

# 7 Times A Week Prayer Guide

Below is a suggested outline to follow for a weekly prayer guide.  
Take a few minutes each day and pray through this calendar.  
The focus is on connecting with God.

## Part 1: Our Father in heaven, hallowed be Your name.

- Sunday**      Father, You are sovereign. We worship You as ruler over all.  
(Psalms 135:5-6)
- Monday**      Father, You are forgiving. We praise You for forgiving all our  
sin. (1 John 1:9)
- Tuesday**      Father, You are love. We exalt You over all things for Your love  
which endures forever. (1 John 4:8)
- Wednesday**      Father, You are gracious. We bless you for the grace that saves  
souls and sustains the world. (Exodus 33:19)
- Thursday**      Father, You are the great provider. We worship You for provid-  
ing for every need and even some wants. (Genesis 22:14)
- Friday**      Father, You are the Shepherd. We praise You for caring so  
deeply for Your people. (Psalms 23:1)
- Saturday**      Father, You are all powerful. We worship You because nothing  
is too hard for you. (Jeremiah 32:17)

## Part 2: Your Kingdom come. Your will be done on earth as it is in heaven.

- Sunday**      Build Your Kingdom and bring about Your will in the city of  
Midland by using me.
- Monday**      Bless the effort of missionaries who are building your king-  
dom around the world.
- Tuesday**      Give us a deep desire to serve in your Kingdom.

**Wednesday** Use the gifts You have given me to make Your will known to the people of Midland

**Thursday** Father, bring into Your Kingdom those of my family and friends who do not know You.

**Friday** Use Fannin Terrace to expand the borders of Your Kingdom through personal evangelism and missions.

**Saturday** Increase the effectiveness of Fannin in reaching the lost of Midland.

**Part 3: Give us this day our daily bread. Also pray for family, friends, coworkers, boss, classmates, missionaries, etc.**

**Sunday** Let us live all of our lives for Your glory. (Col. 3:17)  
Develop within us a passion for prayer. (Acts 2:42)  
Keep us from being drawn into sin. (James 1:13- 14)  
Develop our faith as we spend time in Your word. (Rom. 10:17)

**Monday** Lord, help us to become an effective witness. (Acts 1:8)  
Draw us to Yourself for rest. (Matt. 11:28)  
Give us a growing love for Christians. (Rom. 13:8)  
Make us a humble people. (1 Peter 5:6)

**Tuesday** Teach us how to pray without ceasing. (1 Thes. 5:17)  
Put us in a place where we serve others with the gifts You have given us. (1 Pet. 4:10)  
Grant us a desire to pursue holiness. (1 Peter 1:15-16)  
Prepare our hearts to worship You. (John 4:24)

**Wednesday** Plant Your word deeply in our souls. (Mark 4:20)  
Give us a greater desire to share our faith with others. (Thess. 1:9)  
Develop Christ-like character in us. (Gal. 5:22-23)  
Enable our lost family and friends to see the glory of Christ. (2 Cor. 3: 15-16)

**Thursday**      Protect us from the pitfalls of Satan. (Matt. 6:13)  
Make us one who perseveres in prayer. (Lk 18:1-7)  
Give us wisdom to know how to answer those who ask about our  
faith. (1 Peter. 3:15)  
Let us overflow with joy. (Rom. 15:13)

**Friday**        Grow us in wisdom and spiritual understanding. (Col. 1:9)  
Father draw our friends, who are not Christians, to Yourself  
(John 6:44)  
Teach us how to be content. (Phil. 4:11)  
Teach us to pray with humility and sincerity. (Matt. 6:1-4)

**Saturday**     Grow us in holiness as we read your word. (John 17:17)  
Convict us of and teach us to hate my sin. (John 1:6-8)  
Make us a doer of Your word, not someone who hears and does  
not act. (James 1:22)  
Continue to keep us longing for You. (Ps. 42:1)

**Part 4: Forgive us our sins, as we forgive those who sin against us.**

**Sunday**        Forgive us Father for not loving You as deeply as we should.  
(Mark 12:30)

**Monday**        Forgive us Father for not loving my neighbors consistently.  
(Mark12:31)

**Tuesday**       Forgive us Father for not sharing my faith more often with  
others. (Matt. 28:19-20)

**Wednesday**    Forgive us Father for doing what is right in our own eyes.  
(Judges 17:6, 21:25)

**Thursday**      Forgive us Father for loving the things of this world more than  
You. (1 John 2:15)

**Friday** Forgive us Father for the idols we have in our lives. (Col. 3:5)

**Saturday** Forgive us for being lukewarm our my devotion and commitment to You. (Rev. 3:15-17)

**Part 5: And lead us not into temptation, but deliver us from evil.**

**Sunday** Strengthen us to resist the attacks of the devil. (Eph. 6:10)

**Monday** Today we put on the belt of truth so that integrity will guard us. (Eph. 6:14a)

**Tuesday** Today we put on the breastplate of righteousness so that the pursuit of holiness will keep us from tempting situations. (Eph. 6:14b)

**Wednesday** Today we put on the shoes of the gospel to help others know Christ. (Eph. 6:15)

**Thursday** Today we take the shield of faith and stand on Your promises. (Eph. 6:16)

**Friday** Today we put on the helmet of salvation to keep our thoughts on You. (Eph. 6:17a)

**Saturday** Today we will use the sword of the Spirit (the Bible) to resist temptation. (Eph. 6:17b)