

SERMON NOTES

Date: March 29, 2020

Series: Anchored

Title: Anchored through Temptation

Text: Hebrews 2:17-18

Big Idea: Jesus anchors us securely to God's mercy and grace through every trial and temptation.

APPLICATION GUIDE

DISCUSS

In what ways is Jesus like us?

What does this uniquely qualify Jesus to do on our behalf?

How does Jesus help us in our moments of need?

APPLY

Read Matthew 4:1-11. How does Christ's response to temptation help you respond to the temptations you face?

Because God is sovereign over the trials you encounter in life, you might be prone to think God is tempting you to sin. What does James 1:13-15 tell you about where your temptations originate?

According to 1 Corinthians 10:13, what hope does God promise in your trials and temptations?

How are you going to fill your heart and mind with God's will this week as a way of saying *no* to sin and *yes* to him? Be specific.

COMMIT

Cry out to God in confidence, "Lord, give me the mercy and grace to say *no* to me, and *yes* you," every time you face temptation this week.