

***“The Gospel of Freedom
and
the
Things
That
Hinder”***



Pastor David R. King

“The Gospel of Freedom and the Things That Hinder”

“... **run** with endurance the **race** marked out for us...”

“**Run** in such a way as to get the **prize**.”

“... I do not **run** like someone running aimlessly...”

“I press on toward the **goal** to **win** the **prize**...”

“You were **running** a good **race**...”



Hindrances –

*Obstacles which keep us from
the freedom God offers*

The Performance Trap

The Approval Trap

The Blame Trap

The Shame Trap

Hindrances –

*Obstacles which keep us from
the freedom God offers*

Highways –

*Christ's solutions which
empower us to live in freedom*

The Performance Trap

The Justification Antidote

The Approval Trap

The Reconciliation Antidote


The Blame Trap

The Propitiation Antidote

The Shame Trap

The Regeneration Antidote

“The Gospel of Freedom and the Things That Hinder”

A man wearing a white shirt, dark pants, and glasses is running on a paved road. He has a large, dark backpack on his back. The background consists of a flat, green field under a cloudy sky. The text is overlaid on the lower half of the image.

“...let us **throw off everything that hinders** and the sin that so easily entangles. And let us **run** with perseverance the **race** marked out for us, **fixing our eyes on Jesus**,...” Hebrews 12:1

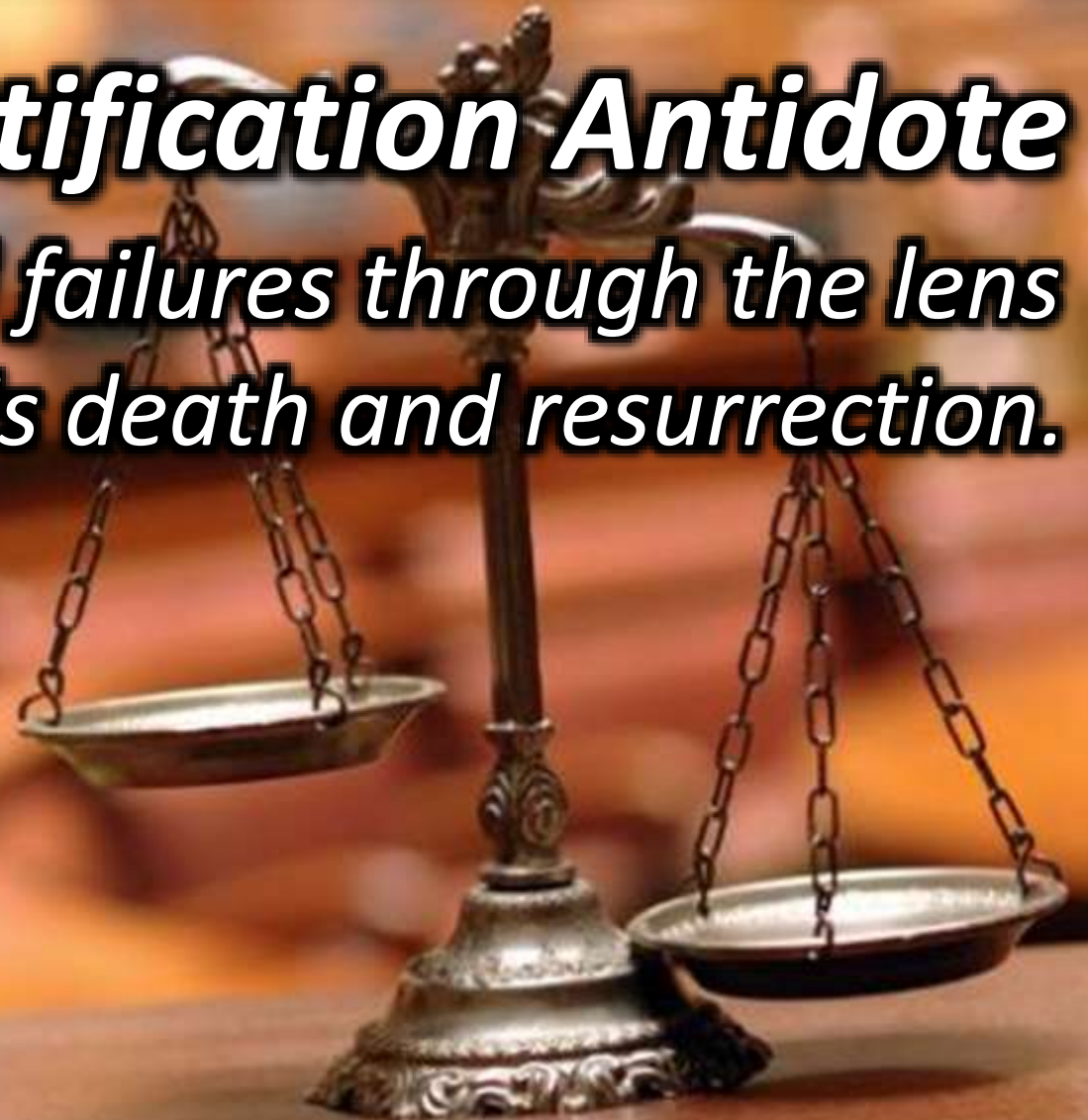
The Performance Trap

*"I must meet **certain standards**
to feel good about myself."*



The Justification Antidote

*“God sees my successes and failures through the lens of **Jesus “performance”** – His death and resurrection.*





The Approval Trap

*“I must gain the **approval** of certain people in order to feel good about myself.”*

The Reconciliation Antidote

*“Jesus died to bring me back to God,
so now **God approves of me just like Jesus.**”*

Relationship restored

The Blame Trap

*“Those who fail are **unworthy** of love
and deserve to be **punished.**”*



A lamb with its hands bound behind its back, lying down. The lamb is white with some brown patches on its head and neck. It is lying on a dark blue surface. The background is dark and textured, possibly a wall or a large rock.

The Propitiation Antidote

*“We are **unblameable** and **unblaming** because God has already **blamed Jesus** for **all** the sin and **all** the failures of **all** people for **all** time.”*

PROPITIATION
THE REMOVAL OF GOD'S WRATH

The Shame Trap

"I am what I am. I cannot change.

I am **hopeless.**"



A young green plant sprout with several leaves is growing out of a weathered, cracked tree stump. The background is the textured, greyish-brown wood of the stump, showing concentric growth rings and deep cracks. The plant is vibrant green, contrasting sharply with the aged wood. The text is overlaid on the upper portion of the image.

