

Along with churches across Fresno and Clovis, Campus Bible Church is committed to beginning the new year with 21 days of prayer and fasting. This spiritual practice helps us begin our new year with a focus on God and what he wants for us individually and as a church.

## 21 Days of Breakthrough Prayer by Jim Maxim

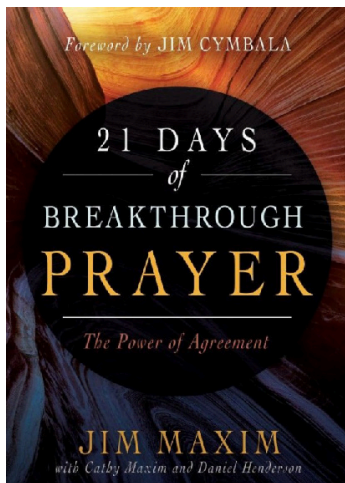
This year at Campus Bible Church we are asking everyone who participates in this season of fasting and prayer to read a short book by Jim Maxim called 21 Days of Breakthrough Prayer.

Each day there is a short devotion that will guide us through Scripture and focus on a specific topic for prayer.

It is designed so that you can read it and pray individually, with your spouse, or even your entire family.

We believe these next 21 days can be a defining moment in your relationship with God... and in the life of our church. Imagine all of us seeking the Lord in unison and praying together about the things that are on God's heart. More can be accomplished through prayer than all the efforts in our own strength!

Please join us as we learn to pray the Scriptures in the power of the Holy Spirit.



**Books will be available on the patio Dec. 29 and Jan. 5 for a donation of any amount. Don't forget to stop by the table & pick up your copy.**

## 21 Prayer Services in the Community

This year there will be a prayer service every night during the fast at churches throughout the community. Everyone is welcome!

Check out the calendar listing the locations of the **21 Prayer Services** around the community.

Note: Weekdays begin at 7pm, Sat. & Sun at 6pm

Monday, Jan. 6 - First Armenian Presbyterian  
Tuesday, Jan. 7 - Breaking Free Revival Center  
Wednesday, Jan. 8 - New Covenant Community  
Thursday, Jan. 9 - Clovis Christian Church  
Friday, Jan. 10 - Northpark Community Church  
Saturday, Jan. 11 - First Presbyterian Church  
Sunday, Jan. 12 - Valley Christian Center  
Monday, Jan. 13 - The Rising Star at Mt. Pleasant  
Tuesday, Jan. 14 - Bethel Christian Center  
Wednesday, Jan. 15 - New Joy  
Thursday, Jan. 16 - Westside Church of God  
Friday, Jan. 17 - Crosspoint Church  
Saturday, Jan. 18 - Family Christian Assembly  
Sunday, Jan. 19 - Mt. View Community  
Monday, Jan. 20 - Oak Hills Church  
Tuesday, Jan. 21 - Butler Church  
Wednesday, Jan. 22 - Peoples Church  
Thursday, Jan. 23 - Legacy Christian Church  
Friday, Jan. 24 - The Word Community Church  
Saturday, Jan. 25 - Clovis Hills Community Church  
Sunday, Jan. 26 - Cornerstone Church

### Prayer & Fasting End of Fast Celebration

Cornerstone Church  
Sunday, January 26, 6-7:30pm

Join us as we celebrate with believers from all over our community in prayer and praise.

Visit [www.campusbiblechurch.com/prayer](http://www.campusbiblechurch.com/prayer) for a list of prayer services, times and locations.



## January 6-26, 2020



We are joining churches  
across Fresno & Clovis for  
21 Days of Prayer & Fasting

### Campus Bible Church

4710 N. Maple Ave. | Fresno, CA 93726  
(559) 291-9116

[www.campusbiblechurch.com/prayer](http://www.campusbiblechurch.com/prayer)

# PRAYER & FASTING

## *Fasting*

Giving up food or something special for a spiritual purpose

## *Prayer*

Talking with God, asking him for help

## *Reasons for Fasting*

God desires relationship with us. He is chiefly interested in our trust and obedience. He is the object of our motivation. Fasting seems to be an expression of our desire to seek and please Him. Fasting displays to God that He is more important than even food.

Fasting works! Prayer and fasting seem to work in synergy. Once when the disciples failed to exorcise demons, Jesus explained that in such instances prayer and fasting were required. Fasting seems to move God to action. Of course, this does not mean that we can manipulate God by fasting, but for some reason there are times God desires us to underline our requests with fasting.

## *Prayer*

Communication is a vital component in every kind of relationship. The current texting and social media phenomena are illustrations of the importance of communication. God wants to be on an open line with us every moment of every day. We can communicate need, thanks, praise, and emotion, as well as receive warning, affirmation, and wisdom at any moment.

