

A person is shown from the chest up, wearing a white shirt and a dark vest. They are holding a large, thick book with both hands, their fingers interlaced over the top cover. The background is a solid teal color.

STUDYING GOD'S WORD USING

S.O.A.P

The S.O.A.P. method can be used with any Bible reading plan to help you process what you are reading. Use the S.O.A.P. method and a journal to connect with God daily.

WHAT DOES S.O.A.P. MEAN?

S – Scripture: Write out a section of Scripture. Circle, underline and highlight what stands out to you.

O – Observation: Make simple notes of your observations. What is happening in the verses you're reading? Who is the audience? Is there a repetition of words? Where is it taking place?

A – Application: Make God's Word personal in your life. Ask, "What is God saying to me today? How can I apply what I just read to my own life? Is there an action I need to take?"

P – Prayer: One way God speaks to us is through his Word. Prayer is our opportunity to respond to God and keep a two-way conversation going. Take time to tell him what you are thinking about the Scripture you just read. Confess to him. Thank him and ask him for what you need.

GROUND RULES

To cover at launch of new group and
to revisit when necessary

- Create a safe environment by practicing confidentiality. Attend regularly, respect each other and allow others to speak into your life.
- Be real and transparent.
- Avoid cross talk and side conversations.
- Don't try to "fix" people.
- Practice good listening skills.
- Embrace pauses and moments of silence as these can lead to deeper sharing.
- Don't release the tension when someone is sharing; allow each person to work through it as they can.
- Don't "rescue" people when they are sharing something deeply personal and/or painful. There can be a tendency to jump in to try to make them feel better about themselves or the situation.
- Use "I" statements.
- Be aware of how my words, actions and non-verbal cues are affecting the group environment.
- Apply what you learn. How am I walking this out in my own life? How do I respond in faith and obedience?



Connect with God,
with one another
and with our mission.