

JESUS OVER EVERYTHING

Book Study

How to do this study

- Weekly reading assignments from “Jesus Over Everything” by Lisa Whittle
- SOAP devotional – 5 days each week (You can find a tutorial here: <https://tinyurl.com/SOAPtutorial>)
- Participate in Facebook live discussion group on Thursdays at 7 p.m. CST/8 p.m. EST
- Optional – Listen to Jesus Over Everything podcast

Take the Deadly Overs quiz at www.lisawhittle.com/quiz. We'll discuss it at our study launch night on May 7.

Week 1 - Completed by May 14

- Read Chapter 1 in “Jesus Over Everything”
- SOAP Devotionals – Watch “How to do SOAP bible study” video (tinyurl.com/SOAPtutorial)
 - Day 1 – Colossians 1:15-23
 - Day 2 – Philippians 4:6-9
 - Day 3 – Romans 5:1-5
 - Day 4 – Matthew 22:34-40
 - Day 5 – John 1:1-14
- Optional – Listen to Jesus Over Everything podcast, Season 3, Episode 29 “Putting God First”

Week 2 - Completed by May 21

- Read Chapters 2 & 7 in “Jesus Over Everything”
- SOAP Devotionals
 - Day 1 - John 4:1-26
 - Day 2 - Luke 19:1-10
 - Day 3 - John 8:1-10
 - Day 4 - Psalm 27:1-5
 - Day 5 - Mark 5:21-34
- Optional – Listen to Jesus Over Everything podcast, Season 3, Episode 31 “Being Real”

Week 3 - Completed by May 28

- Read Chapters 3 & 5 in “Jesus Over Everything”
- SOAP Devotionals
 - Day 1 - John 15:9-17
 - Day 2 - 1 John 4:7-21
 - Day 3 - 1 Corinthians 13
 - Day 4 - Luke 10:25-37
 - Day 5 - Matthew 20:20-28
- Optional – Listen to Jesus Over Everything podcast, Season 3, Episode 33 “Serving People”

Week 4 - Completed by June 4

- Read Chapters 6 & 8 in “Jesus Over Everything”
- SOAP Devotionals
 - Day 1 - 1 Samuel 8
 - Day 2 - 1 Corinthians 15:58
 - Day 3 - James 1:5-6, 22-27
 - Day 4 - Galatians 5:22-26
 - Day 5 - John 15:1-8
- Optional – Listen to Jesus Over Everything podcast, Season 3, Episode 35 “Remembering What’s True”

Week 5 - Completed by June 11

- Read Chapters 4 & 9 in “Jesus Over Everything”
- SOAP Devotionals
 - Day 1 - Romans 8:1-4
 - Day 2 - 1 Corinthians 10:23-24
 - Day 3 - Colossians 3:15-17
 - Day 4 - Proverbs 16:1-3
 - Day 5 - Galatians 6:1-10
- Optional – Listen to Jesus Over Everything podcast, Season 3, Episode 37 “Changing Your Heart”

Week 6 - Completed by June 18

- Read Chapter 10 in “Jesus Over Everything”
- SOAP Devotionals
 - Day 1 - Joshua 1:1-9
 - Day 2 - Proverbs 3:1-8
 - Day 3 - Mark 8:34-38
 - Day 4 - Joshua 21:43-45
 - Day 5 - Ephesians 1
- Optional – Listen to Jesus Over Everything podcast, Season 3, Episode 39 “Walking It All Out”



PRESTONTRAIL

Jesus Over Everything – Discussion Questions

Prior to our launch party, take the Deadly Overs quiz at www.lisawhittle.com/quiz. We will discuss at our study launch night on May 7.

Launch Party Discussion Questions

1. Introduce yourself and where you are joining us from.
2. Share one word you would use to describe your life right now?
3. Name one area of your life you wish felt less chaotic.
4. Which of the five Deadly Overs are complicating your life and consuming your focus?
 - a. Over doing
 - b. Over apologizing
 - c. Over explaining
 - d. Over analyzing
 - e. Over indulging
5. What are your top 5 priorities right now?

Reflection Questions – Week 1

1. Which deadly over causes the most amount of pain, complications, or chaos for you?
2. When was the last time life seemed uncomplicated for you? What were some of the differences you can see when comparing that time to now?
3. Do you find it difficult to connect your good and the glory of Jesus on a daily basis?
4. What happens when we put ourselves first in our lives over and over again?
5. Name 1-3 specific areas of your life that need the hope of Jesus today.

Reflection Questions - Week 2

1. Name one area of your life you wish felt more real and less like a facade.
2. Be honest: do you care more about other people's approval or acceptance than you do about Jesus? How has that need contributed to exhaustion in your life, and kept you from putting Jesus first?
3. Which is harder for you: being real over pretty or being honest over hiding? Name one area of your life where you are consistently tempted to choose pretty over real or hiding over honesty and why.
4. How does loving God and placing Jesus first in your life help you choose to be real and honest? Name a specific choice you recently made (or need to make) to be real and honest because of your faith in God. What was the outcome?
5. Where do you need to let go of shame by choosing truth from the inside out?

Reflection Questions - Week 3

1. Where do you want to express more love and less judgment?
2. In what areas of life are you most tempted to elevate yourself: work, neighborhood/community, friendships, marriage, parenting, extended family, school, church, etc.? How has that choice inhibited you from experiencing Jesus more deeply?
3. How does loving God and placing Jesus first help you to love others when you are tempted to judge them?
4. What thoughts and emotions do you experience when you hear the word *service*?
5. Have you ever sensed God asking you to serve in a way that was outside of your comfort zone or didn't really make sense? Did you choose to follow His prompting? Why or why not, and what was the outcome? Consider both emotional and literal/physical outcomes.

Reflection Questions - Week 4

1. Which area of hype makes you most tempted to throw wisdom out the window: the need to be relevant, spectacular, or powerful?
2. What does it mean to be steadfast?
3. How would the choice to remain steadfast make a difference in your journey to uncomplicate your life? Consider things such as personal appearance, sex life, family and friendships, work, spirituality, social media, church, etc.
4. Wisdom requires something knowledge doesn't: it requires us to take knowledge. How have you witnessed someone taking action with wisdom? What did this stir in you or inspire you to do?
5. Wisdom also means the ability to self-regulate. How well are you walking away from what you know is not healthy or right? Where are you tempted to not self-regulate?

Reflection Questions - Week 5

1. What is one area of your life that requires a lot of focus and attention?
2. What is distracting you from living all in with Jesus?
3. Our relationship with Jesus is where our personal freedom lives at peace with our convictions (holiness). Can you honestly say you have that kind of peace in Jesus right now? If not, what liberties or freedoms do you need to let go of and what convictions do you need to embrace?
4. Consider your upbringing. What was the perspective of your parents or caregivers regarding the area of commitment? How has their perspective influenced your view of commitment?
5. How does being committed to Jesus, regardless of your mood, uncomplicate your life? Name a few practical ways this has been true for you.

Reflection Questions - Week 6

1. Where do you need to hear "be strong and courageous" as you choose Jesus over everything?
2. Name one word that describes your Jesus-over-everything journey since starting this study.
3. How have the spiritual disciplines you learned along the way contributed to living more of a simple, uncomplicated life?
4. How would you describe where you are today: you've laid claim to your promised land--your Jesus-over-everything life, or you're still standing at the edge of thinking about it? Why?
5. How does God's promise to never leave you nor forsake you give you the courage to live the Jesus-over-everything life?