

## Disciple Making Training

What is discipleship?

Working Backwards – What discipleship is not...

Discipleship is not the transfer of \_\_\_\_\_

but \_\_\_\_\_.

Discipleship doesn't end in \_\_\_\_\_.

Discipleship is not just about \_\_\_\_\_.

Discipleship is not just a \_\_\_\_\_.

Discipleship is not only \_\_\_\_\_ to church.

General Definition of Discipleship:

Intentionally equipping believers with the word of God through accountable relationships empowered by the Holy Spirit in order to replicate faithful followers of Jesus.

**Mission of Coastal: *"Helping people know and follow Jesus."***

**Know** – evangelism, should not only result in head knowledge, but a personal relationship(Jesus)

**Follow** – discipleship is ultimately about obedience – to the Holy Spirit and the Bible

The TWO Greats- (Obedience)

Great Commandment – Matthew 22:37-40

<sup>37</sup> Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' <sup>38</sup> This is the first and greatest commandment.

<sup>39</sup> And the second is like it: 'Love your neighbor as yourself.' <sup>40</sup> All the Law and the Prophets hang on these two commandments."

## Great Commission – Matthew 28:19-20

**<sup>19</sup> Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”**

Discipleship is not only about Obedience, it's also heavily centered on: RELATIONSHIP.

-With the Father

-With others

**TABLE TALK – Who are you?**

**Baptism is not the \_\_\_\_\_ . It's the \_\_\_\_\_ .**

It was also the marking of the beginning of Jesus' ministry:

**Luke 3:21-23**

**<sup>21</sup> When all the people were being baptized, Jesus was baptized too. And as he was praying, heaven was opened <sup>22</sup> and the Holy Spirit descended on him in bodily form like a dove. And a voice came from heaven: “You are my Son, whom I love; with you I am well pleased.”**

**<sup>23</sup> Now Jesus himself was about thirty years old when he began his ministry.**

## **WHO GOD SAYS YOU ARE:**

**He tells you secrets the angels with they knew (1 Peter 1:12). You are God's inheritance (Ephesians 1:18), you are His son or daughter – HIS CHILD – part of His family (Romans 8:12-25), You are the only creature ever made in His image and likeness (Genesis 1:26), the only one to be redeemed by the death of God Himself (John 3:16), and the only one allowed to carry His glory (John 17:22). You are the apple of His eye (Zechariah 2:8), the Hope of His glory (Colossians 1:27), and the bride of the Bridegroom (Revelation 21:2). God rejoices over you with shouts of joy (Zephaniah 3:17). No one and nothing can separate you from His love (Romans 8:38-39), and anyone who messes with you must answer to Him (Romans 8:31)**

**HE LOVES YOU! ...and we are HIS!**

## **SO HOW DO WE DO THIS?**

**1 John 2:6**

**If we claim to live in Him, we must walk as Jesus did.**

**The one who says he remains in him should walk just as he walked.**

**Whoever says he lives in Christ [that is, whoever says he has accepted Him as God and Savior] ought [as a moral obligation] to walk *and* conduct himself just as He walked *and* conducted Himself.**

**Table Talk – What types of things did Jesus do?**

**The TWO: There are many things that we can do or are asked to do as followers of Jesus, but I'd like to propose that the "starting" place is with the two Greats. Loving God and Loving others...and in the process making disciples who in turn make disciples.**

## **Make Disciples – we’ve been asked to make disciples but what does that actually mean? (Table Talk)**

**Disciple-making – “is intentionally entering into someone’s life to help them know and follow Jesus (evangelism) and teach them to obey His commands (discipleship).**

### **THE EXAMPLE – Look to Jesus...**

In regards to making disciples and Jesus’ methods, here are a few things we can see occurring throughout his earthly ministry:

- 1. Jesus was deeply committed to relational ministry**  
(John 3:22, “spent time with his disciples.”)
- 2. Jesus invested early in a few**  
(the first 18 months of ministry he invested in James and John, Simon(Peter) and Andrew, and Matthew)
- 3. Jesus often slipped away to pray**  
(More than 45 times in the Gospels Jesus escaped the crowds to pray...very different from what we may know today)
- 4. Jesus loved sinners profoundly.**  
(Described as a “friend of sinners.”)
- 5. Jesus balanced his efforts to win the lost, build believers, and equip a few workers.**  
(Jesus understood that his “mandate” was to make disciples)

## **Discipleship Groups at Coastal**

- **3-6 people** (gender specific)
- **Relational** – probably the most important component (believer or non-believer, share your life and look for opportunities)
- **Accountability**- encouraging each other along the way
- **Flexibility** – come in at any point: Seasoned “veteran” to the lost (all around table)
- **Application** – actually living it out
- **Replication** – we want/expect these groups to multiply and reach others

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## **BREAK/DINNER**

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## **THE GOSPEL** – The Good News of Jesus

-What is it?

-CPR – Cultivate, Plant, Reap

-Let's practice

## **YOUR STORY –**

- Your life before Jesus
- How did you come to know Jesus?
- Where/What is the Holy Spirit leading you to do now?
- Practice

## **THE BIBLE/STUDY**

F260 Bible study

SOS Bible Study (What does the passage Say? Need to obey? Who can I share this with?)

Lectio Devina (Read, Reflect, Respond, Rest)

## PRAYER

### **Luke 11:1-2**

**One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.”**

**<sup>2</sup> He said to them, “When you pray, say:**

**Thank You Prayers – 1 minute**

**Pray for one another**

**Praying in Public**

## JOURNALING

**Hear Journaling – To be coupled with Bible Study and time in the Word**

**H – Highlight** - After reading the passage of scripture ask the Lord to **highlight** a verse that speaks to you.

Under the H You can record the verse, but also name of book, passage of scripture, chapter and verse that specifically speaks to you, and title to describe passage.

**E- Explain** – explain what the text means

Why was it written? To whom was it written? How does it fit with the verses before and after?

What does He (Holy Spirit) intend to communicate through this text?

**A – Application** – How can this help me? What does this mean today? What does this verse look like lived out in my life? What is God saying to me?

**R – Respond** – This may look like a call to “action,” a prayer written out, confession, repentance, how you will do something different, etc.

### **SAMPLE GROUP SCHEDULE (1 – 1.5hours)**

Open with Prayer	1-2 minutes
Conversation (over the week)	10 – 15 minutes
Scripture Memory	5 minutes
HEAR Journals	20-30 minutes
Accountability Discussion	5-10 minutes
Other resource discussion	5-10 minutes
Prayer	10 minutes

### **Sample 2**

Intro Conversation	10 minutes
Prayer	10-15 minutes
Bible Study	30 minutes
Application	5 minutes
Accountability	10 minutes
Prayer/Sending Out	2-3 minutes

## NOTES

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