

PROMISE



AUGUST

Rock City
 Kids

 ALL
NATIONS
CHURCH

WEEK 1

WATCH IT

Watch this week's Rock City Kids Online video at www.allnationschurch.ca/children or at 9am Sunday at ancsudbury.online.church.

DO IT

Pipe-Cleaner Creations

Today the hosts demonstrated an activity to show us how things can be broken and fixed. God made your heart and the whole world, when something gets broken, he promises to fix it.

SUPPLIES

- pipe-cleaner*

*included in August box

INSTRUCTIONS

1. Make a heart with your pipe-cleaner.
2. Crush your heart in your hands.
3. Straighten it out and fix it.
4. Remind yourself as you do this activity that God promised to fix what is broken.

Creation Lei

Hey, friends! This month, we will pretend to be on a paradise island as we talk about some of God's promises. To get ready, let's make some leis! In Hawaiian culture, a lei is sort of like a necklace given to someone as a symbol of friendship or appreciation.

SUPPLIES

- string*
- scissors
- straws*
- cupcake liners*

*included in August box

INSTRUCTIONS

1. Cut a piece of string that into a necklace that will fit over your head.
2. Cut the straws into different sized pieces.
3. Cut the cupcake liners into different flower shapes. OPTIONAL
4. String the cupcake liners onto the string, separating with straws.
5. Tie a knot, put on your lei and imagine your very own paradise island.

TALK ABOUT IT

Find a grown up and take turns answering these questions

1. Cut a piece of string that into a necklace that will fit over your head.
2. Cut the straws into different sized pieces.
3. Cut the cupcake liners into different flower shapes. OPTIONAL
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PRETEEN FOLLOW-UP

Here are some follow-up questions for preteens

6. What is one way you might have broken your relationship with
 - a. God?
 - b. Another person?
 - c. Creation?

WEEK 2

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DO IT

Rainbow Prayers

Spend some time this month, praying as a family.

SUPPLIES

- coloured candies/cereals
- bowl

INSTRUCTIONS

1. Sit in a circle together and place the bowl of candies in the centre
2. Take turns picking a piece and praying a pray based on the matching prayer prompt listed below
3. Take as many turns as you want, multiple people can do the same colour/prompt

Red: Ask God to show mercy for something you said or did that was unkind.

Orange: Pray for God to help you show mercy to someone who has been unkind to you.

Yellow: Ask God to show mercy for something you have done to harm something in the world God created.

Green: Pray for God to help you take care of God's creation.

Blue: Ask God to show you how much you are loved when you are feeling down or "blue."

Purple: Thank God for the promise of mercy!

Rainbow Scratch Art

This week we talked about rainbows and saw the host make some rainbow scratch ar

SUPPLIES

- heart scratch paper*
- kebob stick*

*included in August box

INSTRUCTIONS

1. On one heart, write your name
2. On the second heart, make your own design
3. Put them somewhere where you will see them and be reminded how God gives you mercy and encourages you to start again

TALK ABOUT IT

Find a grown up and take turns answering these questions

1. What promise did God give after they left the ark?
2. How are we reminded of that promise?
3. Read Genesis 9:13. What do you usually think of when you see a rainbow in the sky? Does this story make you think of a rainbow differently?
4. What do you think mercy is?
5. Describe a time when someone showed you mercy, or when you offered someone else mercy.
6. Why do we need God's mercy?

WEEK 3

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DO IT

Count Me In

This week we talked about Abraham and the promises that God fulfilled in the NOW of Abraham's life and continues to fulfill in the LATER through all of our lives.

SUPPLIES

- star printout*
- pens/pencils

*included in August box

INSTRUCTIONS

1. Write the name of your family and friends next to a star
2. Write the names of different people you can remember from the Bible next to a star
3. Look in the Bible for more names to write
4. Ask your parents about other people in you family whose name you can add to a star
5. Remember how many more stars there are and still all the names in the world are outnumbered because of God's Promises to Abraham

TALK ABOUT IT

Find a grown up and take turns answering these questions

1. What did God tell Abram to do?
2. What did God promise Abram?
3. How many offspring did God promise to Abram?
4. Read Genesis 15:6. Abram believed God, though he had plenty of reasons to doubt. Do you sometimes find it hard to believe God?
5. Can you think of a promise from God that is for now?

6. Can you think of a promise from God that is for later?
7. How can we know more about God's promises?

WEEK 4

WATCH IT

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DO IT

Dream Journal

We never know what our dreams can tell us. Joseph used his dreams to learn about God's promises.

SUPPLIES

- spiral notebook*
- pens/markers
- stickers (optional)

*included in August box

INSTRUCTIONS

1. Write your name on the front of your dream journal and decorate it however you'd like
2. Write or draw your dreams when you wake up
3. Reread your journal every few weeks/months to see if your dreams have told or taught you anything

TALK ABOUT IT

Find a grown up and take turns answering these questions

1. Joseph's dreams were about stalks of grain and about the sun, moon and stars. What did everyone think that meant?
2. How did Joseph's brothers feel about the dreams?
3. What did they do about it?
4. Read Psalm 136:7. Do you sometimes have trouble in your life? Do you feel God can support you when you have trouble?
5. If you were Joseph, what do you think you might have done if you were sold to the traders and taken to Egypt?

6. How do you think we can tell if our dreams for the future are our dreams or God's plans?
7. What do we need to remember when things do not seem to be going well?

WEEK 5

WATCH IT

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DO IT

Stressed For The Best

The hosts this week talked about Joseph and life, which was not always easy and sometimes a little stressful.

SUPPLIES

- paper
- crayons

INSTRUCTIONS

1. Crumple up a piece of paper
2. Smooth the paper out on the table
3. Use the side of a crayon to colour over the paper and reveal a pattern in the cracks
4. The colour reminds us that God is with us and can make something beautiful out of something stressful

TALK ABOUT IT

Find a grown up and take turns answering these questions

1. Read Genesis 45:5. Joseph forgave his brothers. Why did he tell them not to be angry with themselves?
2. What are some of God's promises?
3. Have you ever experienced a promise being kept?
4. What helps you remember that God keeps promises?



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