

# Family POWER

## BIBLE VERSE

“But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, gentleness, faithfulness and self-control.”

- Galatians 5:22

“I am the Good Shepherd. The Good Shepherd lays down His life for the sheep.”

-John 10:11

## STATEMENT OF FAITH

Patience is called a fruit of the spirit and God's word says I can have all the gifts of the spirit. Impatience was nailed to the cross and through God's spirit, I will walk in the fruit of His spirit, patience.

## WEEKLY PLAN

Read Galatians 5:22, write out the statement of Faith and place it somewhere you can read each morning and evening as a family.

1. Discuss this week's lesson and share the information with the family. Explain what you learned.
2. Share situations that annoy you with family. Pray together over these areas.
3. Put on a skit and show your feelings. See if others can guess what feeling you are demonstrating.
4. Write what the fruit of patience would look if you could paint it. (It could be a flower, pond, or animal.) Young children can paint a picture and have an adult write the words.
5. As a family, agree to show patience in every situation today. Discuss how this worked for you.
6. As a family, share how this lesson helped your relationship with others? What have you learned this week about your own patience?