The Regeneration Antidote

*“The old life has been defeated;
a **new life** has come.”*

The **New** Testament

Ephesians 2:1-10

Matthew

Mark

Luke

John

Acts

Romans

1/2 Corinthians

Galatians

Ephesians

Philippians

Colossians

1/2 Thessalonians

1/2 Timothy

Titus

Philemon

Hebrews

James

1/2 Peter

1/2/3 John

Jude

Revelation



John Newton



I am not what I ought to be,
I am not what I want to be,
I am not what I hope to be
in another world;
but I am still not
what I once used to be,
and by the grace of God,
I am what I am.

Amazing Grace

1 Corinthians 15:10

*“But **by the grace of God I am what I am,**
and his grace to me was not without effect.
No, I worked harder than all of them—
yet not I, but the grace of God that was with me.”*



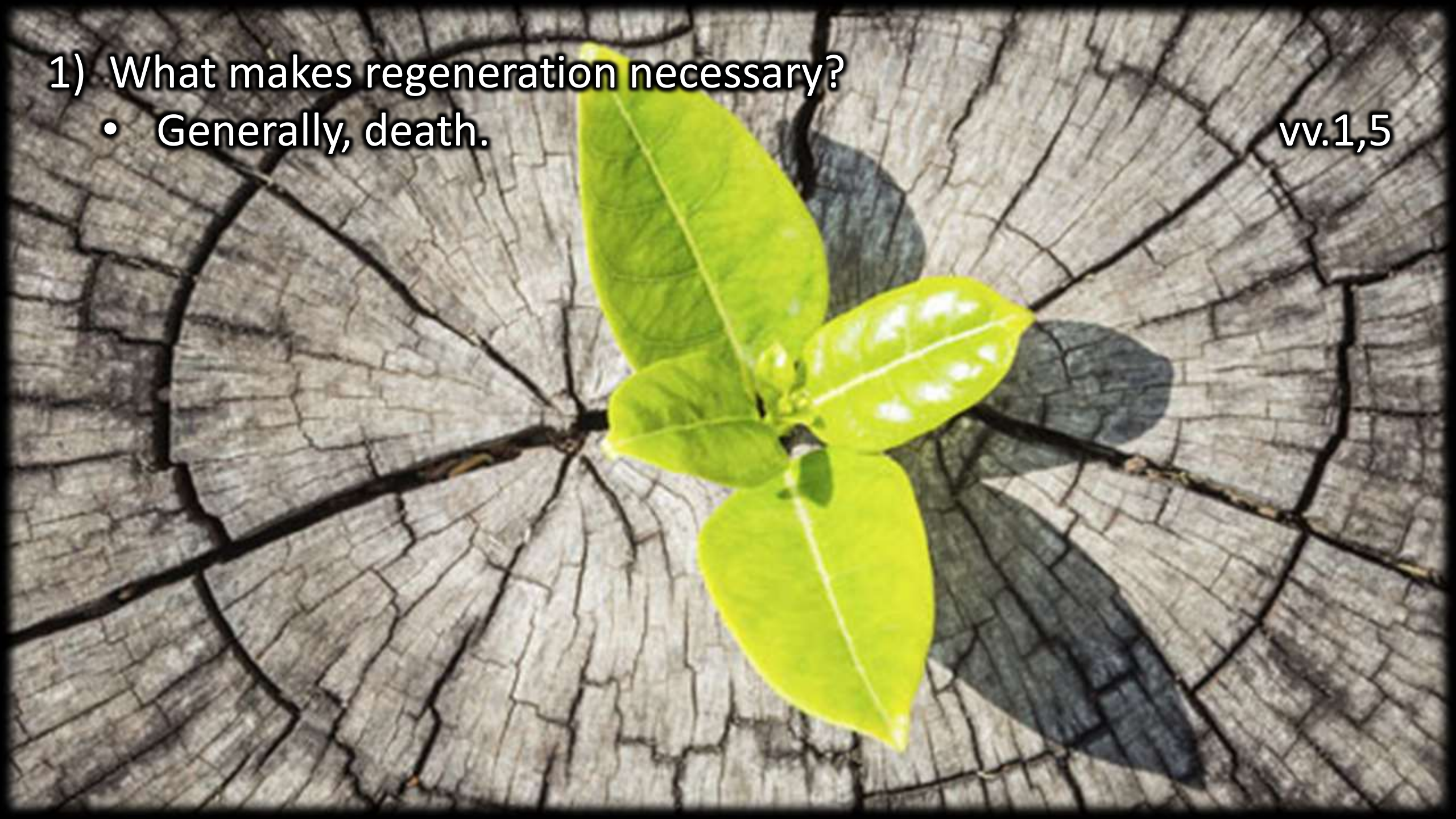
1) What makes regeneration necessary?



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- Generally, death.

v.1,5



1) What makes regeneration necessary?

- Generally, death.
- Shame – Sin makes us ashamed to be who God created us to be.

Genesis 3:7

*“Then the eyes of both of them were opened, and they **realized they were naked**; so they... made coverings for themselves.”*

1) What makes regeneration necessary?

- Generally, death.
- Shame – Sin makes us ashamed to be who God created us to be.
- Fear – Sin creates the root of all fear.

Genesis 3:10

*“[Adam] answered, ‘I heard you in the garden, and I was **afraid...**’”*

1) What makes regeneration necessary?

- Generally, death.
- Shame – Sin makes us ashamed to be who God created us to be.
- Fear – Sin creates the root of all fear.
- **Hiding and faking – Sin causes us to hide from God, others and even ourselves.**

*“... they... **made coverings** for themselves.”*

*“... I was afraid because I was naked; so I **hid**.”*

1) What makes regeneration necessary?

2) How does regeneration happen?



- 
- A monarch butterfly with vibrant orange and black wings is perched on a bright green leaf. The background is a soft-focus blue sky with more green foliage.
- 1) What makes regeneration necessary?
 - 2) How does regeneration happen?
 - It is all God's doing.

v.5,8-9

A monarch butterfly with vibrant orange and black wings is perched on a green leaf. The background is a soft-focus green and blue, suggesting a natural outdoor setting.

1) What makes regeneration necessary?

2) How does regeneration happen?

- It is all God's doing.
- **God comes toward us – lifeless, incapable of cooperating.**

v.1,5



1) What makes regeneration necessary?

2) How does regeneration happen?

- It is all God's doing.
- God comes toward us – lifeless, incapable of cooperating.
- **God breathes His Spirit into us in re-creation.**

Genesis 2:7

“Then the Lord God formed a man from the dust of the ground and **breathed** into his nostrils **the breath of life**, and **the man became a living being...**”



1) What makes regeneration necessary?

2) How does regeneration happen?

- It is all God's doing.
- God comes toward us – lifeless, incapable of cooperating.
- God breathes His Spirit into us in re-creation.
- **God renews everything that sin destroyed.**

Colossians 3:10

*“... [you] have put on the **new self**,
which is **being renewed** in knowledge in the image of its Creator.”*

A monarch butterfly with orange and black wings is perched on a green leaf. The background is a soft-focus green and blue.

