

"Don't be a Baby" 1 Peter 2:1-3

1 Peter: The Transforming Epistle

1 Peter 2:1-3 – "Therefore, putting aside all malice and all deceit and hypocrisy and envy and all slander, **2** like newborn babies, long for the pure milk of the word, so that by it you may grow in respect to salvation, **3** if you have tasted the kindness of the Lord."

5 Questions to Help You Grow Spiritually

1. How much do I desire to grow spiritually?

Verse 2: "...like newborn babies, long for the pure milk of the word..."

2. What keeps me from growing spiritually?

Verse 1: "Therefore, putting aside all malice and all deceit and hypocrisy and envy and all slander..."

Five sins that hinder our spiritual growth:

- 1. Malice
- 2. Deceit
- 3. Hypocrisy
- 4. Envy
- 5. Slander

Why did Peter list these specific sins?

- They make it impossible to "fervently love one another from the heart" (1 Pet 1:22)
- They are representative, not exhaustive (cf. Heb 12:1; Rom 13:12; Eph 4:22; Jas 1:21)

3. How do I grow spiritually?

Verse 2: "... long for the pure milk of the word, so that by it you may grow in respect to salvation..."

- The word is pure (2 Tim 3:16; Ps 12:6; Jn 17:17; Mt 24:35)
- The word is nourishing food for the soul (Mt 4:4)

Verse 2: "... so that by it you may grow in respect to salvation..." 5. What should I do if I don't want to grow up? Verse 3: "...if you have tasted the kindness of the Lord." Remember God's grace and goodness in your life... his faithfulness and love... his patience and salvation! (Ps 34:8, 119:103)

Discussion Questions:

1. How would you define spiritual maturity?

4. What does spiritual maturity look like?

- 2. How much would you say you are growing in Christ right now: a lot... a little... or not at all? What are some of the main things that keep you from growing more?
- 3. How does the word of God cause us to grow spiritually?
- 4. Brainstorm some ideas for improving your daily devotions and enjoying more time in the word.
- 5. What main lesson or action item are you going to take away from this message?