

HOPE BUILDING EXERCISES

HOPE – A Joyful Expectation of God’s Promises realized/ fulfilled.

BIG IDEA - God Longs for us to experience Abounding **HOPE** that fuels endurance.



Y During this season, let's partner together in some Hope Building Exercises – Devotions

Y [1 Corinthians 15:58](#)

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Hope In Jesus soon Return Inspires Diligence.



⁵⁸Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.” [1 Corinthians 15:58](#)
¹³while we wait for the blessed hope, the appearing of the glory of our great God and Savior, Jesus Christ. ¹⁴He gave himself for us to redeem us from all lawlessness and to cleanse for himself a people for his own possession, eager to do good works. [Titus 2:13,14](#)

B In [1 Corinthians 15:58](#) and [Titus 2:13,14](#) what do you learn about Hope?

B How does knowing Jesus return could happen at any time inspire and fuel your Vigilance and Diligence?

Prayer Step: Ask the Lord to grow your Hope – Joyful Expectation of Jesus’ Imminent.



[1 Thessalonians 4:13-18](#)

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Hope gives us Comfort in our Grief.

¹⁶For the Lord himself will come down from heaven, with a loud command, with the voice of the archangel and with the trumpet call of God, and the dead in Christ will rise first. ¹⁷After that, we who are still alive and are left will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever. ¹⁸Therefore comfort one another with these words.

[1 Thessalonians 4:16-18](#)

B In [1 Thes 4:13-18](#) what do you learn about Hope?

B How does Paul’s specific details give us Hope [4:16,17](#)

Prayer Step: Ask the Lord to help others know the comfort of this hope. [4:18](#)



[1 Thessalonians 5:1-11](#)

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Hope motivates us to Vigilance .

⁸But since we belong to the day, let us be sober, putting on faith and love as a breastplate, and the hope of salvation as a helmet. ⁹For God did not appoint us to suffer wrath but to receive salvation through our Lord Jesus Christ. ¹⁰He died for us so that, whether we are awake or asleep, we may live together with him. ¹¹Therefore encourage one another and build each other up, just as in fact you are doing.

[1 Thess 5:9-11](#)

B In [1 Thess 5:8-11](#) what do you learn about Hope?

B How does Paul give us assurance in our Hope for the Rapture in [1 Thess 5:9](#)?

Prayer Step: Ask the Lord to help encourage & build up others with this Hope - [5:11](#).



In [1 Corinthians 15:35-41](#)

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Hope grasps Resurrection's Special Design.

³⁷When you sow, you do not plant the body that will be, but just a seed, perhaps of wheat or of something else. ³⁸But God gives it a body as he has determined, and to each kind of seed he gives its own body. ³⁹Not all flesh is the same: People have one kind of flesh, animals have another, birds another and fish another. . [1 Cor 15:35-41](#)

B In [1 Cor 15:35-41](#) what do you learn about Hope?

B How do you see this truth in your Garden or in the Stellar Universe - [1 Cor 15:35-41](#)?

Prayer Step: Ask the Lord to help you learn the Wonder of the Resurrection.



[1 Corinthians 15:42-50](#)

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Hope grasps our Future Transformation.

⁴²So will it be with the resurrection of the dead. The body that is sown is perishable, it is raised imperishable; ⁴³it is sown in dishonor, it is raised in glory; it is sown in weakness, it is raised in power; ⁴⁴it is sown a natural body, it is raised a spiritual body.. [1 Cor 15:42-50](#)

B In [1 Cor 15:42-44](#) what do you learn about Hope?

B What added insights about our transformation does - [15:45-50](#) add to our Hope?


Prayer Step: Ask the Lord to help you comfort others with this Hope.




⁵¹ Listen, I tell you a mystery: We will not all sleep, but we will all be changed— ⁵² in a flash, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised imperishable, and we will be changed. ⁵³ For the perishable must clothe itself with the imperishable, and the mortal with immortality.

[1Corinthians 15:51-53](#)


 In [1 Cor 15:51-57](#) what do you learn about Hope?

 How should we apply our Hope to the way we live in our World today? – [1 Cor 15:57,58](#)?

 **Prayer Step:** Ask the Lord to enable you to be steadfast, immovable, always excelling in the Lord’s work,

⁵ and if he didn’t spare the ancient world, but protected Noah, a preacher of righteousness, and seven others, when he brought the flood on the world of the ungodly; ⁷ and if he rescued righteous Lot, distressed by the depraved behavior of the immoral... ⁹ then the Lord knows how to rescue the godly from trials and to keep the unrighteous under punishment for the day of judgment, [2 Peter 2:5-9](#)


 In [2 Peter 2:5-9](#) what do you learn about Hope?

 How difference do you see between Abraham and Lot, that were both delivered?

 **Prayer Step:** Ask the Lord to help you make a difference like Abraham.



¹ Now, brethren, concerning the coming of our Lord Jesus Christ and our gathering together to Him, we ask you, ² not to be soon shaken in mind or troubled, either by spirit or by word or by letter, as if from us, as though the day of Christ had come. ³ Let no one deceive you by any means; for *that Day will not come* unless the falling away comes first, and the man of sin is revealed, the son of perdition, ⁴ who opposes and exalts himself above all that is called God or that is worshiped, so that he sits as God in the temple of God, showing himself that he is God. [2 Thes 2:1-4](#)

 In [2 Thessalonians 2:1-11](#) what do you learn about Hope?

 Why do you think it’s so important for us to know about the Anti-Christ – the Lawless One?

 **Prayer Step:** Ask the Lord to grow your Hope – Joyful Expectation of Jesus’ Imminent Return.



¹³ *May the God of hope fill you with all joy and peace as you trust in him, so that you may Abound with hope by the power of the Holy Spirit.* [Romans 15:13](#)).

Abounding Hope



Hope Building Devotions

**October 18th – 25th
On the RAPTURE**



“we who have fled to take hold of the HOPE set before us may be greatly encouraged. ¹⁹ We have this HOPE as an anchor for the soul,...”
[Hebrews 6:18,19](#)