1) What makes regeneration necessary?

2) How does regeneration happen?

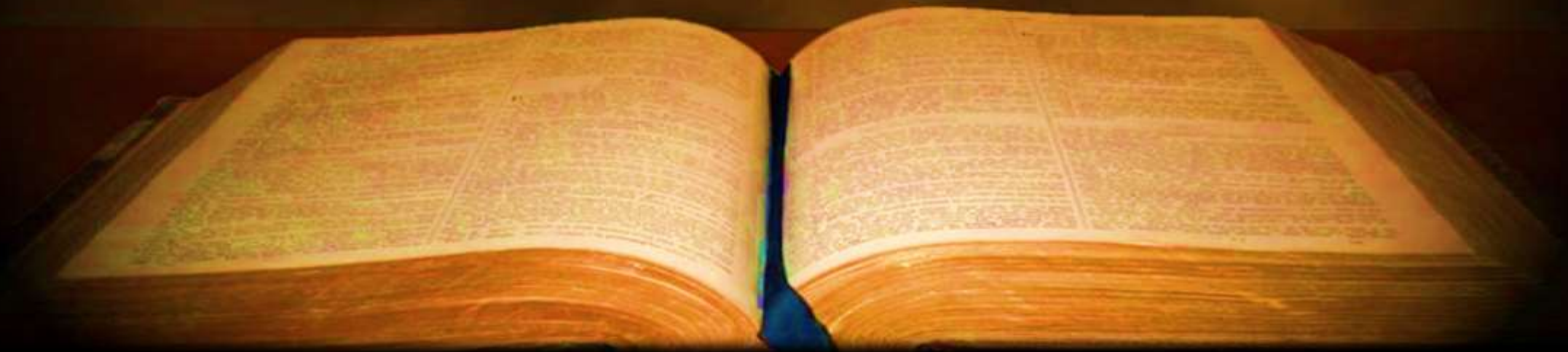
- It is all God's doing.
- God comes toward us – lifeless, incapable of cooperating.
- God breathes His Spirit into us in re-creation.
- God renews everything that sin destroyed.
- **God calls sons and daughters to practice this new life.**

Colossians 3:1-3

Colossians 3:1-3

*“Since, then, you have been raised with Christ,
set your hearts on things above, where Christ is,
seated at the right hand of God.*

***Set your minds on things above**, not on earthly things.
For you died, and your life is now hidden with Christ in God.”*





1) What makes regeneration necessary?

2) How does regeneration happen?

- It is all God's doing.
- God comes toward us – lifeless, incapable of cooperating.
- God breathes His Spirit into us in re-creation.
- God renews everything that sin destroyed.
- **God calls sons and daughters to practice this new life.**

Philippians 2:12

“... continue to **work out your salvation** with fear and trembling.”

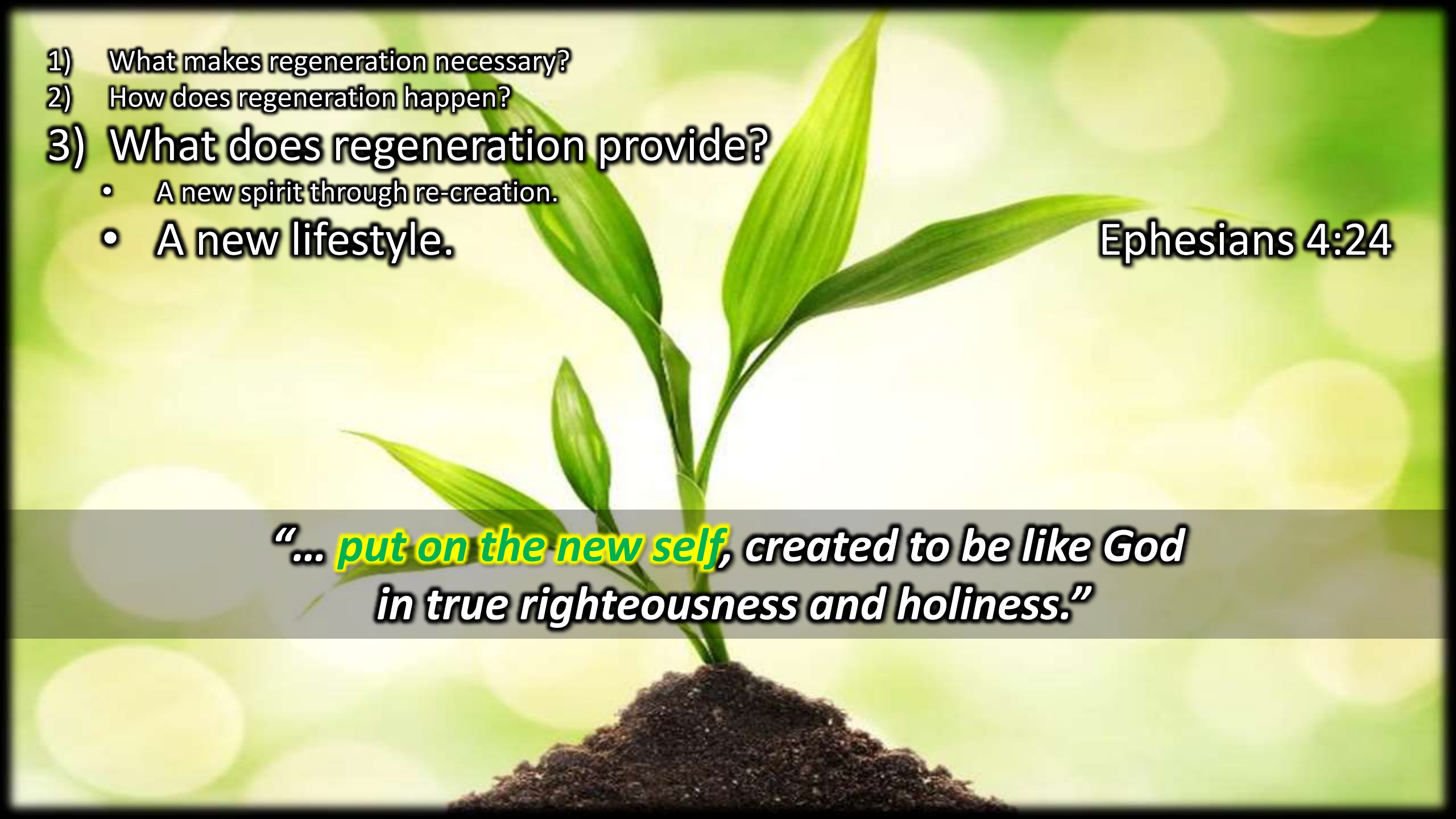
- 1) What makes regeneration necessary?
- 2) How does regeneration happen?
- 3) What does regeneration provide?**



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- 1) What makes regeneration necessary?
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 - A new spirit through re-creation.

