



November 22, 2020

**SUNDAY MORNING**  
*at home*

Parent Guide For  
**KIDS**

# 1. Start with Worship

Begin your time with praise and singing. Reinforce the lyrics with motions.

We've made Youtube video playlists for:

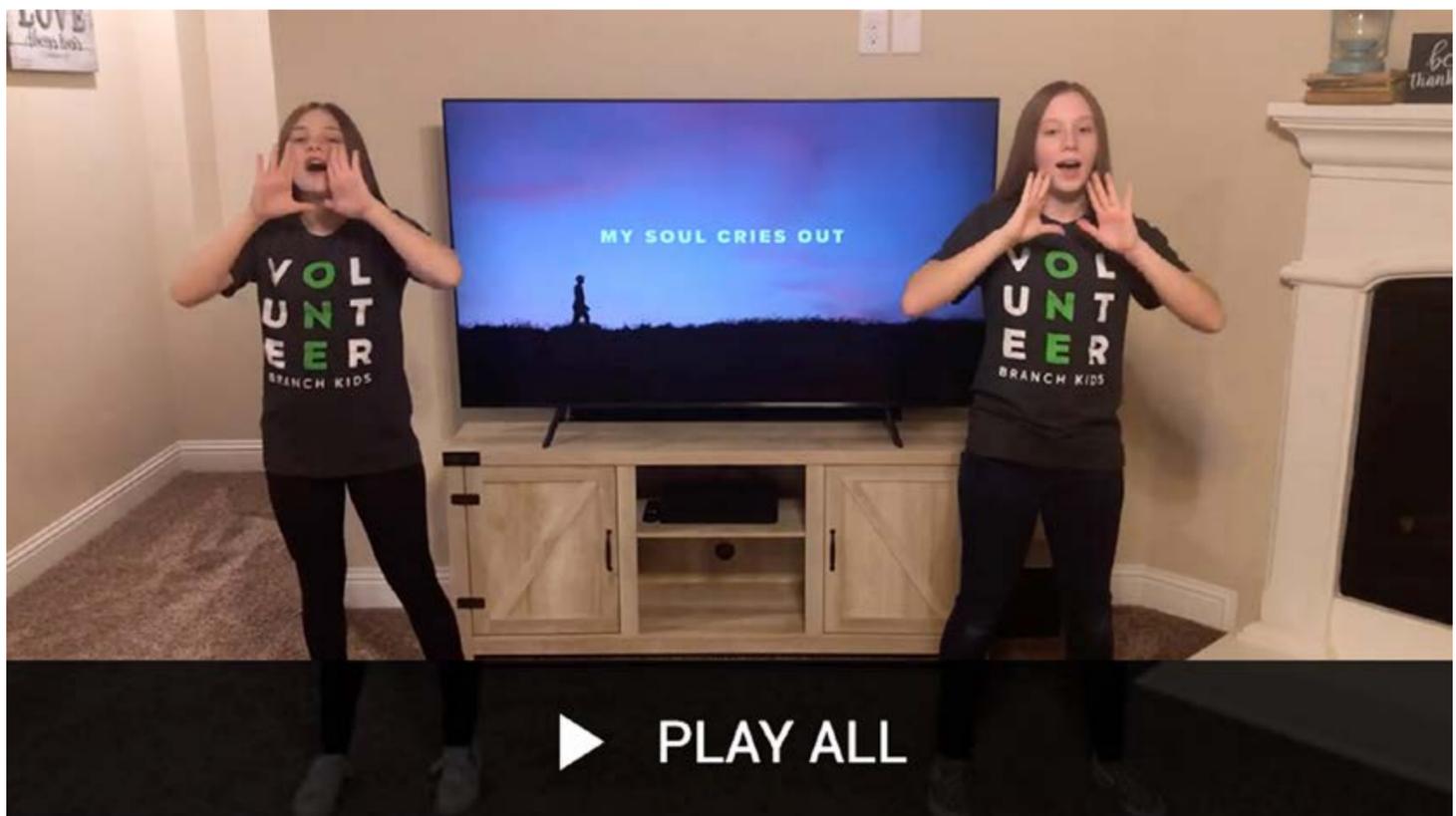


Branch Kids Worship Motions



Branch Kids Worship Lyrics

*You can also search on your mobile device or smart TV by opening the Youtube app. Search for: "Branch Kids Worship Motions"*



We recommend installing YouTube's TV app on your living-room device of choice if it's not there already. Roku, Apple TV, and Android TV usually have YouTube pre-installed, as do many smart TVs and Blu-ray players. If not, you can download it from your streamer's app store. ([Check YouTube's website for a full list of supported devices.](#)) If you have a home-theater PC or a Chromebox—you can access the TV-friendly version of YouTube through your web browser at [youtube.com/tv](https://youtube.com/tv).

