

SPRING  
2022

## Middle School



# Direct Message

*Direct Message* is a series designed to help students understand the way prayer connects them to God. This can be an abstract idea for students in this phase. Because they can't physically see or hear God, it can be easy to think they aren't really connected to God when they pray. The goal in this series is to help them understand that God is there, God is listening, and God wants to connect with them through prayer.

### MEMORY VERSE

"Don't worry about anything;  
instead, pray about everything.  
Tell God what you need, and  
thank him for all he has done."  
Philippians 4:6, NLT

### Week One

#### Psalm 145:18

Prayer connects you to God.

### Week Two

#### Matthew 6:9-13

Prayer isn't about the words you say, but  
the way you pray.

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# Middle School

ENGAGE IN EVERYDAY MOMENTS TOGETHER

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## Morning Time

As your middle schooler starts their day, encourage them with this reminder: "You are enough just the way you are."



## Meal Time

At a meal this week, have each person share how/when they like to talk to God.



## Drive Time

While on the go this week, ask: "Who is someone in your life that you are concerned about and why?"



## Bed Time

Pray: "God, thank You for listening to me when I pray. Thank You for being bigger than anything that might challenge me and loving me more than I can understand."



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