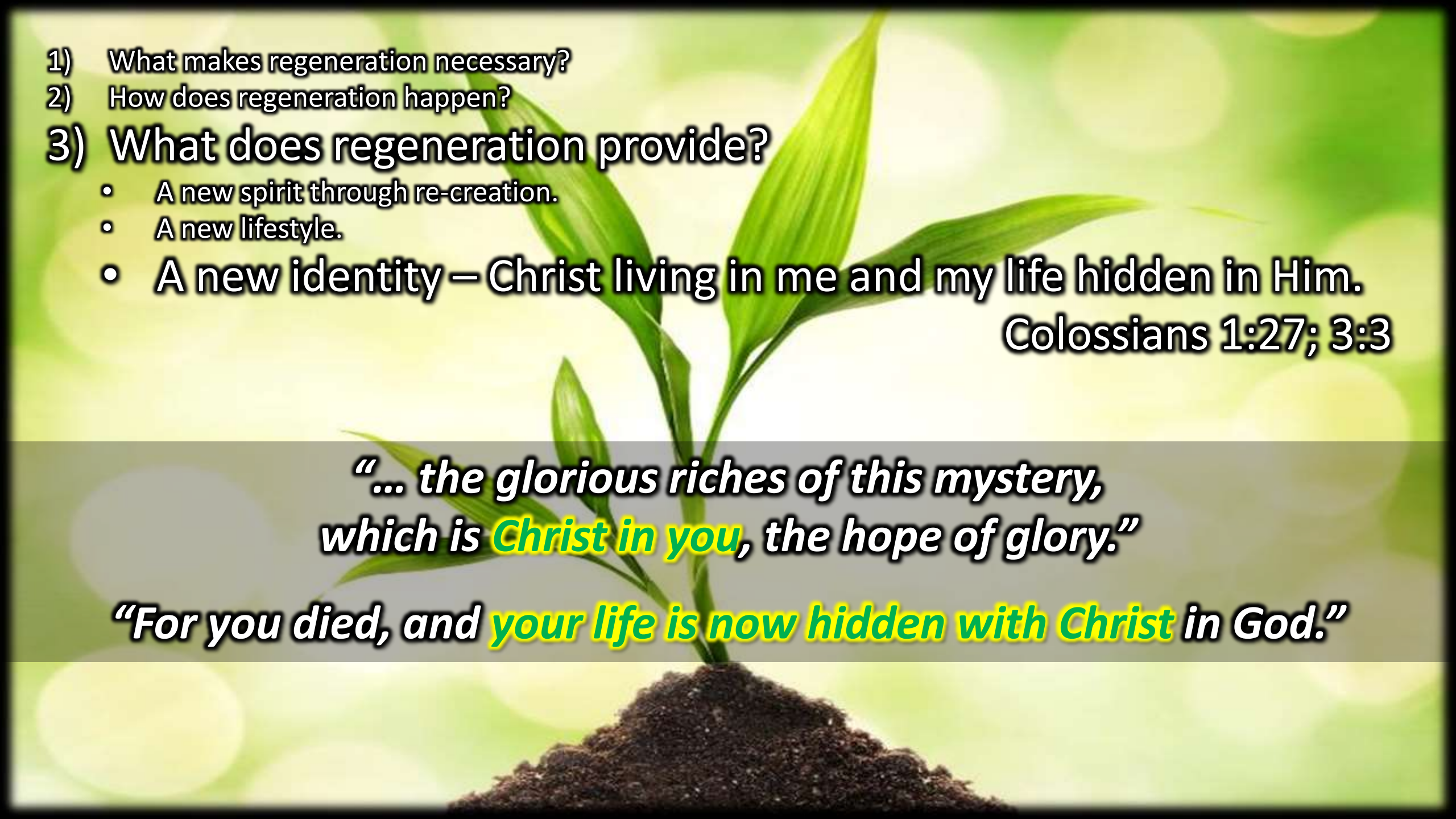
John 3:5

*“... no one can enter the kingdom of God unless they are **born of water and the Spirit.**”*

- 
- 1) What makes regeneration necessary?
 - 2) How does regeneration happen?
 - 3) What does regeneration provide?
 - A new spirit through re-creation.
 - A new lifestyle.

Ephesians 4:24

*“... **put on the new self**, created to be like God
in true righteousness and holiness.”*

- 
- 1) What makes regeneration necessary?
 - 2) How does regeneration happen?
 - 3) What does regeneration provide?

- A new spirit through re-creation.
- A new lifestyle.
- A new identity – Christ living in me and my life hidden in Him.

Colossians 1:27; 3:3

*“... the glorious riches of this mystery,
which is **Christ in you**, the hope of glory.”*

*“For you died, and **your life is now hidden with Christ in God.**”*

1) What makes regeneration necessary?

2) How does regeneration happen?

3) What does regeneration provide?

- A new spirit through re-creation.
- A new lifestyle.
- A new identity – Christ living in me and my life hidden in Him.
- **A new mind – the mind of Christ.**

1 Corinthians 2:16

“But we have the **mind of Christ.**”



