

# WOMEN'S BIBLE STUDY

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Among  
Friends

In \_\_\_\_\_ – we are not \_\_\_\_\_ alone.

\_\_\_\_\_ is the \_\_\_\_\_ of time alone with \_\_\_\_\_, and solitude is the  
\_\_\_\_\_ of time \_\_\_\_\_ with God.

In solitude – we \_\_\_\_\_ REALLY alone.

## Rest

**Mark 6:31-32** “Come with me privately to a solitary place and let us rest for a while.”

**Matthew 11:28-29** “Come to Me, all of you who are weary and carry heavy burdens, and I will give you rest. Take My yoke upon you. Let Me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For My yoke is easy to bear, and the burden I give you is light.”

## Strength

**Isaiah 30:15** “This is what the Sovereign Lord says: ‘Only in returning to me and resting in me will you be saved. In quietness and confidence is your strength. But you would have none of it.’”

**Psalms 46:1** God is our refuge and strength, always ready to help in times of trouble.

**Psalms 46:10** Be still and know that I am God!

In solitude – \_\_\_\_\_ was never alone.

### Obstacles

1. Finding \_\_\_\_\_ alone

**Psalms 42:1-2** “As the deer pants for streams of water, so my soul thirsts for God, for the living God. When can I go and meet with God?”

2. Feeling \_\_\_\_\_ alone

3. \_\_\_\_\_

**1 Kings 19:11-12** “‘Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by.’ Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper.”

4. \_\_\_\_\_

Worship, Read the Word, Pray, Write down what He tells you, soak

In solitude – you are not alone. He is \_\_\_\_\_ with you.

### Questions:

1. When I think of being alone with Jesus, I feel ...
2. What are my obstacles to spending time alone with Him?
3. One thing that excites me about having time alone with Jesus is ...
4. One new thing I will try when I spend time with Him is ...