

# Overcoming Temptation

**1 Cor. 10:13**

## **1 Cor. 10:12-13**

**<sup>12</sup> So, if you think you are standing firm, be careful that you don't fall!**

**<sup>13</sup> No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.**

# I. How Temptations Work

**<sup>13</sup> No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.**

- Temptations seek to seize us**
- Temptations seek to seize us from the inside**
- Temptations seek to seize us through deception**

## II. Preparing for Temptations

**13 No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.**

- **Expect them**
- **They are common**
- **They can be overcome**

### III. The Way Out

**13 No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.**

- **God is faithful**
- **The way out**
- **The way in**
- **The way of life**