



September 13, 2020

SUNDAY MORNING
at home

Parent Guide For
KIDS

1. Start with Worship

Begin your time with praise and singing. Reinforce the lyrics with motions.

We've made Youtube video playlists for:

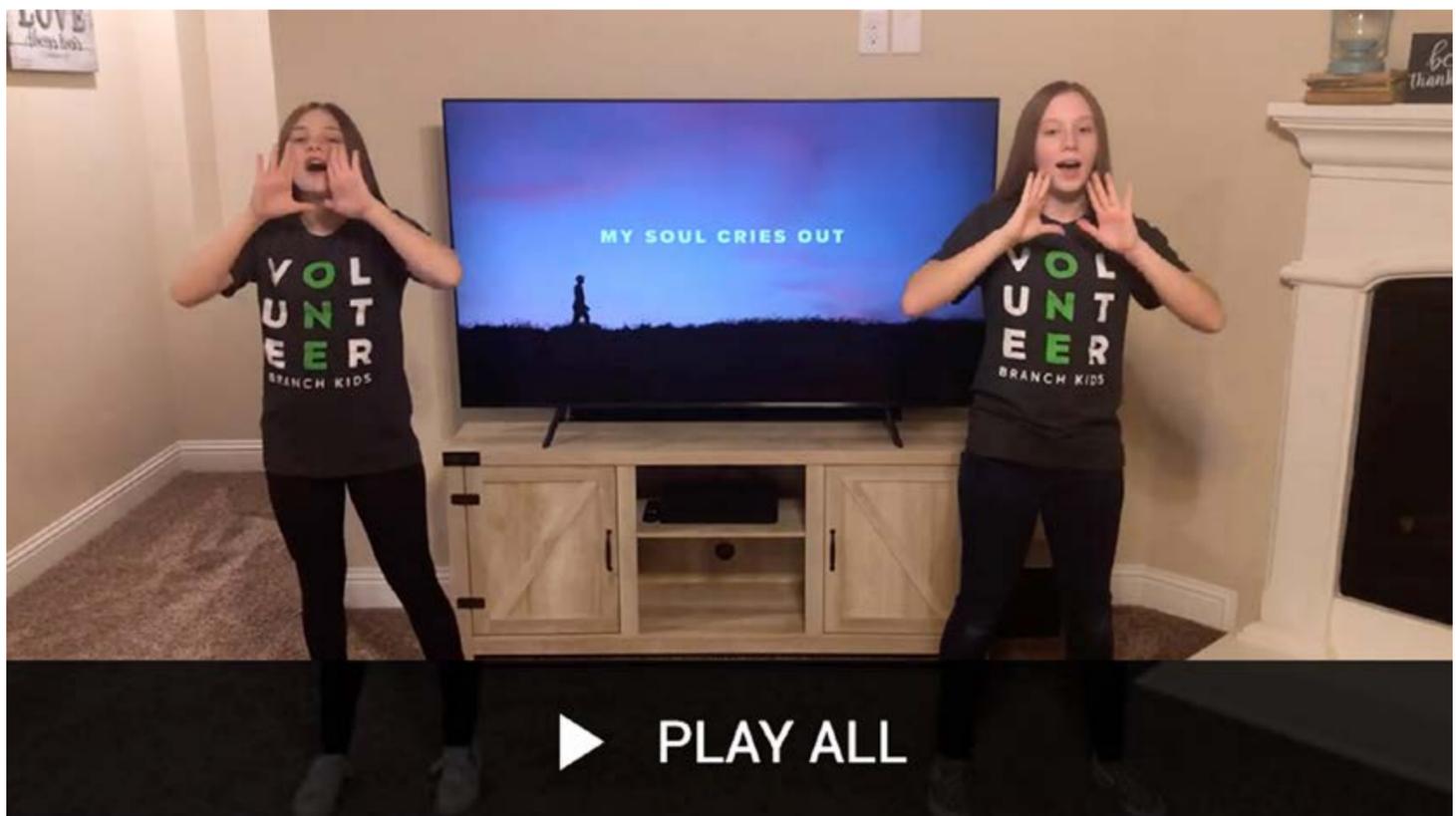


Branch Kids Worship Motions



Branch Kids Worship Lyrics

You can also search on your mobile device or smart TV by opening the Youtube app. Search for: "Branch Kids Worship Motions"



We recommend installing YouTube's TV app on your living-room device of choice if it's not there already. Roku, Apple TV, and Android TV usually have YouTube pre-installed, as do many smart TVs and Blu-ray players. If not, you can download it from your streamer's app store. ([Check YouTube's website for a full list of supported devices.](#)) If you have a home-theater PC or a Chromecast—you can access the TV-friendly version of YouTube through your web browser at youtube.com/tv.

2. Open Your Bibles

As a family, turn to today's passage in your Bibles.

