

1. Have you spent daily time in the Scriptures and in prayer?
2. Have you had any flirtatious or lustful attitudes, tempting thoughts, or exposed yourself to any explicit materials which would not glorify God?
3. Have you been a good steward of your money?
4. Have you spent purposeful relationship time with people/friends?
5. Have you done your 100% best in your job, school, etc.?
6. Have you told any half truths or outright lies, putting yourself in a better light to those around you?
7. Have you shared the Gospel with an unbeliever this week?
8. Have you taken care of your body through daily physical exercise and proper eating/sleeping habits?
9. Have you allowed any person or circumstance to rob you of your joy?
10. Have you lied to us on any of your answers today?