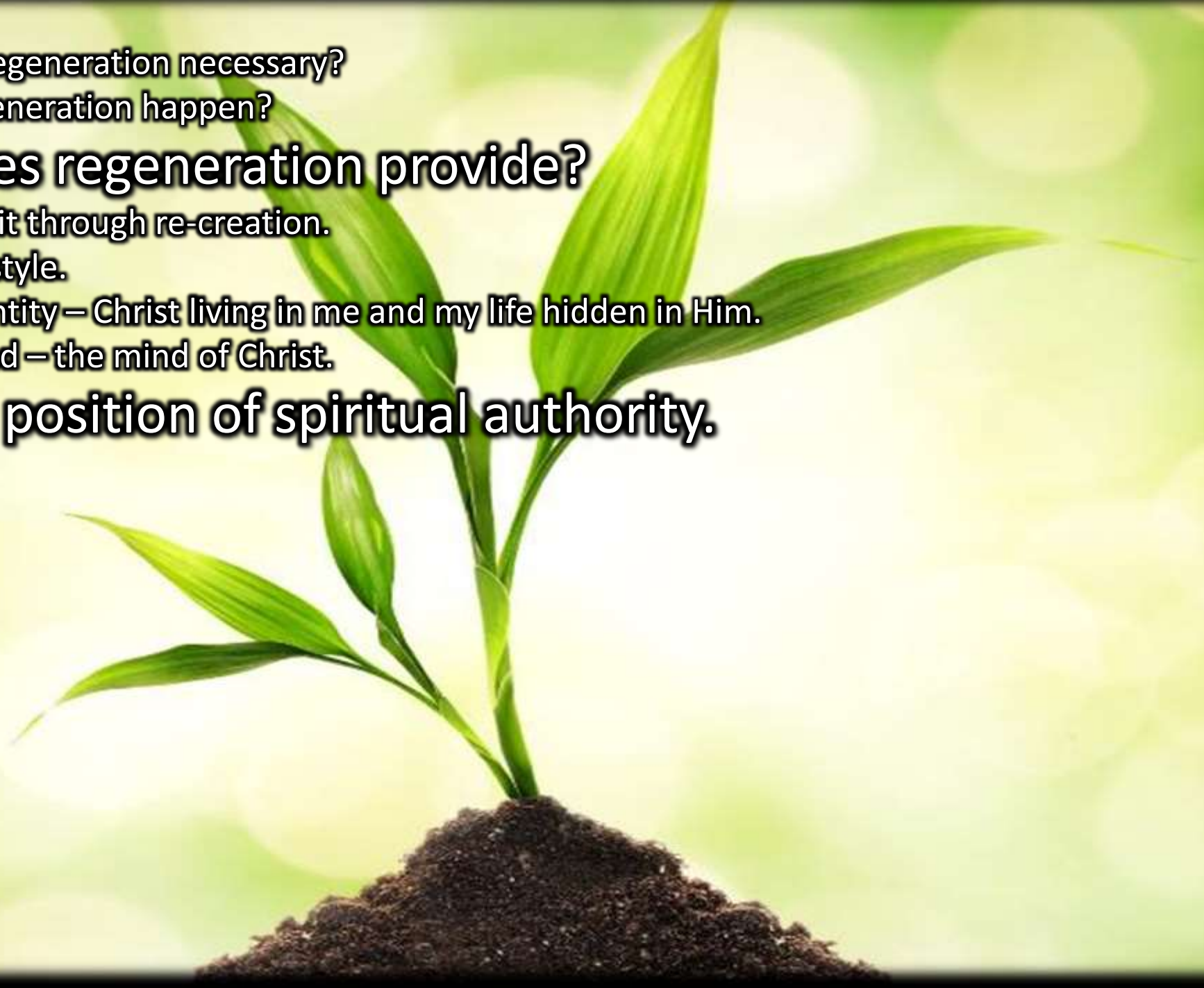
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- A new spirit through re-creation.
- A new lifestyle.
- A new identity – Christ living in me and my life hidden in Him.
- A new mind – the mind of Christ.
- **A new position of spiritual authority.**

v.6



1) What makes regeneration necessary?

2) How does regeneration happen?

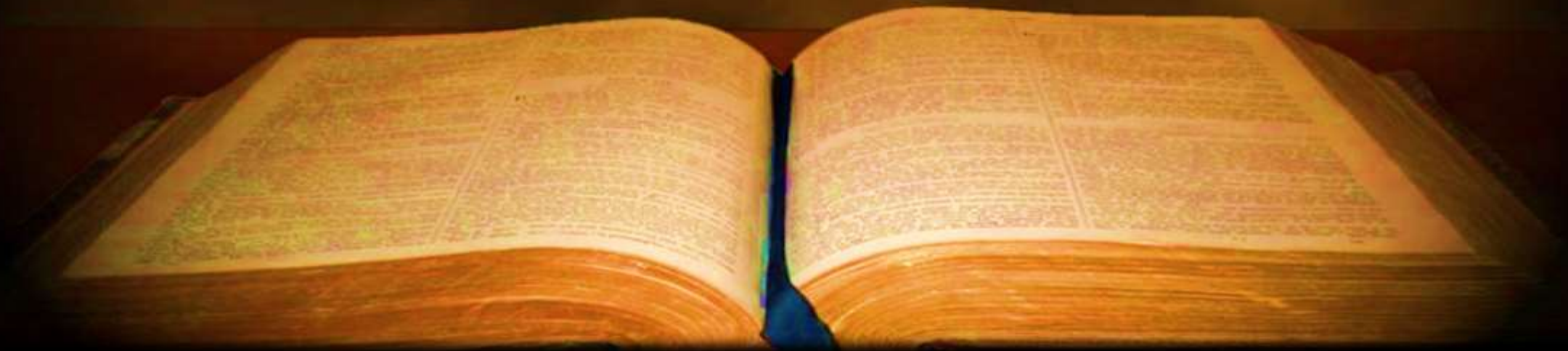
3) What does regeneration provide?

- A new spirit through re-creation.
- A new lifestyle.
- A new identity – Christ living in me and my life hidden in Him.
- A new mind – the mind of Christ.
- A new position of spiritual authority.
- **A new purpose – a call to live out a new life.** Galatians 2:20;
Ephesians 4:22-24; Philippians 3:13



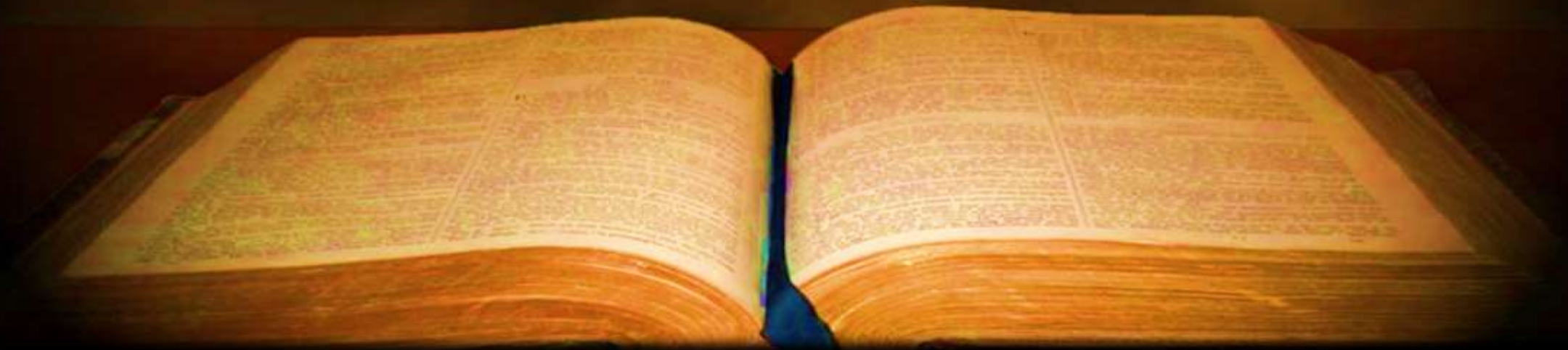
Galatians 2:20

*“I have been crucified with Christ
and **I no longer live, but Christ lives in me...**”*



