

LIFE FELLOWSHIP CHURCH

21 DAYS OF PRAYER

JOURNAL

AUGUST
2022



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JOURNAL

This journal belongs to:

Full Name

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From the moment that Tatum and I came to Life Fellowship in 2010, we had a dream in our hearts to lead and pastor a praying church. Our rally cry has simply been, "Pray First." In every situation, whether good or bad, we try to pray before we act. Many times people act first and then want God to bail them out of that situation, but prayer should be our first response, not our last resort.

Understanding the necessity of prayer is not enough. In order for it to become a part of our life, it needs to become something we look forward to. I'm convinced most people don't enjoy prayer because they have never been taught how to pray. That's where this simple prayer journal can help.

Using several prayer models out of the Bible and having some prayer directives over these 21 Days is going to help make prayer more personal for you. This booklet is designed to help bring joy into your time with God. When you discover the beauty of daily conversation with Him, you'll experience the presence of God that will change your life.

Once you learn how to pray, prayer can become a part of everyday life.

Before the day begins —

Before you go to bed —

Before you go to work or school —

Before you send that text —

Before you react —

Before bad things happen —

Before you eat, drive, or travel —

In every situation — PRAY FIRST!

Prayer changes everything!



Chris Lindberg
Life Fellowship Pastor

How to use S.O.A.P

Items needed for each day:

1. Bible
2. Pen
3. Journal

S — SCRIPTURE

Which verse stood out to you?

Open your Bible to your reading for the day. Take time reading and allow God to speak to you. When you are done, look for a verse that particularly spoke to you that day, and write it in your journal.

O — OBSERVATION

What is God saying to you?

What do you feel God is saying to you in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you.

A — APPLICATION

How can you apply it today?

Personalize what you have read, by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, a new promise, or corrections for a particular area of your life. Write how this scripture can apply to you today.

P — PRAYER

Ask God to help you use what you've learned.

This can be as simple as asking God to help you use this scripture, or even a prayer for a greater insight on what He may be revealing to you. Remember, prayer is a two-way conversation, so be sure to listen to what God has to say! Now, write it out.



LISTEN TO OUR
WORSHIP PLAYLIST

01.
VISION

Habakkuk 2:2-3 ESV

And the LORD answered me: "Write the vision; make it plain on tablets, so he may run who reads it. For still the vision awaits its appointed time; it hastens to the end—it will not lie. If it seems slow, wait for it; it will surely come; it will not delay.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

02.
SURRENDER

Romans 12:1 ESV

Appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

03.
WISDOM

James 1:5 NLT

If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking.

04.
OBEDIENCE

James 1:22 NLT

But don't just listen to God's word. You must do what it says. Otherwise, you are only fooling yourselves.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

05.
ACCOUNTABILITY

Ecclesiastes 4:9-12

Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. Likewise, two people lying close together can keep each other warm. But how can one be warm alone? A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

06.
PURPOSE

Jeremiah 1:5 NIV

“Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations.”

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

WEEK TWO



LISTEN TO OUR
WORSHIP PLAYLIST

WEEK TWO

#Life21days

08. HEALING

Psalm 103:2-3 NLT

Let all that I am praise the Lord; may I never forget the good things He does for me. 3He forgives all my sins and heals all my diseases.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

09.
FREEDOM

Galatians 5:1 ESV

For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.

10.
POWER OVER
THE ENEMY

Luke 10:19 NLT

Look, I have given you authority over all the power of the enemy, and you can walk among snakes and scorpions and crush them. Nothing will injure you.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

11.
PROVISION

Matthew 6:31-32 ESV

Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all.

12.
FORGIVENESS

Ephesians 4:32 NIV

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

13.
PEACE

Philippians 4:6-7 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

14.
GRACE

Psalms 103:8 NLT

The Lord is merciful and gracious, slow to anger and abounding in steadfast love.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

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P — PRAYER

[illegible]

15.
REVIVAL FOR
OUR NATION

2 Chronicles 7:14 NLT

Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.

16.
REACHING
THE LOST

Matthew 28:19 NIV

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

17.
OUR CHURCH

Matthew 5:14-16 NLT

“You are the light of the world—like a city on a hilltop that cannot be hidden. No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

18.
FAMILIES AND
MARRIAGES

Ephesians 4:2-3 NLT

Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

19.
PASTORS AND
LEADERS

1 Timothy 2 NLT

I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

20.
DOING LIFE
TOGETHER

Hebrews 10:24-25 ESV

And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

S — SCRIPTURE

O — OBSERVATION

A — APPLICATION

P — PRAYER

Come, let us sing to the Lord! Let us shout joyfully to the Rock of our salvation. Let us come to him with thanksgiving. Let us sing psalms of praise to him. For the Lord is a great God, a great King above all gods.

[illegible]

**CONGRATULATIONS!
YOU'VE COMPLETED 21 DAYS
OF PRAYER!**

We love you!

lifefellowship.tv/21days



IN-PERSON GATHERING

Every Monday 6:00 am
Every Tuesday 7:00 pm

INSTAGRAM LIVE

Monday - Friday
at noon