

# SHAPE

**SPIRITUAL GIFTS / HEART / ABILITIES / PERSONALITY / EXPERIENCE**



ORIGINAL CONCEPT FROM SADDLEBACK CHURCH, LAKE FOREST, CALIFORNIA.

## WHAT SHAPE ARE YOU?

In order to help you better understand your spiritual gifts and who God made you to be, it may be helpful to utilize the S.H.A.P.E. acrostic made popular by Pastor Rick Warren, of Saddleback Church in Southern California.

Five ways God has shaped you:

- |                           |  |
|---------------------------|--|
| <b>S: Spiritual Gifts</b> | What has God supernaturally gifted me to do?   |
| <b>H: Heart</b>           | What do I have passion for and love to do?   |
| <b>A: Abilities</b>       | What natural talents and skills do I have?   |
| <b>P: Personality</b>     | Where does my personality best suit me to serve?   |
| <b>E: Experiences</b>     | What spiritual experiences have I had? What painful experiences have I had? What educational experiences have I had? What ministry experiences have I had? |

"Your ministry will be most effective and fulfilling when you are using your *gifts* and *abilities* in the area of your *heart's desire* in a way that best expresses your *personality* and *experience*."

– Rick Warren

**Once you've completed the SHAPE Inventory, take a look at the Killearn UMC Serving Guide and find areas where you feel you are best "shaped" for ministry! List them here:**

1.

2.

3.

## SPIRITUAL GIFTS

After reading the descriptions of the gifts that follow, please put a mark in the box to the left of those gifts you believe are active in your life. This list is not exhaustive, so please feel free to list others at the end. You can also utilize online spiritual gifts tests to help guide your thoughts, particularly if this is a new concept for you.

	GIFT	DESCRIPTION
<input type="checkbox"/>	Administration	<p><i>The God-given special ability to serve and strengthen the body of Christ by effectively organizing resources and people in order to efficiently reach ministry goals. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are effective organizers of people and projects toward reaching ministry goals.</li> <li>• Are known for having specific plans to achieve clearly defined goals.</li> <li>• Naturally delegate tasks, making it possible to accomplish more for God's kingdom.</li> <li>• Seek decision-making opportunities.</li> <li>• Understand what needs to be done for dreams to become a reality.</li> </ul>
<input type="checkbox"/>	Apostleship	<p><i>The God-given special ability to serve and strengthen the body of Christ by launching and leading new ministry ventures that advance God's purposes and expand his kingdom. The original Greek meaning of the word is "sent one" (literally, one sent with authority, or as an ambassador). People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are driven to start new endeavors for God, most often in churches.</li> <li>• Often welcome risky new challenges.</li> <li>• Enjoy making a difference in the lives of believers and unbelievers alike.</li> <li>• Are eager to be known as ambassadors for Christ in the world.</li> <li>• Willingly work hard to see churches reach their full potential for God.</li> </ul>
<input type="checkbox"/>	Discernment	<p><i>The God-given special ability to serve and strengthen the body of Christ by recognizing truth or error within a message, person, or event. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Find it easy to "read" others, and are most often right.</li> <li>• Recognize the spiritual source of a message - whether it is from God, Satan, or man.</li> <li>• Recognize the inconsistencies in others.</li> <li>• Easily identify people's true motives and agendas.</li> <li>• Perceive when the truth is twisted or communicated in error.</li> </ul>