Today's Bible Passage

Ephesians 6:10-14a

("a" means the first half of the verse)



As you turn, ask:

- Is Ephesians in the old or new testament? (**New**)
- Who is the author of Ephesians? (**Paul**)
- What book comes before Ephesians? (**Galatians**)
- What book comes after Ephesians? (**Philippians**)
- Ephesians is a _____ to the church at _____? (**Letter, Ephesus**)
- Is Ephesians the only letter Paul wrote in the Bible? (**No, he wrote: Romans, 1-2 Corinthians, Galatians, Philippians, Colossians, 1-2 Thessalonians, 1-2 Timothy, Titus, Philemon and maybe Hebrews**)

Tip for younger kids:

Help your little ones by reminding them that "big numbers" are chapters and the "little numbers" are verses.

3. Read the Passage

If you have kids who are readers, let them read the story or take turns reading it to the family.

Today's Story Point

Satan is our enemy and wants to divide, deceive, and destroy. God has given us the Belt of Truth to protect us from the enemy.

Encourage active listening:

- How many pieces of armor are mentioned in the reading today?



4. Discuss the Passage

Discussion Questions

- What is armor? The protective gear God gives us to use against the enemy, Satan.
- Who are we to protect ourselves from? Satan
- What does the enemy like to do? Divide, deceive, destroy.
- How are we to protect ourselves from the Enemy? Paul tells us to put on the whole armor of God. Not just one piece and not whatever we feel like, but ALL of God's armor. The word "take" in verse 13 is a command telling us to "take it up and use it!" And we have to remember to put it on every day.
- What is the first piece of armor? The Belt of Truth
- What is the Belt of Truth for? A Roman soldier used his belt to hold all of the other parts of his bodily uniform in place. Knowing God's words and knowing Him keeps everything in place for us.
- What is God's truth? God loves us, Jesus died to save us, and that He is good no matter what. When we believe this truth (and all the words in the Bible) - we will not believe the enemy's lies! So it does not matter if Satan or others try and tell us lies - we know the truth of God!
- Are there lies you are believing about yourself or others?
- How do we put the armor on? Through prayer, faith, and action! We must ask the Lord to help us put on each part of the armor every day. This week ask Him to help you know the truth of His love and the truth that Jesus died to save you from your sins.
- How has the truth of the Gospel made a difference in your life?

5. Summarize

Ask your kids to tell you what they learned from your discussion. Review passage as needed.

Say: Jesus is more powerful than Satan. Jesus died on the cross to pay for our sins and beat Satan when he rose again from the grave. One day, Jesus will return from Heaven and Satan will go away forever. Until then, God gives us His armor to protect us from Satan. Today we put on the Belt of Truth. When we know God's truth, we will not believe the enemy's lies.

- Satan is our enemy. He is real and wants to divide, deceive and destroy.
- God gives us His armor to protect us from the enemy, Satan. We put on the Belt of Truth so we will not be deceived.
- We must decide to use God's armor every day with prayer and action.



6. Experience the Story

Use an activity to help reinforce what you learned today.

Activity - True/False Race

Notes:

- Tape or mark a starting line and a finish line about 10 feet away from each other.
- Tell the kids that you will ask them a series of true or false questions.
- All the children answer every question, all at the same time. Those who get it right move forward.
- Those who do not get it right stay put.
- Continue in game play until every child has crossed the finish line.
- (Example Questions: True or False? Birds live underwater. Moses wrote the entire Bible. Jesus isn't the only way to get to heaven. The sky is blue. In some countries, it is illegal to own a bible. Etc.)

SAY: The truth matters - just like it did in this race. If you didn't know the truth, you could not go forward. Without knowing God's truth, we are not going to know the lies. The Enemy lies to us all the time. But God's word - the Bible - is truth. As we put on the Belt of Truth, we are choosing to believe God is good, He loves us and we can always trust Him. No matter what. When we know His word, we are not tricked by Satan's lies and deceit.

7. Pray Together

Pray out loud together. Even if the room isn't still or quiet - pray out loud anyway! Be a family who prays together.

Jesus wants us all to follow Him. If you or your kids have questions about following Jesus - reach out to us!

Consider these prayers

- **God, You are the most powerful, the most awesome. May _____ trust You always and know You are his/her protector.**
- **God, help _____ put on Your full armor to protect against the enemy's lies, division, and destruction. May she/he love Your truth and BELIEVE it.**
- **God, help _____ know how much You love them and help them. In Jesus' Name, protect them from any lies from the enemy that tell them they cannot have doubts. You are the God who sees and the God of love!**

HAVE A GREAT WEEK!



If you are reading this and would like more information on building a relationship with Jesus, we would love to talk to you!

Reach out to us at
alexis.hall@thebranch.org

[Want to watch the Sermon and have an option for kids?](#)
[Here's Branch Kids at Home!](#)

[Join our Branch Families Facebook Group!](#)