In addition to the Support Groups and Stephen Ministry that Mountain Life Church offers, Lay Counseling for men, women and couples is also available. So often in life, there seems to be a stigma about getting help for the problems that may be going on deep inside of us. We readily get eyeglasses when we need to see better but are reticent to get help when our hearts and minds get overloaded and it gets hard to cope. Our lay counseling staff is equipped to help you regarding marital, everyday life, spiritual issues and addictions (for women only) with the goal for you to experience real change in your life so that you may experience all that God wants to give you.

If it appears that your situation is outside the scope of our expertise, we can connect you with Christian professional counselors available through the Christian Center of Park City as well as a Christian psychiatrist associated with Mountain Life.

We also offer a 6-week life-changing marriage program for couples who are either engaged, pre-married, married or blended called SYMBIS, which is authored by Drs. Les and Leslie Parrott. This program (which is based on an individual online assessment) is unique in how it gives exceptionally significant insight into yourself, your mate and the uniqueness each of you brings into your relationship.
Candy Morken earned a Masters degree in Christian Counseling 16 years ago and has been a lay counselor for the past 15 years within her local church, including Mountain Life, offering individual counseling to women dealing with marriage, life, family blending, spiritual and trauma issues. She also team counsels women with Jeanne Fine. Through many of her own difficult life experiences, Candy uniquely prepared to come alongside women to deal with their own particular life problems. Her greatest passion is to come alongside women and help them get to know just how great their God is so that they may experience all He wants to give them, so they can effectively break the chains of their past and have victory over their life problems.

Jeanne Fine loves to come alongside women in their life journeys with her strengths of listening, compassion, mercy and wisdom. Her experience includes supporting and counseling women as a pastor’s wife for 35 years, Bible training, gaining insight from Christian counseling conferences and working with Candy Morken for eight+ years. Her own life experience, which includes a journey to freedom from shame and a journey of deepening trust through cancer, has given her a passion to help women enter into and grow in a life-changing relationship with Jesus Christ. She loves to help women experience the freedom, strength, peace and joy that comes from believing His promises and living life hand-in-hand with Him. Jeanne has been married to Scott for 36 years, is mom of three and “gramma” of five.

Cindy Yager, although not formally educated in counseling, has a lifetime of experiences and a solid foundation of in-depth Bible knowledge that equip her in a unique way to serve in counseling women. She feels called to focus on helping women overcome pain from the past, experience freedom in relationships and marriage and to live out that freedom daily. Her personal journey of healing and growth in overcoming her own addictions and difficult past give her the tools and a deep passion to help others move forward with new hope. Cindy has lived in Park City for 15 years, is married with four children and five grandchildren and is available for individual counseling as well as couples counseling alongside her husband of 30 years, Darren.

Karen Koerselman Prior to her retirement as the Shelter Director of the Peace House, Karen worked for over 20 years as a Licensed Professional Counselor, with a Masters Degree in Counseling. Her professional career was mainly in the area of domestic violence treatment, sexual assault, and individual work with women and children on a wide variety of issues. Of particular interest and experience was facilitating groups through both education and support. Through her association with Mountain Life Church, Karen began co-facilitating the Grief Share group and then began offering lay counseling in the area of grief and domestic violence. Karen and her husband have lived in Park City for 15 years. They have two children and five grandchildren, all of whom live here in PC.