

identity & sexuality a biblical perspective

IDENTITY IN CHRIST: WHO ARE YOU?

If adults are asked this question today, most would respond by stating what their occupation is, their role as a single person, husband or wife, if married, and who their children are with their names and ages.

If children or youth are asked this same question, they most likely will respond with their age and grade they are in at school, what activities they excel in and who their parents are.

Although these descriptions may outline **what you do**, they don't define **who you are**. Let's take a look at **Who You Are** as a believer in Jesus Christ according to God's Word from **Ephesians 1**.

The word **CARS** will help you remember four identity truths of **Who You Are**.

Chosen by God “just as He chose us in Him before the foundation of the world, that we would be holy and blameless, before Him.” Vs. 4

Chosen by a Sovereign God.

Adopted as sons “He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will.” Vs. 5

Adopted into God’s family.

Redeemed by Christ’s blood “In Him, we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace.” Vs. 7

Ransomed from bondage of sin.

Sealed with the Holy Spirit “In Him, you also after listening to the message of truth, the gospel of your salvation having also believed, you were sealed in Him with the Holy Spirit of promise.” Vs. 13

Sealed securely in Christ.

Parents: As an object lesson with your children, pull out your driver’s license, show it to them and paraphrase the following:

*“This driver’s license **identifies me** as a licensed driver in the state of Virginia (or the state in which it was issued). It has my name, address, date of birth, color of my eyes and gender. This license authenticates (makes real) who I am by the state of Virginia to anyone who sees it and is also used as my ID for flying on any airline in the world.”*

Let’s see how the Bible **identifies you** and me as a believer in Jesus Christ. Remember the word **CARS**? How does this word remind you of four identity truths that are true of you as a believer?

Additional Identity Truths

Read these identity truths to/with your child one at a time each evening or group them together each evening according to the Bible book in which they're found. Memorize one or more verses each week as a family and celebrate upon completion.

1. I am blessed with every spiritual blessing in Christ. *Eph. 1:3*
2. I am Forgiven. *Eph. 1:7*
3. I have been made alive with Christ. *Eph. 2:4-5*
4. I am raised with Christ and seated with him in the heavenly realms in Christ Jesus. *Eph. 2:6*
5. I am God's workmanship...His masterpiece. *Eph. 2:10*
6. I have been crucified with Christ and I no longer live, but Christ lives in me. *Galatians 2:20*
7. I have been baptized into Christ and have been clothed with Christ. *Gal. 3:27*
8. I am called to be free. *Gal. 5:13*
9. I am a work in progress and the Lord will complete His work in my life. *Philippians 1:6*
10. My citizenship is in heaven. *Philippians 3:20*
11. My needs will be met according to God's glorious riches in Christ Jesus. *Philippians 4:19*
12. I have access to the throne of God where I can receive mercy and find grace. *Hebrews 4:12*
13. I have a High Priest who is able to sympathize with my weaknesses. *Hebrews 4:15*
14. I have a High Priest who always lives to intercede for me. *Hebrews 7:25*
15. I am dead to sin and alive to God. *Romans 6:11*
16. I have been brought from death to life. *Romans 6:13*
17. I am not condemned. *Romans 8:1*
18. I can't be separated from the love of God which is in Christ Jesus our Lord. *Romans 8:38-39*
19. I am known. *Psalms 139:1-6*
20. I am fearfully and wonderfully made. *Psalms 139:14-16*
21. I can't be snatched from God's hand. *John 10:28-29*

(Adapted from 49 Identity Messages Your Kids Need to Know by Keith Ferrin)



Building Strong Families



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