

WEEK ONE

THE GOSPELS

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REMEMBER THIS:

"These are written so that you may believe that Jesus is the Christ, the Son of God." JOHN 20:31, NLV



SAY THIS:

Who can believe in Jesus?

I CAN BELIVE IN JESUS.



DO THIS:



When you go into your child's room, say, "Good morning! I believe we can make today a great day! Do you know what else I believe? I believe in Jesus!"



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BASIC TRUTH:

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LIVING FROM A DAD'S AFFIRMATION

By Nick Salyers

My dad is my hero. When I reflect back on how he has made such a vast impact on my life I arrive at a surprisingly simple conclusion:

The greatest gift my dad ever gave me was the freedom to live from his affirmation, not for it. He was able to fully convince me that he is proud of me, loves me, and wants what's best for me.

There are three major ways that living from a place of affirmation changed my life (and might change your child's life too):

1. It gave me a deeply rooted sense of identity.

There's an old saying that says, "It's not so much about who you are, as it is about whose you are." Your identity is rooted in the knowledge that you are loved and worth loving. That kind of knowledge only comes through experiencing and receiving affirmation.

When I think about identity, the image that comes to mind is a prince. A prince doesn't really have any resources, yet he never acts out of scarcity. He doesn't have any actual authority, yet his words carry weight and meaning. He doesn't have any real power, but he carries himself with the confidence, because he is backed by someone with power. A son who is living from affirmation has a deeply rooted sense of identity.

2. It fostered the building of true confidence.

Confidence is the natural response to having a deeply rooted sense of identity. When a son experiences his father's affirmation, it gives him the freedom to learn, take risks, fail, grow, and succeed. Each of those actions help him gain experience.

By creating a safe environment for acquiring experience, you are fostering confidence. Furthermore, this kind of confidence is not a cheap bravado, but a true confidence, one that has been hard-earned.

3. It inspired purpose.

Living from a place of affirmation inspires purpose. Just as a deeply rooted sense of identity begets confidence, confidence begets purpose. Purpose is the sense of heading somewhere. It's being on a mission. Purpose propels you forward.

I think one of the most defining questions you can ask yourself as a parent is: "Do I want my kids living for my affirmation or from my affirmation?" Your answer to that question lies at the heart of your relationship with your children.

For more blog posts and parenting resources, visit:

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