

Family

POWER

BIBLE VERSE

Blessed are those who are pure in heart, for they will see God. - Matthew 5:8

STATEMENT OF FAITH

I will be careful with what I look at and listen to. I will keep my heart protected. I will be a source of pure water for others.

WEEKLY PLAN

Read Matthew 5:8, write out the statement of faith and place it somewhere you can read each morning and evening as a family.

1. Get a glass of water and some dirt. Demonstrate to your family the lesson from class.
2. Write something you have done in the past to dirty your heart. Thank Father God for His forgiveness.
3. Draw a picture of a glass of water and now tell others a story about it.
4. Explain the sentence: "I choose self-control." What picture does your mind see? Share with your family.
5. Write a letter to God. Tell Him what your heart looks like and tell Him how you want it to look.
6. As a family, discuss this week's lesson. Share what you learned and how you would apply it to your daily life.