



Dear Middle School Campers and Parents,

We are so excited you are joining us for Middle School Camp! We have been praying and preparing for this week and know God is going to do some fantastic things!

As you prepare for July 12, here is some key information we want you to know:

GOALS: We have four goals we want to accomplish during our time together:

- 1. Get Away We want to hit the pause button on the noise and busyness of day-to-day life.
- 2. Connect with Each Other You will be able to build some life-long relationships.
- 3. Allow God to Change You Wherever you're at, this is an opportunity to take a next step with God.
- 4. Have a Ton of Fun We're going to laugh, play and create memories along the way. *Everything* we do at camp will point back to at least one of these four goals.

DEPARTURE: Tuesday, July 12; Entrance D at NMC

- We want every camper checked in by 9:30 AM, but we ask that you arrive no earlier than 8:45 AM.
- Luggage can be dropped off with our camp staff outside Entrance D. Please pay attention to the packing instructions included in this email.
- Also included in this email is a health screening form that you need to turn in at registration. Please print and complete this form in the morning before arriving on July 12, as it will expedite the registration process.
- Our Camp Nurse will be available in the Grand Hall to collect medications and clarify any medical needs. *Please note the specific instructions for prescription medication on the packing list.*
- After completing registration, parents will say goodbye to students. Students will head into the Fieldhouse for Orientation.

RETURN- Friday, July 15: We will seek to pull into the church parking lot between 6:00 and 6:15 PM. Upon return, parents and campers will pull together in the Gym for a 30-minute report and sharing time.

ACCOMODATIONS: Beulah Beach Camp is located in Vermillion, OH (approx. 30 minutes east of Cedar Point) along the shores of Lake Erie. Students will be staying in a cabin or dorm. Each cabin contains its own bathroom/shower. The dorms have multiple bathrooms/showers in them and nearby. Students are divided into cabin groups of 5-9 students based on the cabin or dorm they are in. We have a great staff of college-age and adult leaders joining us who will serve as the students' cabin group leaders.

MONEY/FOOD: Students will not need money. <u>PLEASE PACK A SACK LUNCH FOR THE DRIVE TO CAMP.</u> A sack lunch will be provided on the drive home. Also, feel free to bring snacks!

EMERGENCY CONTACT: All students are to leave their cell phones and other electronics at home during Summer Camp. In the case of emergency, please contact NMC at (574)773-7773, and our staff will quickly get in contact with us. If it is after hours, you will be directed toward an emergency number to call.

PACKING LIST: It is attached. Please pay special attention to the luggage instructions, dress guidelines and what to leave at home.

If you have any further questions prior to our departure, don't hesitate to contact us at the church.

MSM Camp PACKING LIST

LUGGAGE INSTRUCTIONS:

All campers are asked to limit their packing to 1 bag/suitcase (stored) and 1 backpack (carry-on).

- If at all possible, try to place all bedding in the bag/suitcase. If a sleeping bag & pillow can't fit, place it inside a garbage bag with your student's name and grade clearly written on it.
- Do not hang any items (shoes, stuffed animals, etc.) on the outside of the bag/suitcase.

PACKING LIST:

Sleeping bag or sheets/blankets & pillow
Casual clothes (bring a sweatshirt/light jacket for night)
Swimsuit (see notes below)
Water Bottle (absolutely essential for a good camp ^③)
Footwear for walking
Bible, notebook, & pen
Toiletries
Towels (for waterpark and for showering)
One outfit & pair of shoes that can get REALLY MESSY!!
Shower/swim cap if you don't want your hair to get messy
Goggles for messy game (We will have extra, but bringing your own will
help.)
Flashlight
Bug Spray (The mosquitoes are hungry, and we meet outside!)
Sunscreen
Snacks (Students should not bring/drink Energy Drinks.)



If bringing Prescription Medication: Please bring it in its original container with your name clearly written on it.

<u>A Note on Dress:</u> We all have varying opinions on what is considered "appropriate dress." At NMC, we have agreed to the following standards which we feel keep a reasonable approach.

Guys: No speedos or skin tight swim trunks. No tank top undershirts. Sleeveless shirts should not be low-cut (baring the chest from a side view). You need to wear shirts when traveling to and from swimming areas.

Girls: 1-piece bathing suit (no tankinis). No spaghetti strap or thin-strapped tank-tops. Shirts need to cover the stomach. No short shorts. A general guide is that they be finger-tip length.

LEAVE AT HOME:

Cell Phones, iPod, iPads, Kindle, smart watches, MP3 Players, laptop computers, Mini-DVD players, or personal gaming systems... Pretty much all electronic equipment! Remember our goals at Camp. These items hinder us from "Getting Away" and "connecting with each other." Parents, please help us by honoring this rule. Your student does not need a cell phone to get in contact with you "just in case." They will always be near supervision who can take care of any situation or contact you in case of emergency.

Energy Drinks: The risk of excessive consumption of these drinks (Monster, Red Bull, 5 Hour Energy, Amp, etc.) with Middle Schoolers is high enough to avoid their presence altogether.