	GIFT	DESCRIPTION
<input type="checkbox"/>	Encouragement	<p><i>The God-given special ability to serve and strengthen the body of Christ by helping others live God-centered lives through inspiration, encouragement, counseling, and empowerment. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are driven to inspire others and impact their lives positively for Christ.</li> <li>• Rejoice with those whose reliance on Christ has helped them overcome difficult life situations.</li> <li>• Seek out opportunities to help others reach their full potential in Christ.</li> <li>• Are natural encouragers, whether in words or through actions.</li> <li>• Rejoice at others' success.</li> </ul>
<input type="checkbox"/>	Evangelism	<p><i>The God-given special ability to serve and strengthen the body of Christ by sharing the love of Christ with others in a way that draws them to respond by accepting God's free gift of eternal life. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Look for ways to build relational bridges with nonbelievers.</li> <li>• Sense when a person is open to Christ's message.</li> <li>• Have likely seen many people come to faith in Jesus.</li> <li>• Win others to Christ through the use of love over logic.</li> <li>• Are deeply burdened for those who don't know Jesus.</li> </ul>
<input type="checkbox"/>	Faith	<p><i>The God-given special ability to serve and strengthen the body of Christ by stepping out in faith in order to see God's purposes accomplished, trusting him to handle any and all obstacles along the way. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Welcome risk for God.</li> <li>• Are energized by variables.</li> <li>• Are challenged by ideas most see as impossible.</li> <li>• Are often characterized by a passionate prayer life.</li> <li>• Have great God-confidence in their ventures.</li> </ul>
<input type="checkbox"/>	Giving	<p><i>The God-given special ability to serve and strengthen the body of Christ by joyfully supporting and funding various kingdom initiatives through material contributions beyond the tithe. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Plan and purposely give over and above the 10 percent tithe, in order to see God's kingdom advanced.</li> <li>• Generally prefer that their donations remain anonymous or low-profile.</li> <li>• Strategically seek out ways to increase their resources, in order to contribute more for God's use.</li> <li>• See their resources as tools for God's use.</li> <li>• Recognize God's ultimate ownership of everything.</li> </ul>

	GIFT	DESCRIPTION
<input type="checkbox"/>	Healing	<p><i>The God-given special ability to serve and strengthen the body of Christ by healing and restoring to health, beyond traditional and natural means, those who are sick, hurting, and suffering. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Believe firmly that people can be supernaturally healed.</li> <li>• Pray specifically to be used by God to heal others.</li> <li>• Fully realize that healing occurs only by God's divine permission.</li> <li>• View medicine as a means God may choose for healing.</li> <li>• Embrace their gift as from the hand of God, and as a specific way to bring him glory.</li> </ul>
<input type="checkbox"/>	Helping	<p><i>The God-given special ability to serve and strengthen the body of Christ by offering others assistance in reaching goals that glorify God and strengthen the body of Christ. This aptitude is sometimes referred to as the gift of "helps" or "service". People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Enjoy and seek out ways to serve behind the scenes.</li> <li>• Rejoice in the success of others.</li> <li>• Are often detail-oriented.</li> <li>• Look for ways to be of assistance to others.</li> <li>• Do not seek recognition for their efforts.</li> </ul>
<input type="checkbox"/>	Hospitality	<p><i>The God-given special ability to serve and strengthen the body of Christ by providing others with a warm and welcoming environment for fellowship. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are known for making those around them feel valued and cared for.</li> <li>• Look for those individuals who may go unnoticed in a crowd.</li> <li>• Desire that people feel loved and welcomed.</li> <li>• See their home as God's property, given to them expressly to make others feel welcome.</li> <li>• Promote fellowship among others wherever they are.</li> </ul>
<input type="checkbox"/>	Interpretation	<p><i>The God-given special ability to serve and strengthen the body of Christ by understanding, at a specific time, God's message when spoken by another using a special language unknown to the others in attendance. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Have a clear idea of what God is saying, even though the language used by the speaker is unknown to them at the specific time.</li> <li>• Be able to translate words and messages of God in a way that edifies, comforts, and exhorts believers.</li> <li>• Convey the meaning of sounds, words and utterances that glorify God, made by others.</li> </ul>

