



Teaching Tips

Timers- This can depend on the kiddo. Setting a timer to complete work can be helpful for kids that need the visual. The internet has plenty of kid friendly options like the one above.

Let them struggle- I know, I know. This goes against everything you want to do especially when you just want to give them the answer. However, **the learning is in the struggle!** Let them get frustrated and help them learn how to regulate that appropriately.

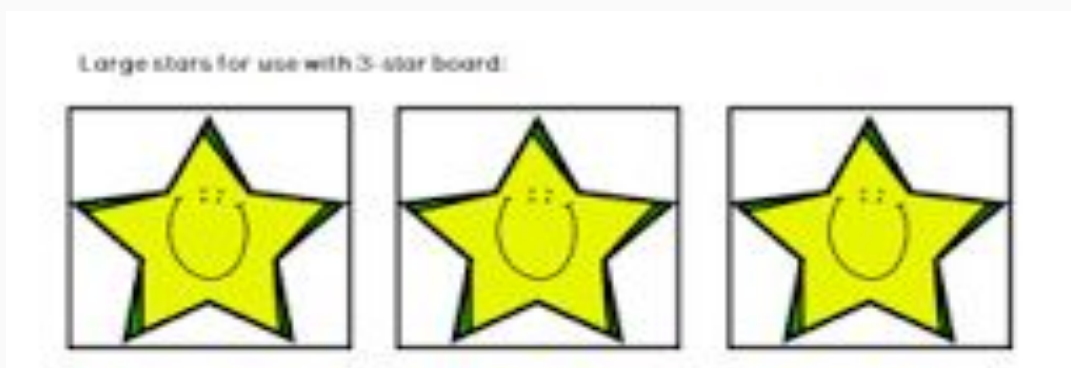
Keep to a Routine- Whether they act like it or not...Kids LOVE a routine and structure. Try your best to keep them to a routine. Break the day up into 30 minute sections to keep them on a routine.



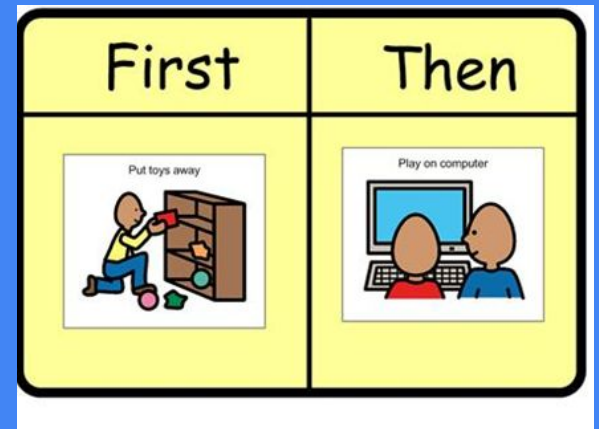
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Positive Reinforcement- Ex: I love how you are sitting in your seat. Or I love how you are sitting and I can't wait to see when you pick up your pencil. Yes- this can be exhausting but it helps!

Reinforcement Plan- Students can earn a reward based on behavior. For example, when they are following directions they can earn a star. When they earn 10 stars, they can earn extra free time, etc. Some kids might need to earn stars, more frequently than others! P.S. It does not have to be a star!



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First/ Then Chart- If your kiddo really struggles with following tasks. The First/Then Chart is a great way to break a schedule down for your kiddo. See the above picture for an example.

Mystery Reward Game- This could be a fun way to encourage positive behavior. Write behaviors that you would like to see on a post it and cover a mystery reward. When kiddos complete a task, remove a post-it. When all post-its are gone, they receive the mystery reward!



YOU ARE WHAT
YOU DO,
NOT WHAT
YOU SAY YOU'LL DO.
C.G. JUNG

Teaching Tips

Follow Through- This can sometimes be the HARDEST thing to do. If you say something, you have to follow through. Otherwise the next few weeks will be rough. If you say that they have to finish an assignment before they can play...they need to finish the assignment.

Movement Breaks- Kids are made to move! Incorporate some movement breaks into their day! On Youtube, you can find sources like GoNoodle and Cosmic Kids Yoga or just let them run outside!





Teaching Tips

Limit Technology- PLEASE limit technology as much as possible. We know this is hard to do when assignments are on technology, but do the best you can! Kids need to use their imagination and not feel the need to be on screens. Unplugging is the best choice for their present and future!

Have Fun- School staff would give anything to have our kiddos in school with us. Kids are so much fun even when they drive you crazy!