Ephesians 4:22,24

*“You were taught, with regard to your former way of life,
to **put off your old self**,...
and to **put on the new self**,
created to be like God...”*

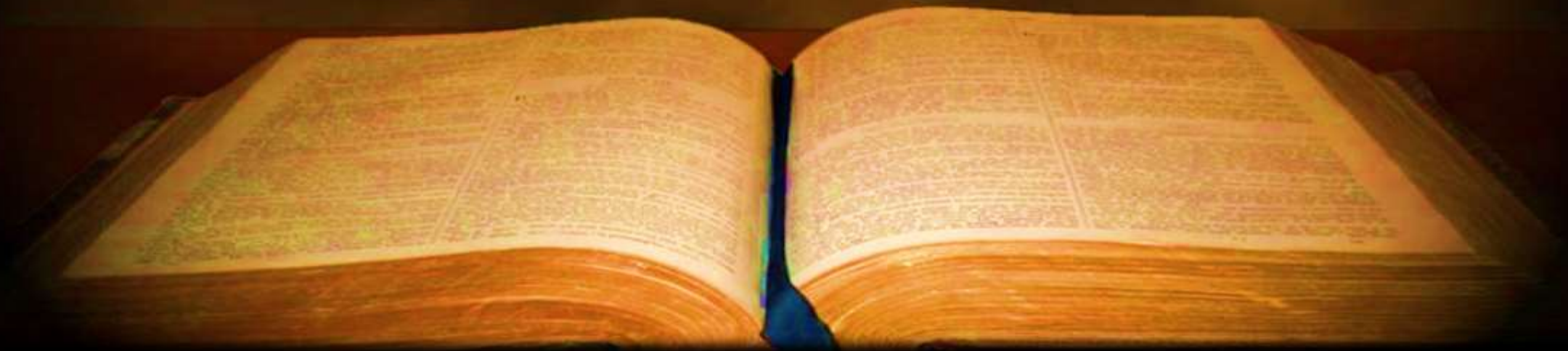


Philippians 3:13

“Brothers and sisters, I do not consider myself yet to have taken hold of it.

But one thing I do:

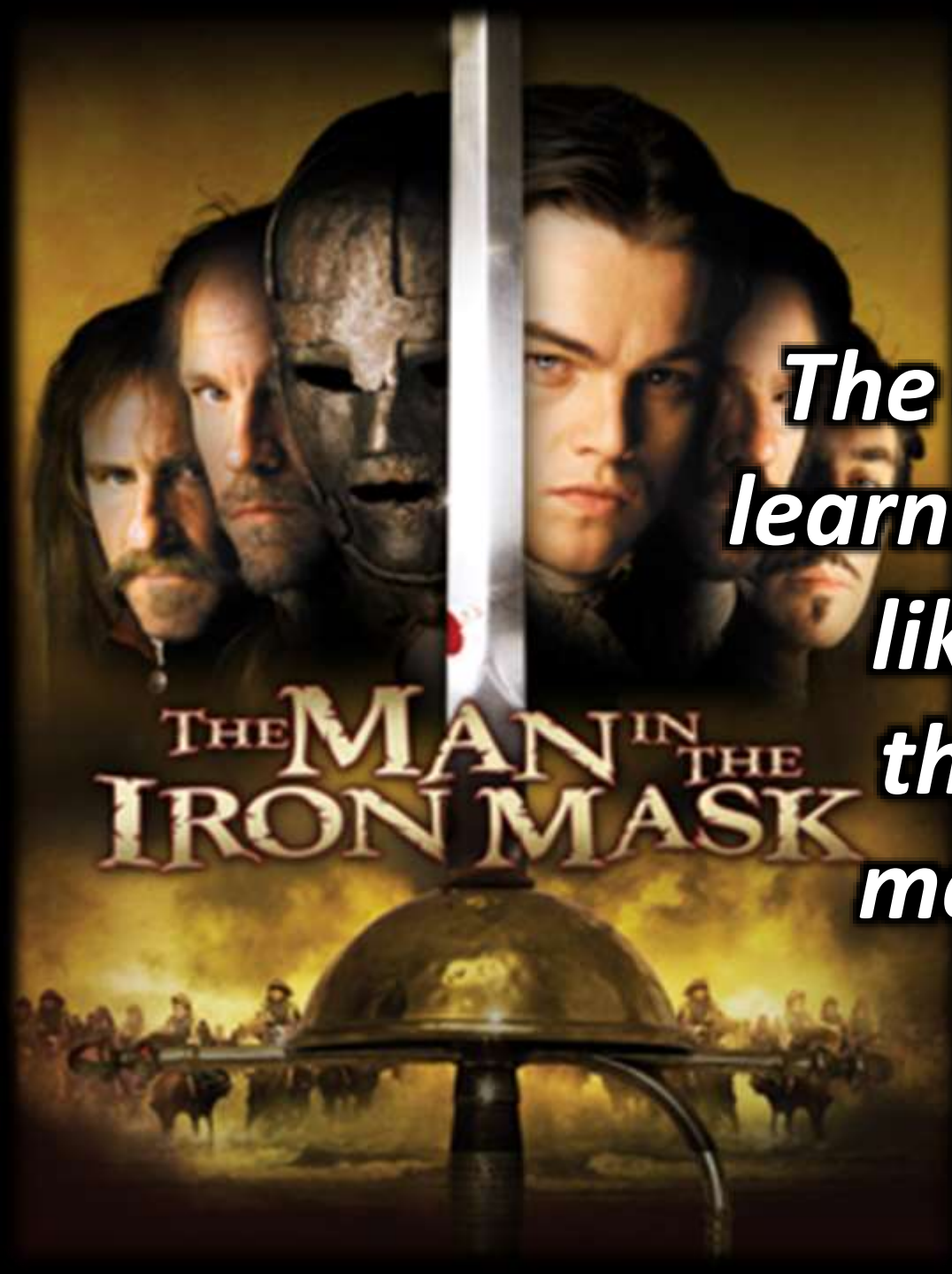
***Forgetting what is behind
and straining toward what is ahead...”***



