



It is so easy for us to feel like we have to be perfect. Whether that's in school, in our friendships, or the way we look! But time and time again we see in the bible that Jesus doesn't require us to be perfect, He simply wants our best, and to be our friend! Take some time to answer the reflection questions below or, if you'd like, discuss them with someone else. It's up to you!

## REFLECT

When was a time you were critical of yourself? How did it make you feel?

When was a time you were too critical of someone else? What was the outcome?

Mary sat at Jesus's feet while Martha scrambled around trying to get everything ready. Which response to Jesus was correct? Why?

Let's dig deeper into our blueprints and find some more truths about what the bible has to say about being too critical of ourselves and others.

Ephesians 2:8-9

Colossians 3:23-24

Luke 10:38-42