

II. TO SPIRITUAL DISCIPLINES - PRAYER

Introduction:

Crucial Quotes from *Celebration of Discipline*, Richard Foster

- “Prayer catapults us onto the frontier of the spiritual life. Of all the Spiritual Disciplines prayer is the most central because it ushers us into perpetual communion with the Father.”
- “All who have walked with God have viewed prayer as the main business of their lives...pray was no little habit tacked onto the periphery of their lives; it was their lives.”
- “God always meets us where we are and slowly moves us along into deeper things.”

OBSTACLES TO PRAYER

1. Conscious unconfessed sins

- Ps. 66:18
- Isa. 59:1-2

2. Pride

- James 4:6

3. Selfish motives in prayer

- James 4:3

4. Unbelief and doubt

- James 1:6-8

5. When you do not pray according to the will of God

- 1 John 5:14

6. Unforgiveness and bitterness

- Matt.6:14-15

7. A wrong attitude towards your spouse

- 1 Pet.3:7