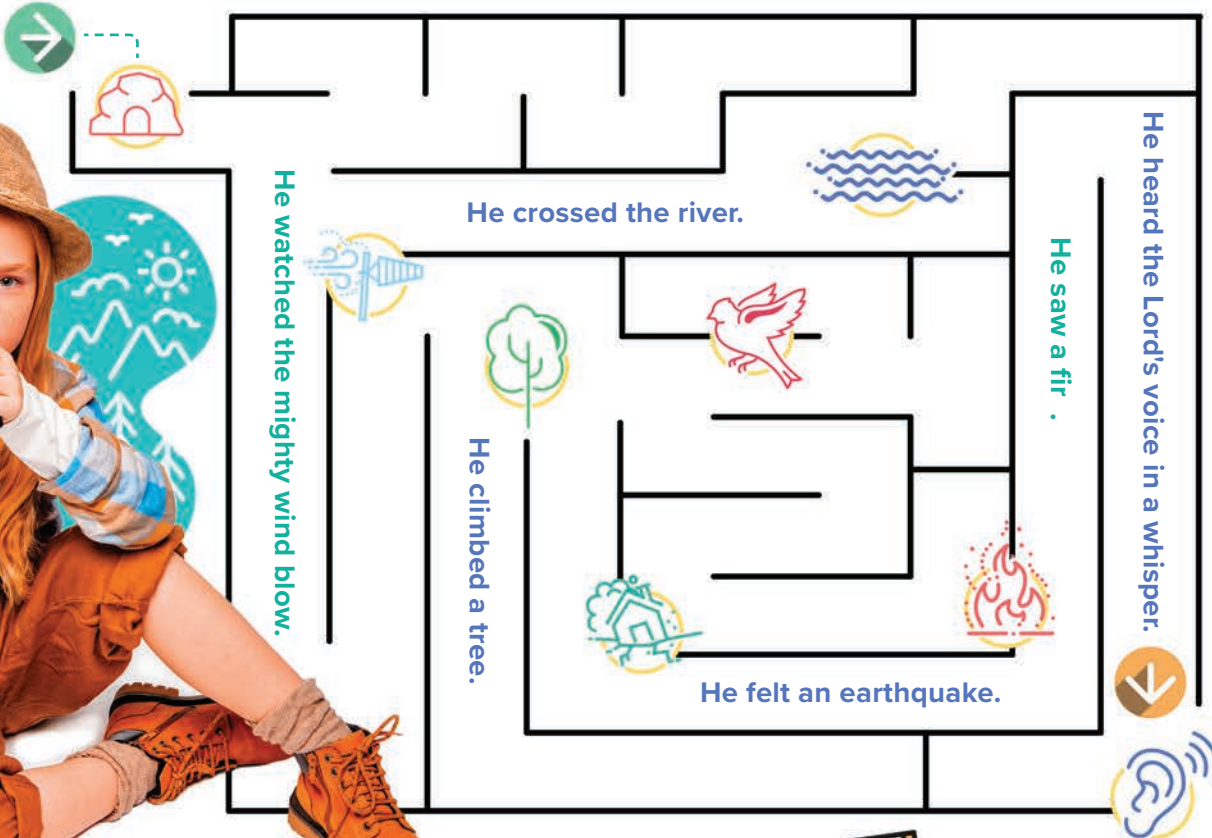


They will sing of the  
LORD's ways, for the  
LORD's glory is great.  
PSALM 138:5 CSB

### Wind and a WHISPER

To find out what  
happened to Elijah  
and to find your way  
out of the maze,  
read 1 Kings 19:9-13.



### God PROVIDES

What are some ways  
God provides for you?



# BIBLE STUDIES FOR LIFE®

## 1

## CONVERSATION

### God Protected Elijah

1 KINGS 19:1-18

Wicked Queen Jezebel was furious when she heard how Elijah had killed the prophets of the false god Baal. The queen sent a message to Elijah: “May the gods punish me severely if I do not kill you by this time tomorrow!”

Elijah was terrified and ran for his life. He journeyed into the wilderness and collapsed under a broom tree, praying that he would die. Elijah told God, “I have had enough, Lord! Take my life!” Then Elijah laid down to sleep.

An angel woke Elijah. “Get up and eat,” the angel urged him. When Elijah looked, there was a loaf of bread baked on hot stones and a jug of fresh water. He ate and drank, then went back to sleep. The angel returned and said, “Get up and eat, or your journey will be too much for you.” Elijah ate another meal. Feeling stronger, he traveled 40 more days to Horeb, the mountain of God. He found a cave and spent the night.

God spoke to Elijah while he was in the cave. “What are you doing here, Elijah?”

“I have been serving the Lord God with all my strength,” explained Elijah, “but the people have abandoned You and killed Your prophets. I am the only one left, and they are looking for me, too!”

God said, “Go out and stand on the mountain in My presence.”

Elijah did, and when the Lord passed by, there was a mighty wind that tore the mountain and shattered the cliffs. But the Lord was not in the wind. Next, an earthquake rocked the mountain. The Lord was not in the earthquake. After that there was a fire, but the Lord was not in the fire.

Elijah heard a soft whisper. “What are you doing here, Elijah?”

Elijah said, “I am the only prophet left, and they’re looking for me to take my life!”

God encouraged Elijah. “Go back and return the way you came. Follow My instructions. I will provide for you and give you helpers. There are still people in Israel who will follow Me.”

**WEEKLY BIBLE VERSE:** Nahum 1:7

**LIFE POINT:** God has power to protect people.



#### THE BIBLE MEETS LIFE

In this Bible story preteens discovered that God has power to protect people. Jezebel wanted to kill Elijah after he defeated the false prophets of Baal, but God protected Elijah.

#### LIVE IT OUT

Help your preteen think of times she is afraid. Talk about things she can do when she is afraid, such as say a prayer or recite a Bible verse. Help her memorize Nahum 1:7. This verse assures believers that God has the power to protect.

#### LEVEL OF BIBLICAL LEARNING

God is omnipotent—He is all-powerful, sovereign, and good.

#### DAILY BIBLE READING

**Sunday:** Nahum 1:7

**Monday:** 2 Thessalonians 3:3

**Tuesday:** Deuteronomy 31:6

**Wednesday:** 2 Timothy 4:18

**Thursday:** Proverbs 18:10

**Friday:** Isaiah 43:2

**Saturday:** 2 Corinthians 4:8-9