Bible Study Tools

Week 5 – Spiritual Disciplines: Scripture Meditation & Praying the Bible

1. Scripture Meditation

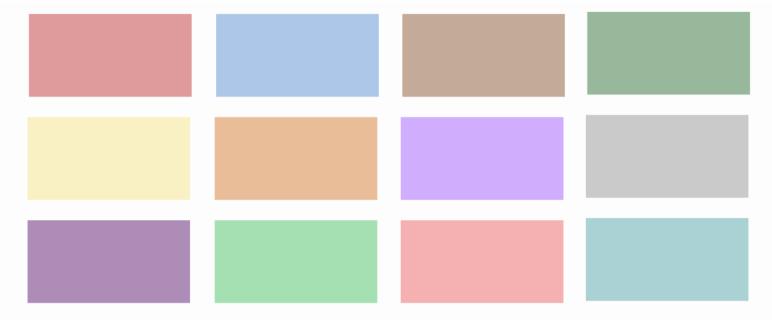
What is Scripture Meditation? "Scripture meditation is thinking on the		
revealed in Scripture for the purposes of	, application, and"	
What does the Bible say about meditation?		
Joshua 1:8 – Meditation →	_ → God's Blessing	

How do I meditate on Scripture?



12 WAYS TO MEDITATE





PRACTICE – SCRIPTURE MEDITATION

Romans 12:1-2

Journaling Notes:
2. Praying the Bible
The Problem: We pray the same about the same
The Solution: We you pray, pray through a of
The Benefits:
1. Your mind less
2. Your prayers are more about, less about
3. You are praying God's
4. You will pray for things off your
5. You will think more about the
6. Your prayer becomes more