

Healthy COMMUNITIES MINDS BODIES RESPONSIBILITIES REST

TAKE HOME

What is something negative you have thought or believed about yourself?

Where (or who) did that come from?

What do you think God says about that? Look in scripture for what He says.

Based on the truth of God's Word what is He calling you, uniquely, to do with your skills, gifts, talents, abilities, or story?

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

Psalm 139:23-24

WHO GOD SAYS I AM

(This is just a short list to get you started – there are tons more out there!).

Created by God
Genesis 1:26-27

God's Workmanship
Ephesians 2:10

Wonderfully Made
Psalm 139:13-14

Child of God
1 John 3:1-2

Sons and Daughters of God
Galatians 3:26

Royal Priesthood
1 Peter 2:9

Temple of the Holy Spirit
1 Corinthians 3:16

New Creation
2 Corinthians 5:17

New in Christ
Ephesians 4:24

More than Conquerors
Romans 8:37

Loved
1 John 4:7
Romans 5:8
John 3:16

Not Condemned
Romans 8:1

Citizen's of Heaven
Philippians 3:20

Chosen
Colossians 3:12

Strong in Christ
Philippians 4:13



RAINIER VIEW CHRISTIAN CHURCH