

Revival Starts Here by Dave Clayton

This year at Campus Bible Church we are asking everyone who participates in this season of fasting and prayer to read a short book by Dave Clayton called *Revival Starts Here: A Short Conversation on Prayer, Fasting, and Revival for Beginners Like Me*.

This book will give you the what, why and how of fasting. What is biblical fasting? Why is it so important? And how should I begin?

Andrew Murray once said: "We must begin to believe that God, in the mystery of prayer and fasting, has entrusted us with a force that can move the heavenly world, and bring its power down to earth."

So when was the last time you fasted? Do you view it as a burden or a blessing? And what is holding you back?

It's time to start fasting and praying for revival in our personal life, our family, and our nation.

Revival awaits. Will you join what God is doing?



Books will be available on the patio Jan. 3 & 10 for a donation of any amount. Don't forget to stop by the table & pick up your copy.

21 Livestream Prayer Services

This year, virtual online prayer services will be held every night during the fast, broadcast by churches throughout the community. Everyone is welcome!

Monday, Jan. 11 – First American Neighb. Pres.
Tuesday, Jan. 12 – Breaking Free Revival Center
Wednesday, Jan. 13 – New Covenant
Thursday, Jan. 14 – Westside Church of God
Friday, Jan. 15 – LifeBridge Community Church
Saturday, Jan. 16 – Crosspoint Church
Sunday, Jan. 17 – People's Church
Monday, Jan. 18 – Bethel Christian Center
Tuesday, Jan. 19 – Campus Bible Church
Wednesday, Jan. 20 – New Joy Church
Thursday, Jan. 21 – TBD
Friday, Jan. 22 – First Presbyterian Church
Saturday, Jan. 23 – Family Christian Assembly
Sunday, Jan. 24 – Valley Christian Center
Monday, Jan. 25 – Rising Star Miss. Baptist
Tuesday, Jan. 26 – The Well Community Church
Wednesday, Jan. 27 – Northpark Community
Thursday, Jan. 28 – Church of Tollhouse
Friday, Jan. 29 – University Vineyard
Saturday, Jan. 30 – Clovis Hills Church
Sunday, Jan. 31 – Cornerstone Church

Come join with others from around the community in a time of corporate prayer.

Visit www.campusbiblechurch.com/21days for a list of virtual prayer services and links to their livestreams.

End of Fast Celebration Service

Campus Bible Church – Maple South Lawn
Sunday, January 31, 6-7:15pm

Campus Bible Church
4710 N. Maple Ave. | Fresno, CA 93726
(559) 291-9116
www.campusbiblechurch.com/21days



January 11-31, 2021



CAMPUS
BIBLE CHURCH

We are joining churches
across Fresno & Clovis for
21 Days of Prayer & Fasting

PRAYER & FASTING

Fasting

Giving up food or something special for a spiritual purpose

Prayer

Talking with God, asking him for help

Reasons for Fasting

God desires relationship with us. He is chiefly interested in our trust and obedience. He is the object of our motivation. Fasting seems to be an expression of our desire to seek and please Him. Fasting displays to God that He is more important than even food.

Fasting works! Prayer and fasting seem to work in synergy. Once when the disciples failed to exorcise demons, Jesus explained that in such instances prayer and fasting were required. Fasting seems to move God to action. Of course, this does not mean that we can manipulate God by fasting, but for some reason there are times God desires us to underline our requests with fasting.

Prayer

Communication is a vital component in every kind of relationship. The current texting and social media phenomena are illustrations of the importance of communication. God wants to be on an open line with us every moment of every day. We can communicate need, thanks, praise, and emotion, as well as receive warning, affirmation, and wisdom at any moment.

Types of Fasts

There are several kinds of fasts, and there is no formula for determining which kind of fast, or duration is most appropriate for you. The following are three Biblical examples of fasting:

Absolute Fast

Taking in nothing, including water. This is extreme and should NOT be attempted without first talking to your doctor.

Normal Fast

Withholding food, but not liquids like water and juices to maintain strength and electrolytes.

Partial Fast

In the Bible, Daniel and his companions ate vegetables and water, but not the king's meat and sweets. This type of fast may be more appropriate if you have certain health issues. For some people, giving up chocolate or coffee may be a real reminder to pray.

You can also fast from anything that means something special to you, like television, social media, sports, shopping, etc.

During a fast, always devote extra time to:

- Reading God's word (the Bible)
- Praying
- Focusing on God
- Worshiping
- and ALWAYS serving/helping others (this is not a time of selfishness)

History of Fasting

The practices of praying and fasting can be found in both the Old and New Testaments. Before Jesus, our model, began his public ministry he fasted for 40 days in preparation. The scriptures listed in this brochure cite other instances of fasting found in the Bible.

Motives

A particular danger in fasting is that our God-centered motives can be tainted by our motives to draw attention to our self and impress others. Jesus cautions us as much as possible to let our fast be between us and God. We all really know God sees our hearts and is never fooled.

Scriptures Related to Fasting

- Matthew 4:1-4
- Matthew 6:17-18
- Joel 1:14
- Joel 2:12
- Exodus 34:28
- Acts 13:2-3
- Isaiah 58
- Psalm 51
- Psalm 139
- 2 Chronicles 7:14
- Jeremiah 29:10-14
- Matthew 5-7
- Luke 10:38-42
- Ecclesiastes 12:13-14
- Galatians 5:16-26