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# A CALL TO WALK AND PRAY

- SUNDAY, 10 MAY AT 4:00PM

Prayer Walking is something that we all can do during this time of isolation to bless our neighborhoods and minister to our city through prayer. Prayer Walking is just praying out loud or to yourself as you walk, but being intentional to 'pray as you go' for those around you. Prayer Walking helps train us to be more aware of people around us and to participate with God in His purposes for our city.

Even though we will be praying from different places in the city, if at all possible, please Prayer Walk beginning at 4:00PM on Sunday the 10th. This way we will be praying together even though we are apart! (If you are unable to at this time, please choose another time that is convenient for you).



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## ROUTE IDEAS:

- Choose a route that you normally walk such as to the grocery store, market you use, favorite coffee shop or business.
- If you have been working from home or have been doing online schooling, consider taking the route that you would normally take to get to work or school (praying as you go, and praying for the people in your work or school once you arrive). If this includes the BTS or MRT, pray on these modes of transportation as well.
- Pray through your neighborhood including the inside of your condo building if you live in one – get off the elevator at different floors, sit in the lobby and pray, walk through the parking garage etc.
- If you know of someone from ECB who lives in your area, contact them and Prayer Walk your routes together.



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## SUGGESTIONS:

- Before you leave your home, pray out loud: “The earth is Yours, LORD and everything in it, the world and all who live in it.” Therefore, as Your child I choose now to participate with Your purposes through prayer. Give me eyes to see the people around me as You see them. Help me to pray and keep in step with the Holy Spirit... (Psalm 24:1)
- Consider how you might bless someone you might meet (do you have Thai tracts that you might take along? Some extra money to ‘tip’ someone if you buy something or meet someone in need? A Hope Card?)
- Pray for your neighbors; those who work in your building; those who sell food on the street; who own stores that are presently closed; who operate businesses you frequent (hair salons, 7-11s, favorite restaurants, BTS/MRT workers, taxi drivers etc)
- If you see a Thai flag, allow this to remind you to pray for government officials. If you see a spirit house, let this remind you to pray for spiritual eyes to be open. Do you see fruit or flowers on a tree? – let this sponsor prayer for spiritual fruit, harvest, the beauty of Jesus to be made known.
- If someone you normally buy from is out during your walk, consider purchasing something from them and praying for them silently as you do (bless them with a tip).
- Silence your phone and refuse to look at social media or notifications during your walk.



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# PRAYER PROMPTS

(USE THESE TO PRIME YOUR HEART AS NEEDED  
BUT PRAY AS THE HOLY SPIRIT LEADS YOU.)

- **Pray** that God would give to those you see a heart to know Him and receive Him (Jeremiah 24:7).
- **Pray** that those who are brokenhearted or crushed in spirit will know the nearness of the One True God and find Jesus (Psalm 34:18).
- **Pray** that hopelessness caused by isolation, job loss and diminished resources during these days of CV19 would be gone in Jesus' name. **Pray** that people will find hope in God.
- **Pray** in agreement with Joel 2:28, asking God to pour out the Holy Spirit on all people. **Pray** that Jesus will be revealed to people through dreams and visions.
- **Pray** for those in the area where you are walking who might already know Jesus, that they will be an expression of the light and love of Christ and be bold in their witness. **Pray** for the Church in Bangkok to be revived!
- Pause and **pray** in your heart for specific people you see (you are most likely the only person who has ever prayed for them!) Pray that they will come to know Jesus (perhaps they went to a Catholic school at some point, or they've seen something on TV or the internet about Jesus – **pray** that the seed of the gospel grows in their heart!).
- **Pray** that the glory of God will cover the street you are on, pushing back darkness. (Psalm 108:5)-
- **Pray** that the owners of businesses that are closed will not give into fear or despair but that God would bless their business in such a way that they recognize Him.
- As you see children **pray** that out of their mouths praise to God would be released (Psalm 8:2). **Ask** God to protect and preserve them for His purposes and turn their hearts to Himself.
- **Pray** the following for yourself:  
"Transform my life Father that I might be open-hearted with those I encounter. Forgive me for any way that I have focused on cultural differences and annoyances and ignored those around me. May my words and actions be filled with compassion and genuine concern. Train me I pray that I might see the needs of those around me and help them as I am able, that I might be part of Your work in the harvest. I ask this in Jesus' name, amen."
- **When you return home**, spend some time thanking and praising God that He has heard your prayers and is answering. Ask Him to teach you to 'pray on the way' of your daily living and participate with His work in the lives of those around you, through prayer.