	GIFT	DESCRIPTION
<input type="checkbox"/>	Knowledge	<p><i>The God-given special ability to serve and strengthen the body of Christ by communicating God's truth to others in a way that promotes justice, honesty, and understanding. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Devote much of their time to reading Scripture.</li> <li>• Love to share biblical insight.</li> <li>• Enjoy helping others increase their understanding of God's Word.</li> <li>• Benefit from time spent in studying and researching Scripture.</li> <li>• Take delight in answering difficult questions about God's Word.</li> </ul>
<input type="checkbox"/>	Leadership	<p><i>The God-given special ability to serve and strengthen the body of Christ by casting vision, stimulating spiritual growth, applying strategies, and achieving success where God's purposes are concerned. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Exhibit a tendency toward huge visions for God and the ability to inspire others to work toward accomplishing those visions for his glory, and to bless others.</li> <li>• Are naturally drawn into leadership roles.</li> <li>• Find it easy to motivate people - both individually and in teams - to work together in achieving goals for God's kingdom.</li> <li>• Naturally grasp the "big picture".</li> <li>• Are able to let go of responsibility and delegate it to others who are qualified.</li> </ul>
<input type="checkbox"/>	Mercy	<p><i>The God-given special ability to serve and strengthen the body of Christ by ministering to those who suffer physically, emotionally, spiritually, or relationally. Their actions are characterized by love, care, compassion, and kindness toward others. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are drawn toward opportunities to practically meet the needs of others.</li> <li>• Devote significant time in prayer for the needs of others.</li> <li>• Tend to place the needs of others ahead of their own.</li> <li>• Grieve with those who grieve.</li> <li>• Are most fulfilled when visiting people in need - in hospitals, nursing homes, prisons, orphanages, villages, or wherever God directs them.</li> </ul>
<input type="checkbox"/>	Miracles	<p><i>The God-given special ability to serve and strengthen the body of Christ through supernatural acts that bring validity to God and his power. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Recognize prayer as a supernatural vehicle through which God acts in the lives of people on earth.</li> <li>• Render credit and thanks to God alone for supernatural works.</li> <li>• Fully grasp the fact that miracles only occur when God wills them to happen.</li> <li>• See themselves as instruments for God's use.</li> <li>• Pray and look to supernatural results whenever they encounter impossible life situations.</li> </ul>

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<input type="checkbox"/>	Pastoring	<p><i>The God-given special ability to serve and strengthen the body of Christ by taking spiritual responsibility for a group of believers and equipping them to live Christ-centered lives. Shepherding is another word used for this particular gift. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are driven to help others reach their full potential in Christ.</li> <li>• Enjoy serving others and look for opportunities to do this.</li> <li>• Are good at developing personal, trust-based relationships with a small number of people.</li> <li>• Have a propensity toward meeting the needs of others, willingly giving their time to help them with spiritual issues.</li> <li>• Believe that people take precedence over projects.</li> </ul>
<input type="checkbox"/>	Prophecy	<p><i>The God-given special ability to serve and strengthen the body of Christ by offering messages from God that comfort, encourage, guide, warn, or reveal sin in a way that leads to repentance and spiritual growth. The original Greek meaning of this word is "to speak forth the truth." The gift of prophecy includes both "forth telling" (preaching) and "foretelling" (revelation). People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are known for publicly communicating God's Word, using a variety of means.</li> <li>• Love to share their strong biblical convictions with others.</li> <li>• View themselves as God's tool, ready to be used by the Holy Spirit in changing lives.</li> <li>• Find it easy to confront others' motives when they are not up to God's standards.</li> <li>• Frequently receive and share messages directly from God for comforting, challenging, and confronting his people.</li> </ul>

	GIFT	DESCRIPTION
<input type="checkbox"/>	Teaching	<p><i>The God-given special ability to serve and strengthen the body of Christ by teaching sound doctrine in relevant ways, empowering people to gain a sound and mature spiritual education. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Are given to hours in the study of Scripture in order to best apply its principles and truth.</li> <li>• Enjoy making the Bible clear and understandable to others.</li> <li>• Seek out opportunities to speak biblical insight into daily situations.</li> <li>• Are good at helping others learn to study the Bible.</li> <li>• Recognize a variety of ways to effectively communicate the Word of God, including speaking.</li> </ul>
<input type="checkbox"/>	Tongues	<p><i>The God-given special ability to serve and strengthen the body of Christ by communicating God's message in a special language unknown to the speaker. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Believe God is prompting them to communicate his message, often through prayer, in a specific language unknown to them.</li> <li>• Intercede for others in prayer using unknown words, sounds, and utterances.</li> <li>• Desire opportunities to pray, using these unknown languages for God's glory.</li> <li>• Share with others words and/or messages of God given to them using unknown languages.</li> <li>• Comfort or exhort others using unknown languages inspired by God.</li> </ul>
<input type="checkbox"/>	Wisdom	<p><i>The God-given special ability to serve and strengthen the body of Christ by making wise decisions and counseling others with sound advice, all in accordance with God's will. People with this gift:</i></p> <ul style="list-style-type: none"> <li>• Enjoy speaking biblical insights into life situations</li> <li>• Are sought after by others for advice/wisdom.</li> <li>• Take pleasure in counseling others.</li> <li>• Are known for making correct decisions and judgements.</li> <li>• Recognize God as the primary source of wisdom and direction.</li> </ul>



