

GUIDE TO COMMUNION AT HOME

What is Communion?

We make time in our weekly service to remember the sacrifice that Jesus made when he willingly gave up his life for our sins on a cross. We refer to this time as communion. Communion is an opportunity for us to reflect on what Jesus did for us, and how his death made it possible for us to be forgiven, redeemed, and brought back into a healthy relationship with God. Communion uses bread as a symbol for Jesus' body and juice or wine as a symbol for His blood.

Communion is for those who have declared their belief in Jesus' death, burial, and resurrection; they have turned control of their lives over to him and call him Lord. Taking communion does not save us or get us into heaven. God actually warns us about taking communion without considering what it means and why we're doing it. It is not a mindless ritual, we intentionally set aside time to remember what Jesus has done and why He did it (1 Corinthians 11:27-31).

How to Take Communion in Your Home

Prior to the beginning of the service, set out the bread and juice so that it is ready for the communion portion of the service. Feel free to use whatever bread, crackers, juice, or wine you have available.

If you are watching with a group, select one person to lead this time. You/they may want to read the following from 1 Corinthians 11:

"²³For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, ²⁴and when he had given thanks, he broke it and said, 'This is my body, which is for you; do this in remembrance of me.'²⁵In the same way, after supper he took the cup, saying, 'This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.'²⁶For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes."

Each person who feels comfortable taking communion may do so in a time of quiet prayer and reflection.