## 2. Open Your Bibles

As a family, turn to today's passage in your Bibles.

### Today's Bible Passage Ephesians 6:10-19a



#### As you turn, ask:

- Is Ephesians in the old or new testament? (**New**)
  - Who is the author of Ephesians? (**Paul**)
  - What book comes before Ephesians? (**Galatians**)
  - What book comes after Ephesians? (**Philippians**)
  - Ephesians is a \_\_\_\_\_ to the church at \_\_\_\_\_? (**Letter, Ephesus**)
- Is Ephesians the only letter Paul wrote in the Bible? (**No, he wrote: Romans, 1-2 Corinthians, Galatians, Philippians, Colossians, 1-2 Thessalonians, 1-2 Timothy, Titus, Philemon and maybe Hebrews**)

#### Tip for younger kids:

Help your little ones by reminding them that “big numbers” are chapters and the “little numbers” are verses.

# 3. Read the Passage

If you have kids who are readers, let them read the story or take turns reading it to the family.

## Today's Story Point

Satan is our enemy and wants to divide, deceive, and destroy.

God offers us His full armor to protect us from the enemy's schemes.

## Encourage active listening:

- How many pieces of armor are mentioned in the reading today?



# 4. Discuss the Passage

## Discussion Questions

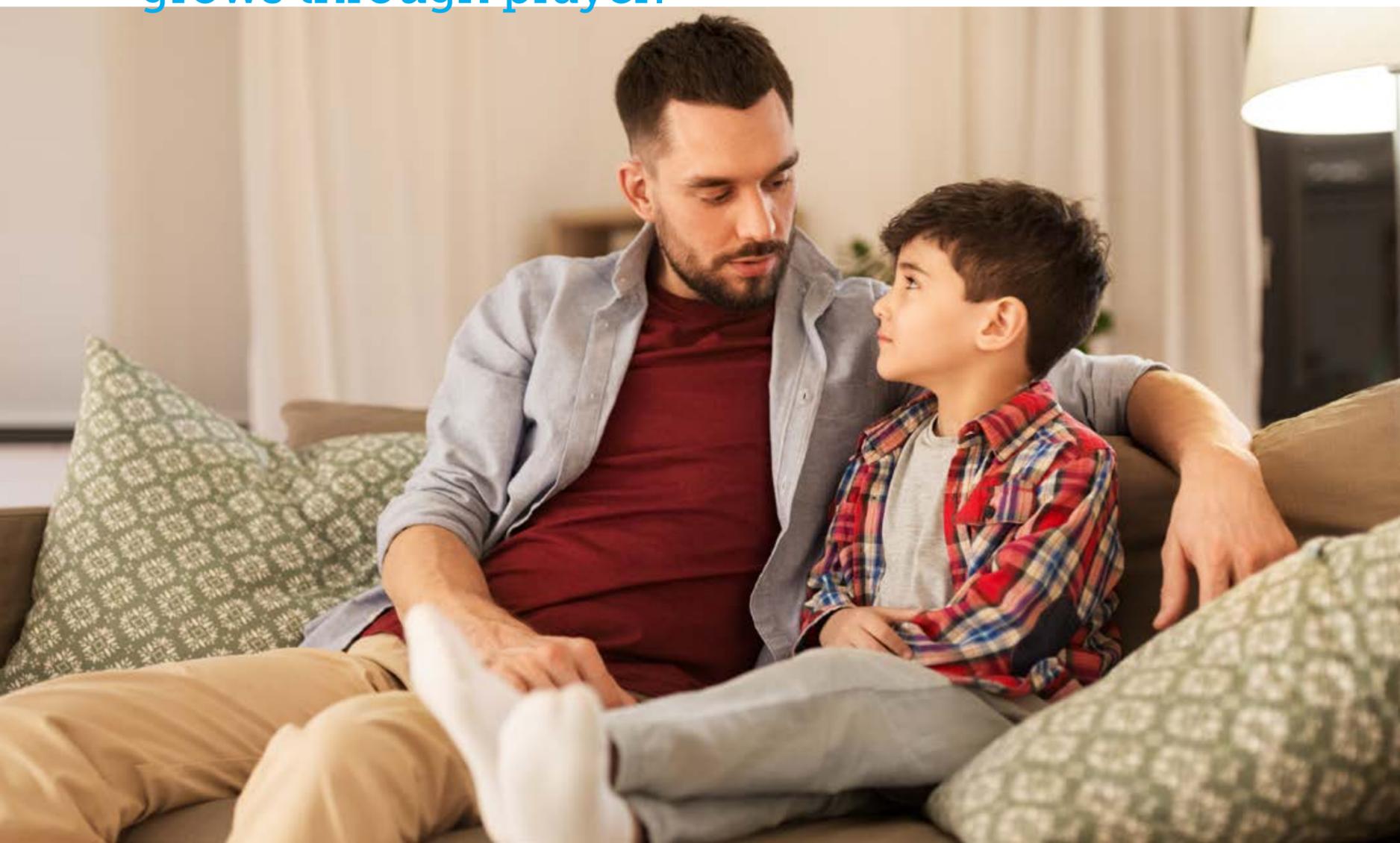
- What is the Armor of God? The protective gear God gives us to use against the enemy: The Belt of Truth, the Breastplate of Righteousness, the Shoes of Peace, the Shield of Faith, Helmet of Salvation, Sword of the Spirit.
- Who are we to protect ourselves from? Satan
- What does the enemy like to do? Divide, deceive, destroy. These are the "fiery darts" Paul talks about!
- How are we to protect ourselves from the Enemy? Paul tells us to put on the whole armor of God. Not just one piece and not whatever we feel like, but ALL of God's armor - through prayer and action!
- What is prayer? Spending time talking to and being still with God.
- Why do we pray? Matthew 6:6 says: "But when you pray" ... not if you pray. As believers it the way we grow closer to Jesus, it is also he way we put on the armor of God.
- How do we pray? Matthew 6:9-15 Jesus tells us how to pray when He gives us the pattern for prayer in what is now referred to as the Lord's prayer. We talk to Him and praise Him, confess our sins, pray for others, and pray for ourselves.
- When do we pray? 1 Thessalonians says: "pray continually - that means we can pray always. God always hears our prayers - no matter when or where we are. You can pray anywhere, anytime and God will love that!
- For Whom should we pray? Fellow followers of Jesus (the saints) - Ephesians 6:18 Our enemies - Matthew 5:44 Everyone, including leaders - 1 Timothy 2:1-2 - "I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone - for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness."

