Sermon Application Questions 1 John 1: 1-4

1. In 1 John 1: 1-4 John addresses false beliefs that had entered the Church. Part of those false beliefs was likely the belief that Christ was only a spirit and not a truly human man. What are some biblical passages that point out the falsehood of this belief?
2. Why is it important for the Church to understand that Christ truly lived as a physical man and died on the Cross?