■ 23	Philemon 1
■ 8	Jonah 2	■ 24	Psalms 82
■ 9	Jonah 3	■ 25	Psalms 83
■ 10	Jonah 4	■ 26	Psalms 84
■ 11	1 Peter 1	■ 27	Titus 1
■ 12	1 Peter 2	■ 28	Titus 2
■ 13	1 Peter 3	■ 29	Titus 3
■ 14	1 Peter 4	■ 30	Psalms 85
■ 15	1 Peter 5	■ 31	Psalms 86
■ 16	2 Peter 1		