

SERMON NOTES

Date: April 21, 2019

Title: An. Easter Psalm

Text: Psalm 16:1-11

Big Idea: Because Jesus rose from the dead, we can cry out to him, commune with him, commit our way to him, content ourselves in him, and confidently rest in his abundant provision.

MAKE IT REAL

Questions for Personal Application and Small Group Discussion

REVIEW THE SERMON

What does Psalm 16 tell us about the nature and character of God?

How does this Psalm find its ultimate fulfillment in Jesus (Acts 2:22-31; 13:26-37)?

APPLY THE TRUTH

List some of the reasons you don't immediately cry out and run to Christ for refuge during a trial (v. 1)?

What are the competing refuges in your life? In other words, after a hard day, where do you go to find comfort and rest (E.g. food, TV, social media, spouse, friend)?

What do these refuges promise you and why can't they ultimately deliver? How they actually multiply sorrow in your life (v. 4)?

What distracts you from communion with God? Share one practical way you can prioritize daily communion with God (v. 2-3).

How might absolute contentment in Christ change the way you look at your spouse, finances, or job (v. 5)?

How do the promises of Psalm 16 strengthen your confidence in God's abundant provision for you now and for eternity (v. 7-11)?

COMMIT THIS WEEK

From the text, what is one truth God is calling you to embrace? Looking at this week, what is one practical step you can take in order to live it out?