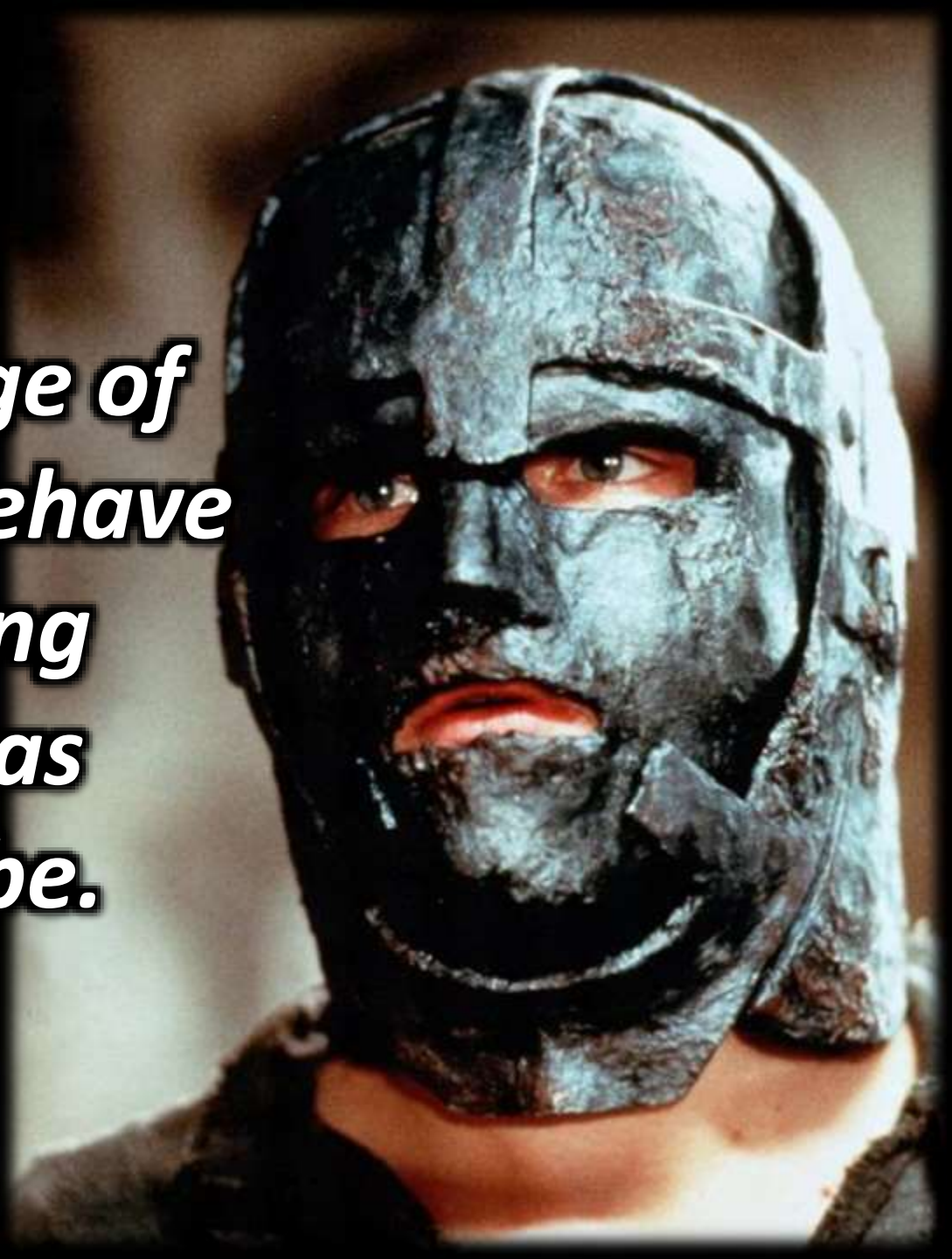
- 1) What makes regeneration necessary?
- 2) How does regeneration happen?
- 3) What does regeneration provide?
- 4) How do we live out this new life?



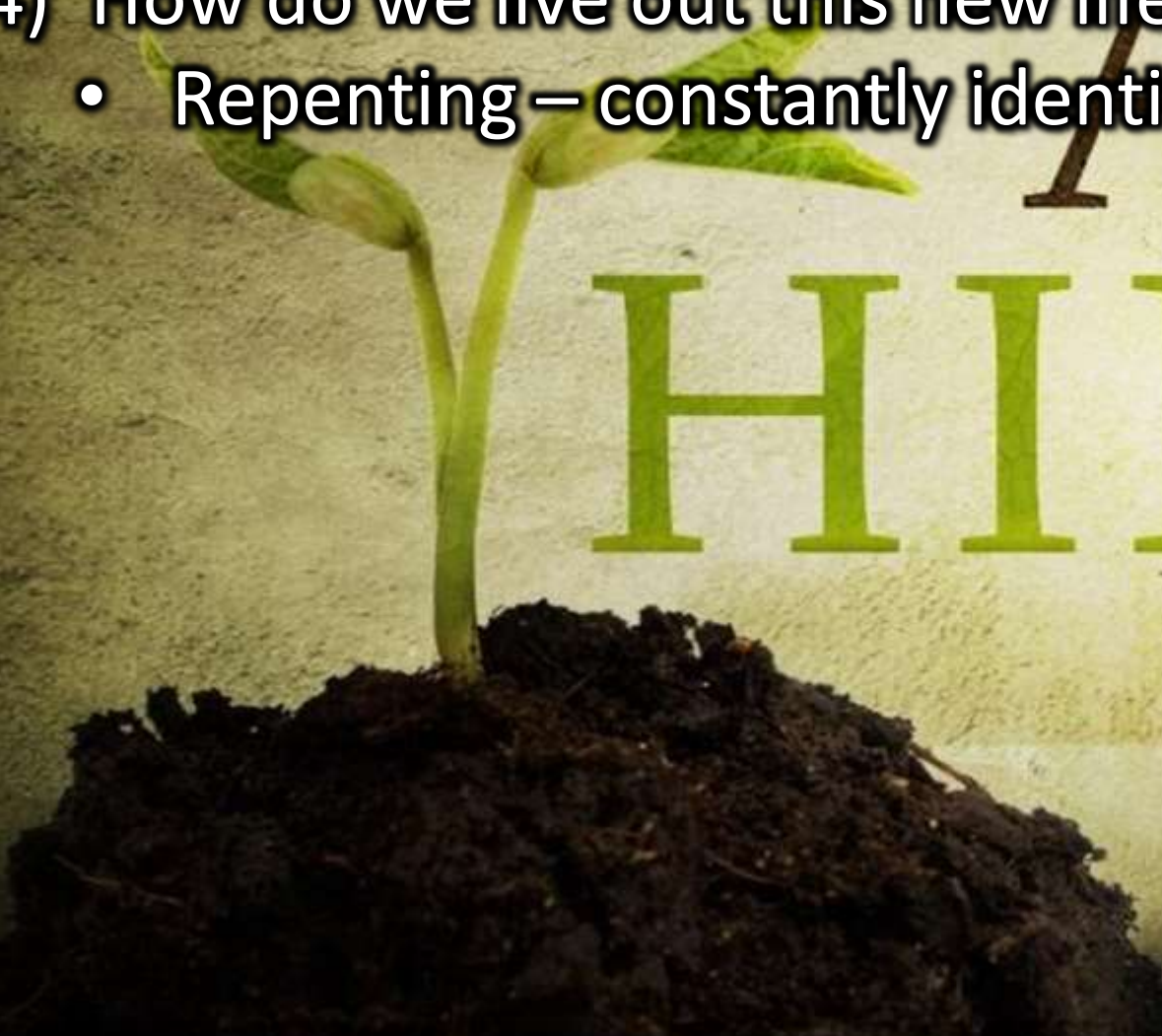
ALL
THINGS
NEW



*The challenge of
learning to behave
like the king
that he was
meant to be.*



- 1) What makes regeneration necessary?
- 2) How does regeneration happen?
- 3) What does regeneration provide?
- 4) How do we live out this new life?
 - Repenting – constantly identify the dead places.



