



SUGGESTED CURRICULUM

STUDIES FOR ROOTED GRADUATES

- **The Good and Beautiful God**
by James Bryant Smith
[Study guide available from Preston Trail](#)

FEATURED STUDIES Men, Women, Couples, Co-Ed

- **Preston Trail Message Series Study Guides (All)**
[Study guides available from Preston Trail](#)
- **Gospel of Mark or Book of James (All)**
by Francis Chan
(available on Right Now Media)
- **Soul Keeping (All)**
by John Ortberg
- **Dangerous Prayers (All)**
by Craig Groeschel
- **Real God (All)**
by Chip Ingram
- **Experiencing God (All)**
By Henry Blackaby
- **Sacred Marriage (Couples)**
by Gary Thomas
- **Jesus Over Everything (Women)**
by Lisa Whittle
[Study guide available from Preston Trail](#)
- **Get Out of Your Head (Women)**
by Jennie Allen
[Study guide available from Preston Trail](#)
- **Unfolded- The Story of God (Men)**
by Eric Geiger
- **No More Excuses (Men)**
by Tony Evans

ADDITIONAL STUDY RESOURCES

- **Preston Trail Message Series Studies**
<https://prestontrail.org/stayconnected>
- **Right Now Media Studies**
www.RightNowMedia.org/Account/in vite/PrestonTrail
- **Anthology Group Studies from North Point Ministries**
www.anthology.study

S.O.A.P.

With any study option, we encourage every group to incorporate **daily Bible reading**, along with **journaling** using **S.O.A.P.**
Scripture, Observation, Application, Prayer – [How to do S.O.A.P. video](#)

Resources located at <https://prestontrail.org/groupleaders>

GROUP GOALS

CONNECT IN COMMUNITY

Meet 4x month

- During your Group time
 - Share Your Story
 - Be Real
 - Follow Ground Rules
 - Pray for & with each other
 - Celebrate what God is doing in your lives and in your group

GROW AS DISCIPLES

Select biblically-
based curriculum

- Growing through the stages, exploring disciple-based content and turning what they are learning into action outside of regular group meetings.
- Use suggested curriculum resources from Preston Trail

MOVE ON MISSION

Serve together 1x
each semester

- Find a place to serve with one of our Serve Partners at prestrail.org/serve
- Seek out a serve opportunity that is relational more than operational
- Serve in the church, in your neighborhoods, in your community