## EXPERIENCE INVENTORY

Mark all those experiences pertaining to you:

	Entertaining	<i>to perform, act, sing, speak</i>
	Recruiting	<i>to enlist and motivate people to get involved</i>
	Interviewing	<i>to discover what others are really like</i>
	Researching	<i>to read, collect information or data</i>
	Artistic	<i>to conceptualize, draw, paint, photograph, or make renderings</i>
	Graphics	<i>to lay out, design, create visual displays</i>
	Evaluating	<i>to analyze data and draw conclusions</i>
	Planning	<i>to strategize, design and organize programs and events</i>
	Managing	<i>to supervise people to accomplish a task or event and coordinate the details involved</i>
	Counseling	<i>to listen, encourage and guide with sensitivity</i>
	Teaching	<i>to explain, train, demonstrate and tutor</i>
	Writing	<i>to write articles, letters, books</i>
	Editing	<i>to proofread or rewrite</i>
	Promoting	<i>to advertise or promote events and activities</i>
	Repairing	<i>to fix, restore, maintain</i>
	Feeding	<i>to create meals for large or small groups</i>
	Recall	<i>to remember or recall names and faces</i>
	Mechanical	<i>to operate equipment, tools or machinery</i>
	Resourceful	<i>to search out and find inexpensive materials or resources needed</i>
	Counting	<i>to work with numbers, data or money</i>
	Classifying	<i>to systemize and file books, data, records and materials so they can be easily retrieved</i>
	Public Relations	<i>to handle complaints and unhappy customers with care and courtesy</i>
	Welcoming	<i>to convey warmth, making others feel comfortable</i>
	Composing	<i>to write music or lyrics</i>
	Landscaping	<i>to do gardening or work with plants</i>
	Decorating	<i>to beautify a setting for a special event</i>
	Others...	

## **SPIRITUAL GIFTS:**

The spiritual gifts I believe I have are:

- 1.
- 2.
- 3.

The experiences I have are:

- 1.
- 2.
- 3.

## **HEART:**

Listed below are a number of words which can be associated with various ministries.  
Assuming you have no restrictions of time or money, circle all those which reflect your passion or desire to make a difference.

ADULTS	SINGLES	DISABLED/SHUT-IN	MUSIC/ART
CHILDREN	SINGLE PARENTS	HOSPITALIZED	ATHLETICS
TEENS	MEN'S GROUPS	OUTREACH	OTHER:
INFANTS	WOMEN'S GROUPS	EMOTIONALLY HURTING	OTHER:
OLDER ADULTS	VISITORS	MAINTENANCE	OTHER:
PARENTS	NEW BELIEVERS	COMMUNICATIONS	OTHER:

**ABILITIES:**

My current vocation is:

Other jobs or skills in which I have experience:

I feel I have these specialized abilities:

I have taught a class or a seminar on:

I feel my most valuable personal asset is:

**PERSONALITY:**

Indicate on the scales below how you see yourself:

	(strong)		(neutral)		(strong)	
INTROVERTED	1	2	3	4	5	EXTROVERTED
SELF-CONTROLLED	1	2	3	4	5	SELF-EXPRESSIVE
ROUTINE	1	2	3	4	5	VARIETY
COOPERATIVE	1	2	3	4	5	COMPETITIVE

## EXPERIENCES:

This is how and when I became a follower of Jesus, and what it has meant to me since then:

Time when I have felt closest to God, and meaningful experiences that stand out in my mind:

The kind of trials I have experienced and could provide encouragement to others:

Where I attended school and my favorite subjects:

Seminars or training that has been meaningful to me:

## MY MINISTRY EXPERIENCE:

Name of Church	Location	Position of Service	Years Involved
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1.

2.

3.