

# Family Devotion

## “The Amazing Alien Diet”



### Watt's Up:

“Garbage In, Garbage Out! What Goes In Will Come Out!”



### Power Verse:

“Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think...”

- Romans 12:2

This week we continued our series “Alien Kids.” It's so important for Christians to learn how to be “set apart” and different from the rest of the world. Being an alien is fun, and we can be Aliens for Jesus!!!

### Ask:

- What is your favorite thing to do with your friends?
- What is your favorite thing to watch on TV?
- What is your favorite movie or even video game?

### Say:

Did you know that as Christians we are affected by the things we put “into” our lives? That's right!!! The things we watch, listen to, and even participate in can affect our walk with Jesus!

### Game Options:

Spend time playing the old fashion game of “telephone.” One of you make up a saying and whisper it to the person next to you, pass it around the circle and see what the last person says. Be sure and whisper so no one gives away what they are saying!!! *(Afterwards, whether the final product was correct or not, talk about how what we are listening to affects us in a positive or negative way)*

Take an orange, lemon, or similar fruit and use a Juicer or something to squeeze the fruit to see who in the family can get the most juice out of it. *(Talk as you do this about how when you squeeze on something - what's inside comes out. The same is true with our walk with Christ- whatever we put in will eventually come out)*

### Ask:

- What are some good things we could put into our lives to help us be “Alien Kids”?
- What are some changes we/you should make to improve in this area of your life?

### Pray:

Ask God to help your child becoming more aware of their “diet”, the things they are taking in that affect their Walk with Christ. Pray that they will make wise decisions and watch, listen, and do the right things to grow closer to Him.

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