



LITTLETON
BIBLE
CHAPEL

22 May 2020

"How long, O Lord?" Greetings beloved LBC family, see below for some announcements and items for prayer, but first we have a devotional from one of our pastors, Dave Lambert Jr...

Philippians 4:4-7 "Rejoice in the Lord always; again I will say, rejoice. 5 Let your reasonableness (or gentleness) be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

When seeking to help someone struggling with anxiety, well meaning people will often point to this passage. Usually the counsel begins with vs 6 "do not be anxious about anything..." That usually comes across something like telling a drowning person not to panic: good advice but difficult to pull off and ultimately not that helpful.

But this passage is of great hope and help to those who are anxious. But it is not a call to "buck up camper" or pull yourself together. It's so much more. Look back in vs 5 where the sentence really begins (sometimes they put the verse markings in the wrong place). It begins with "The Lord is at hand" or "The Lord is near." That is where the help lies, not in self reliance. That is why we need not be anxious: because the Lord is near. He has not abandoned you. He hasn't taken his Hand off the wheel. He knows exactly what you are going through. He is with you in the difficult, messy circumstances of life. This is why we need not be anxious about anything, why we can come to Him in prayer, why we can have peace that surpasses understanding. Because the Lord is with us. It is a major theme of the Bible: God is with His people.

It matters who is with you. At my house, when one of our children has an injury, has to get an injection, or go to the hospital, they want Mom, not Dad. Likewise the all knowing, all compassionate, all powerful King of the universe is with you. He is "gentle and lowly of heart."

So, in this unusual and potentially anxious time. Let us remember that the Lord is at hand. He leads us through the fire so that our character is refined, our love and affection for Him grows and His power is displayed.

- Dave Lambert Jr.

The Latest...

1. All Church Prayer this Sunday at 11am-11:45am: The elders want to really stress the importance of joining this prayer meeting. Please do what you can to join us Sunday's at 11am. The link is here: Join Zoom Meeting <https://us02web.zoom.us/j/82023674671>

2. Sermon and Songs: We really want to encourage you to stay current with the sermons. This is one of the ways you can stay nourished and it's one of the ways we can minister to you. If you need help with any tech issues, feel free to email littletonbiblechapel@gmail.com to get a response and help.

3. May's Memory verse: John 10:14-15, "I am the good shepherd, I know my own and my own

know me, just as the Father knows me and I know the Father: and I lay down my life for the sheep”

4. Next Week's sermon (May 31): Mark 14:66-72

5. The Current Plan: The elders are vigorously discussing when and how to re-open. Thank you for your prayers. We will update you as soon as we possibly can. In the meantime, we cannot stress enough how important it is for you to stay current with the sermon series and join us for prayer on Sunday's at 11am.

6. Women's Ministries Virtual Bible Study: We have a group of 55 ladies who have signed up to virtually study the book of James together throughout the month of May. If you would like to join the study email codynewcome@gmail.com. If you would like to watch the teaching and do the study questions independently they can be found on the LBC website ([click link here](#)). Each week we will post a new lesson on the LBC website and app. We'd love to have you join us or be blessed by this study on your own.