

Quiet time: How do we hear God speak through the Bible?

Time set apart

Plan ahead

Develop a regular pattern (solitary place, specific time, Marc 1:35)

Steps

1. **Pray** a prayer that shows you intentionally want to enter you're your Father's presence. Praise Him. Tell Him that you want His Kingdom to come on earth and are willing to do His will. Ask God to speak to you through what you are going to read and through His spirit. Ask Him to renew your life and strengthen you by meditating on His word
2. **Read** a passage. Choose one of the gospels for instance and read one passage.

Observation

- What is happening in this passage? Who-what-where-why-how?

Interpretation

- what does it mean? Ask God to explain the meaning of what you are reading.

Correlation(compare)

- What does this remind me of in my own life, in the world around me?

Application

- Chose a verse that strikes you in this passage. What do You want me to know believe, which attitude do You want me to change, what do You want me to do? (teaching, promise, correction, direction?)
3. **Write down** the most important thoughts about your meditation and personal application (date, bible verse, your thoughts, decisions, prayer)
 4. **Pray** to God as a reaction to what you have been reading (for instance for yourself, a family member, somebody close by-work, study, dorm, faraway etc)
 5. Put it into **Practice**

"everyone who hears these words of mine and puts them into practice." (Matthew 7:24-27)

Start with one of the gospels, for instance Mark

Sa	Mark 1:1-13
Su	Mark 1:14-20
Mo	Mark 1:21-28
Tu	Mark 1:29-39
We	Mark 1:40-45
Th	Mark 2:1-13
Fr	Mark 2:14-17