## Dress Guidelines and Packing list

All shirts must have sleeves and cover the belly. All shorts must be at least fingertip length - this means your middle finger, not your thumb. Dresses/skirts must be no more than 4 inches above knee (think school dress code). Bathing suits must cover the belly (girls), no speedos (guys).

## **BRING:**

A modest church outfit (dress or skirt for girls, nice shorts/pants and button down or polo for guys)

Money for 4 meals on the road + any snacks

Sleeping Bag + Pillow

Backpack

Bible

Pen

Notebook

**Tennis Shoes** 

Socks

Work clothes including long pants

Closed toed work shoes

Sunglasses

Shower and toiletry items (shampoo, soap, deodorant, toothbrush)

Towel

Shower shoes

**Bug Spray** 

## Sunscreen

Water bottle

Work Gloves

A good attitude

## **LEAVE AT HOME:**

**Phones** 

Any other electronics

Vapes/Juuls/Other smoking devices

Weapons, drugs and/or illegal things