

# Shout Out: Let 'em Know You're Thankful

First, watch  
this week's  
video!

Use this guide to help your family learn how  
God wants us to be grateful.

Gratitude:  
Letting others  
know you see  
how they've  
helped you

### Memory Verse

Give thanks to  
the Lord, because  
he is good. His  
faithful love  
continues forever.  
Psalm 136:1, NIV

### Bible Story

The Story of the  
Workers in the  
Vineyard  
Matthew 20:1-15

### Bottom Line (K-3<sup>rd</sup>)

Adjust your  
attitude.

### Key Question (4<sup>th</sup>-5<sup>th</sup>)

What is keeping  
you from being  
grateful?

## Activity (K-3<sup>rd</sup>)

### Just Imagine

#### WHAT YOU NEED:

No supplies needed

#### WHAT YOU DO:

Sit across from your child and tell them you're going to play a game together. Say, "We're both going to close our eyes and use our imaginations. Let's both imagine a cat. Then, we'll go back and forth and add a detail to the picture, using just our minds."

You may have to prompt your child by asking questions like:

- Where is the cat?
- Is the cat sitting or standing?
- What color is the cat?
- What color is the cat's collar?
- What's the cat doing?
- Does the cat have anything on?

Go back and forth with your eyes closed, creating a picture with your imaginations.

Once you're finished, choose another animal to imagine. If there's time, go through the same line of questions.



## Talk about the Bible Story (K-3<sup>rd</sup>)

It's amazing how creative and powerful our minds can be! We can also choose to change our minds—and our attitudes—when we're feeling ungrateful. With God's help, we can choose to have a thankful attitude instead. How could the workers in today's story have used the power of their minds in their situation? *(They could have adjusted their perspective and their attitudes; chosen to look at what they DID have instead of what others had)*

What words best describe someone who is full of gratitude? *(Happy, peaceful, content, easy)*

When the pandemic started this year, what could you still be grateful for—even though so many things were different?

What is a type of attitude that can get in the way of gratitude? *(Selfishness, impatience, pessimism)*

What should we focus on when we feel ungrateful?

*Parent: Talk about your attitude during the pandemic. Talk about the times when it's been hard. Then, talk about the ways you tried to make the best of a bad situation.*

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## Activity (4<sup>th</sup>-5<sup>th</sup>)

### Turkey Trot

#### WHAT YOU NEED:

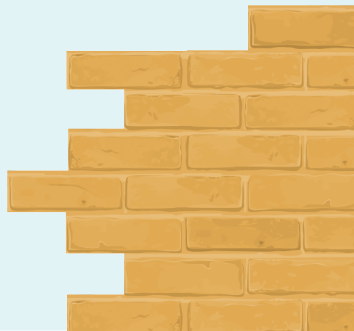
Ball, pillow or stuffed animal; kitchen chairs (or extra pillows/stuffed animals) for the course; timer; three identical small prizes (i.e. pieces of candy, etc.)

#### WHAT YOU DO:

Create an obstacle course by placing your chairs one behind the other. (You could also use pillows or stuffed animals on the floor.)

Let your child run the obstacle course by weaving in and out of the lined-up chairs/stuffed animals/pillows. The only catch is, they have to keep a ball (or pillow/stuffed animal) between their legs the entire time. Time them for three rounds, seeing which round was the fastest. Give them the same prize (i.e. candy, etc.) after each round.

Say, "Wow, you were super-fast! Was it weird that I kept giving you the same prize, no matter what time you got? I bet the workers in today's story felt the same way. If you had been competing on the obstacle course against someone else, do you think you'd be jealous if they were slower than you, but they got the exact same prize?"



## Talk about the Bible Story (4<sup>th</sup>-5<sup>th</sup>)

What word best describes someone who is full of gratitude? (*Happy, peaceful, content, easy*)

Even on your worst day, what can you still be thankful for? (*God, family, friends, food*)

When the pandemic started this year, what could you still be grateful for—even though so many things were different?

What is a type of attitude that can get in the way of gratitude? (*Selfishness, impatience, ungratefulness*)

What should we focus on when we feel ungrateful?

*Parent: Talk about your attitude during the pandemic. Talk about the times when it's been hard. Then, talk about the ways you tried to make the best of a bad situation.*

## Prayer (K-5<sup>th</sup>)

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we trust that You are generous and kind, even when we go through something that is hard. God, help us remember all that we DO have. When we feel like things aren't fair, help us adjust our attitude and choose to be grateful to You. Amen!"