



Curriculum for Couples Groups

We recommend the following curriculum, books and bible studies for Couples groups.

Questions about these titles? Contact your coach or groups@prestontrail.org.

- **Preston Trail Message Series Study Guides** (Highly recommended – These follow our current weekend message series and are available on the Preston Trail app)
- **Sacred Marriage** by Gary Thomas
- **Boundaries in Marriage** by Cloud & Townsend
- **Building a Better Marriage** by Earl & Oneka McClellan (available from Right Now Media*)
- **Gospel of Mark** or **Book of James** by Francis Chan (available from Right Now Media)
- **The Real God** by Chip Ingram
- **The Treasure Principle** by Randy Alcorn
- **The Invisible War** by Chip Ingram

*Studies on Right Now Media are free for Preston Trail members. [Click here for access.](#)