## *Types of Fasts*

There are several kinds of fasts, and there is no formula for determining which kind of fast, or duration is most appropriate for you. The following are three Biblical examples of fasting:

### **Absolute Fast**

Taking in nothing, including water. This is extreme and should NOT be attempted without first talking to your doctor.

### **Normal Fast**

Withholding food, but not liquids like water and juices to maintain strength and electrolytes.

### **Partial Fast**

In the Bible, Daniel and his companions ate vegetables and water, but not the king's meat and sweets. This type of fast may be more appropriate if you have certain health issues. For some people, giving up chocolate or coffee may be a real reminder to pray.

You can also fast from anything that means something special to you, like television, social media, sports, shopping, etc.

During a fast, always devote extra time to:

- Reading God's word (the Bible)
- Praying
- Focusing on God
- Worshiping
- and ALWAYS serving/helping others (this is not a time of selfishness)

## *History of Fasting*

The practices of praying and fasting can be found in both the Old and New Testaments. Before Jesus, our model, began his public ministry he fasted for 40 days in preparation. The scriptures listed in this brochure cite other instances of fasting found in the Bible.

## *Motives*

A particular danger in fasting is that our God-centered motives can be tainted by our motives to draw attention to our self and impress others. Jesus cautions us as much as possible to let our fast be between us and God. We all really know God sees our hearts and is never fooled.

## *Scriptures Related to Fasting*

- |                   |                         |
|-------------------|-------------------------|
| • Matthew 4:1-4   | • 2 Chronicles 7:14     |
| • Matthew 6:17-18 | • Jeremiah 29:10-14     |
| • Joel 1:14       | • Matthew 5-7           |
| • Joel 2:12       | • Luke 10:38-42         |
| • Exodus 34:28    | • Ecclesiastes 12:13-14 |
| • Acts 13:2-3     | • Galatians 5:16-26     |
| • Isaiah 58       |                         |
| • Psalm 51        |                         |
| • Psalm 139       |                         |



## NIGHTLY PRAYER SERVICES 2020

Each night of the fast there will be a prayer service hosted by a different church. ALL are invited and encouraged to come – join us for all or some of these evenings! **For more fasting information and resources go to** [www.campusiblechurch.com/prayer](http://www.campusiblechurch.com/prayer)

Date	Time	Church	Address
Sunday, Jan 5	6-7pm	Northpark Community Church	2297 E Shepherd Ave. Fresno 93720
Monday, Jan 6	7-8pm	First Armenian Presbyterian Church	430 S. First St. Fresno 93702
Tuesday, Jan 7	7-8pm	Breaking Free Revival Center	3510 N Millbrook Fresno 93726
Wednesday, Jan 8	7-8pm	New Covenant Community Church	1744 E Nees Fresno 93720
Thursday, Jan 9	7-8pm	Clovis Christian Church	1701 Locan Ave Clovis 93619
Friday, Jan 10	7-8pm	Northpark Community Church	2297 E Shepherd Ave. Fresno 93720
Saturday, Jan 11	6-7pm	First Presbyterian Church	1540 M St, Fresno 93721
Sunday, Jan 12	6-7pm	Valley Christian Center	4649 E. Shields Fresno 93726
Monday, Jan 13	7-8pm	The Rising Star at Mt. Pleasant	207 E San Joaquin Fresno 93706
Tuesday, Jan 14	7-8pm	Bethel Christian Center	4665 N First St. Fresno 93726
Wednesday, Jan 15	7-8pm	New Joy	980 Gettysburg Ave. Clovis 93612
Thursday, Jan 16	7-9pm	Second Baptist Church	1041 E Jensen, Ave. Fresno, CA 93706
Friday, Jan 17	7-8pm	Crosspoint Church	2518 N Cedar Ave. Fresno 93703
Saturday, Jan 18	6-7pm	Family Christian Assembly	535 North Cedar Fresno 93702
Sunday, Jan 19	6-7pm	Mt View Community Church	3600 N Fowler Ave. Fresno 93727
Monday, Jan 20	7-8pm	Oak Hills Church	1486 Tollhouse Rd. Clovis 93611
Tuesday, Jan 21	7-8pm	Butler Church	4884 E Butler Ave. Fresno 93727
Wednesday, Jan 22	7-8pm	People's Church	7127 N Cedar Ave. Fresno 93720
Thursday, Jan 23	7-8pm	The Legacy Christian Church	2171 Villa Ave. Clovis 93612
Friday, Jan 24	7-8pm	The Word Community Church	2611 E Hammond Ave. Fresno
Saturday, Jan 25	6-7pm	Clovis Hills Community Church	10590 N Willow Ave. Clovis 93619
Sunday, Jan 26	6-7pm	Cornerstone Church	1445 Fulton St. Fresno 93721