

LifeGroup Meeting

Jesus Is My Hero 5
"Jesus Careful Concern"

Get To Know You Question:

When you are sad, or tired, or discouraged, what do you turn to get out of the funk?

Let's Dig Deeper

Jesus is my hero because no matter what life throws at me, I know I am Jesus' careful concern!

1. Someone read Luke 10:38-42

- Why is Martha so upset and frustrated?
- Who do you identify more with, Mary or Martha?
- What are the strengths of being a "Martha" in life? What are the weaknesses?
- What are the common results you experience when you lose your focus on God? Who, or what, do you blame when your life becomes chaotic?
- When have you found yourself recently in a Martha-like frenzy? What was your source of worry?
- In **verse 41**, how does Jesus refocus Martha's perspective?
- In **verse 41**, the passage more literally reads, "Mary has chosen the better portion." Look up the following verses and share what background they give concerning Jesus' use of the word "portion."

i. Numbers 18:8-29

ii. Lamentations 3:23-24

- This passage invites us to see Jesus Himself as our "portion." Apart from Christ, what things do you treat as your "portion." In other words, where are you tempted to look for life apart from Christ?
- When do you have a chance to lay at the feet of Jesus? Or more specifically, when do you have a chance to get into the Word of God?

- What time of day have you found to be best for you to be able to really sit, listen, and hear from God? If you have not found a consistent time, why not?
- What things do you do in your times of prayer and Bible study to focus your mind and thoughts on Jesus?
- Do you truly believe that Jesus is your careful concern? Do you actually believe that you can take all your anxieties and place them on him?
- Do you believe that God cares about you? And before you say, "Yes!" think about this question. Do you actually believe God cares about you in all areas of your life? Are there things you think God doesn't care about... excluding sin, of course!

2. How has Jesus been your hero this week?

3. Pray that Jesus would give us the wisdom to slow down and spend some time at his feet, while also praying that Jesus truly cares deeply about you!