# 5. Summarize

Ask your kids to tell you what they learned from your discussion. Review passage as needed.

**Say: Jesus is more powerful than Satan. Jesus died on the cross to pay for our sins and beat Satan when he rose again from the grave. One day, Jesus will return from Heaven and Satan will go away forever. Until then, God gives us His armor to protect us from Satan. Today we put on the full armor of God through prayer in the Spirit.**

- Satan is our enemy. He is real and wants to divide, deceive and destroy.
- God gives us His armor to protect us from the enemy, Satan.
- We must decide to use God's armor every day with prayer and action.
- The better we know God, the more we trust Him & the less we doubt. This is faith, and it grows through prayer.



# 6. Experience the Story

Use an activity to help reinforce what you learned today.

## Activity - Blindfolded Trust

### Notes:

- Have materials for everyone to trace one of their hands onto a piece of paper. Read the following five-finger prayer and have each person write names of people for each finger category.
- Your thumb is nearest to you. So begin your prayer by praising God - telling Him how great He is and how we can always trust Him.
- The next finger is the pointer finger. Confess your sins and ask forgiveness.
- The next finger is the tallest finger. Thank God for all He has done! He is good and perfect!
- The fourth finger is our ring finger. Pray for others - family, friends, those who are suffering.
- And lastly comes our little finger; the smallest finger of all. Pray for yourself. Ask God to help you follow Jesus. Ask Him to remind you of how much He loves you. Ask Him to help you put on the full armor of God.

**Explain that even though we may not be able to see God or how things are going to work out, we can trust Him because He can see all and knows all and only wants what is best for us! The more we spend time with God, the more we will trust God. Spending time with God starts with prayer and reading the Bible.**

# 7. Pray Together

Pray out loud together. Even if the room isn't still or quiet - pray out loud anyway! Be a family who prays together.

Jesus wants us all to follow Him. If you or your kids have questions about following Jesus - reach out to us!

## Consider these prayers

- **Have each person say their prayer aloud - that they wrote (or said) on their hand drawing. This could be a powerful time together as a family.**
- **End the prayer time by praying over your kids - praying they will put on the full armor of God everyday that they may be protected from the enemies' schemes.**

HAVE A GREAT WEEK!



If you are reading this and would like more information on building a relationship with Jesus, we would love to talk to you!

Reach out to us at  
[alexis.hall@thebranch.org](mailto:alexis.hall@thebranch.org)

[Want to watch the Sermon and have an option for kids?](#)  
[Here's Branch Kids at Home!](#)

[Join our Branch Families Facebook Group!](#)