ALL
THINGS
NEW

1) What makes regeneration necessary?

2) How does regeneration happen?

3) What does regeneration provide?

4) How do we live out this new life?

- Repenting – constantly identify the dead places.
- Renouncing – recognize the lies in the dead places.



ALL
THINGS

NEW

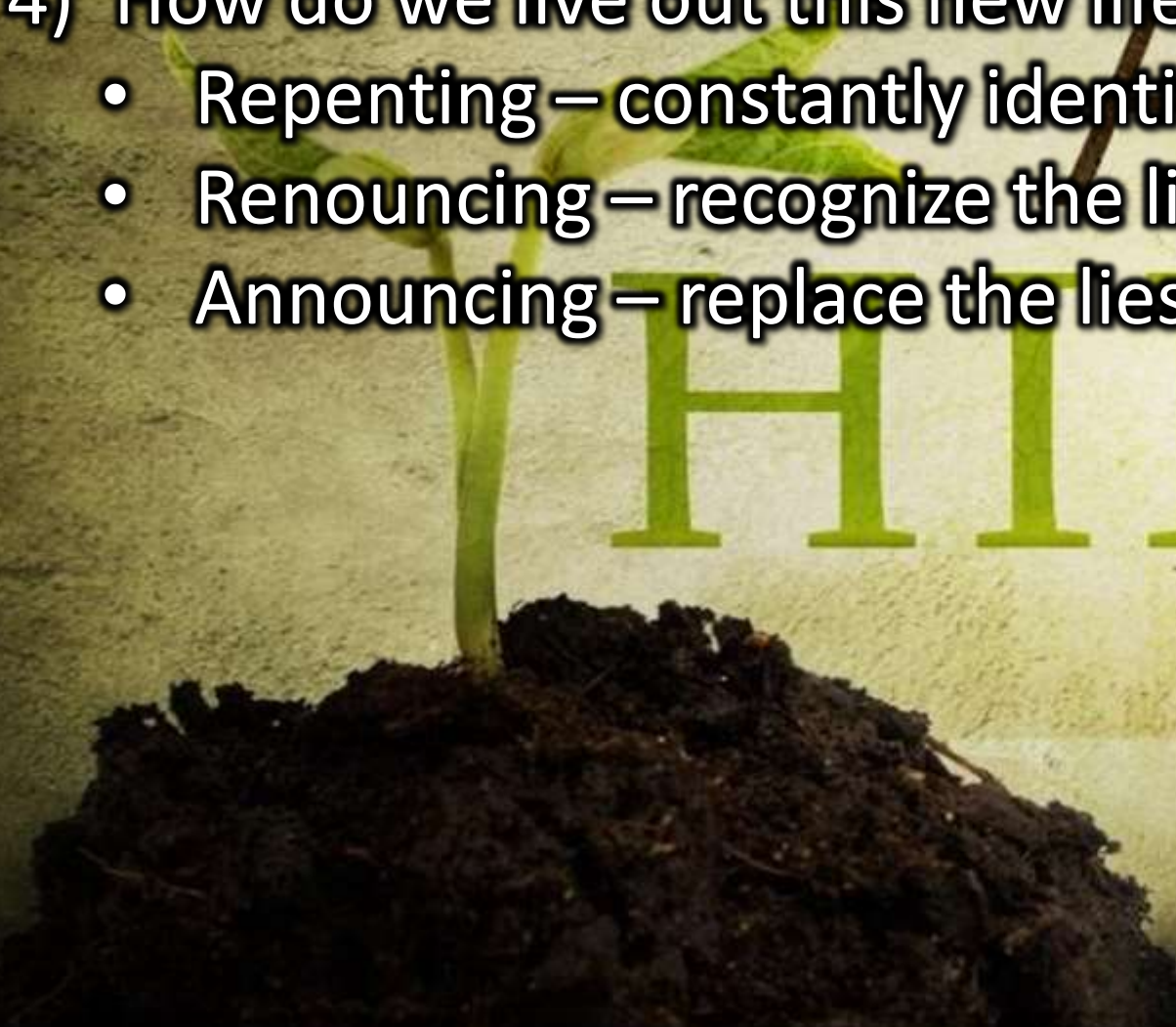
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2) How does regeneration happen?

3) What does regeneration provide?

4) How do we live out this new life?

- Repenting – constantly identify the dead places.
- Renouncing – recognize the lies in the dead places.
- Announcing – replace the lies with the truth of the Gospel.



ALL
THINGS

NEW

1) What makes regeneration necessary?

2) How does regeneration happen?

3) What does regeneration provide?

4) How do we live out this new life?

- Repenting – constantly identify the dead places.
- Renouncing – recognize the lies in the dead places.
- Announcing – replace the lies with the truth of the Gospel.
- Practicing – develop new living patterns that align with truth.



ALL
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1) What makes regeneration necessary?

2) How does regeneration happen?

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4) How do we live out this new life?

- Repenting – constantly identify the dead places.
- Renouncing – recognize the lies in the dead places.
- Announcing – replace the lies with the truth of the Gospel.
- Practicing – develop new living patterns that align with truth.
 - Imagine the truth lived out.

ALL
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1) What makes regeneration necessary?

2) How does regeneration happen?

3) What does regeneration provide?

4) How do we live out this new life?

- Repenting – constantly identify the dead places.
- Renouncing – recognize the lies in the dead places.
- Announcing – replace the lies with the truth of the Gospel.
- **Practicing – develop new living patterns that align with truth.**
 - Imagine the truth lived out.
 - Rehearse what you imagine.

ALL THINGS NEW



1) What makes regeneration necessary?

2) How does regeneration happen?

3) What does regeneration provide?

4) How do we live out this new life?

- Repenting – constantly identify the dead places.
- Renouncing – recognize the lies in the dead places.
- Announcing – replace the lies with the truth of the Gospel.
- **Practicing – develop new living patterns that align with truth.**
 - Imagine the truth lived out.
 - Rehearse what you imagine.
 - Gradually replace the old patterns with new ones.

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