

THE HARD SAYINGS OF JESUS

“Sabbath was made for man”

Mark 2:23-27

Pastor René Dekker

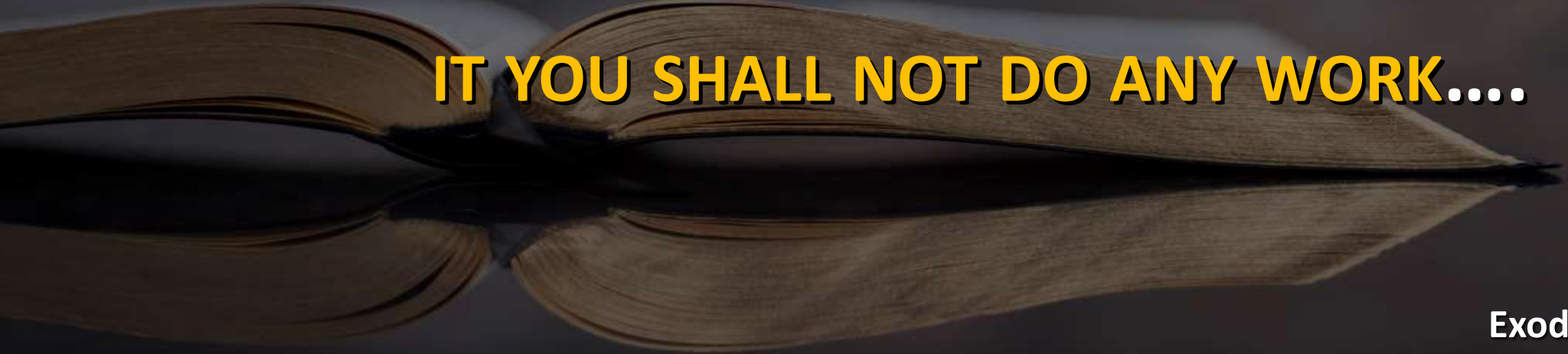
INTRODUCTION



INTRODUCTION

- THE PHARISEES ARE UPSET AS JESUS' ACTIONS DO NOT RHYME WITH THEIR INTERPRETATION OF THE SABBATH LAW.

**REMEMBER TO OBSERVE THE SABBATH DAY BY KEEPING
IT HOLY. YOU HAVE SIX DAYS EACH WEEK FOR YOUR
ORDINARY WORK, BUT THE SEVENTH DAY IS A SABBATH
DAY OF REST DEDICATED TO THE LORD YOUR GOD. **ON
IT YOU SHALL NOT DO ANY WORK....****



Exodus 20:8-10



INTRODUCTION

- THE PHARISEES ARE UPSET AS JESUS' ACTIONS DO NOT RHYME WITH THEIR INTERPRETATION OF THE SABBATH LAW.
- **THE PHARISEES EXPANDED GOD'S LAW BY ADDING FURTHER STIPULATIONS.**

HE ANSWERED, "HAVE YOU NEVER READ WHAT DAVID DID WHEN HE AND HIS COMPANIONS WERE HUNGRY AND IN NEED? IN THE DAYS OF ABIATHAR THE HIGH PRIEST, HE ENTERED THE HOUSE OF GOD AND ATE THE CONSECRATED BREAD, WHICH IS LAWFUL ONLY FOR PRIESTS TO EAT."

Mark 2:23-27



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- THE PHARISEES ARE UPSET AS JESUS' ACTIONS DO NOT RHYME WITH THEIR INTERPRETATION OF THE SABBATH LAW.
- THE PHARISEES EXPANDED GOD'S LAW BY ADDING FURTHER STIPULATIONS.
- **TO GOD, HUMAN NEED IS A HIGHER LAW THAN CEREMONIAL REGULATIONS.**

THEN HE SAID TO THEM, “**THE SABBATH WAS MADE
FOR MAN, NOT MAN FOR THE SABBATH.**”



Mark 2:27

INTRODUCTION

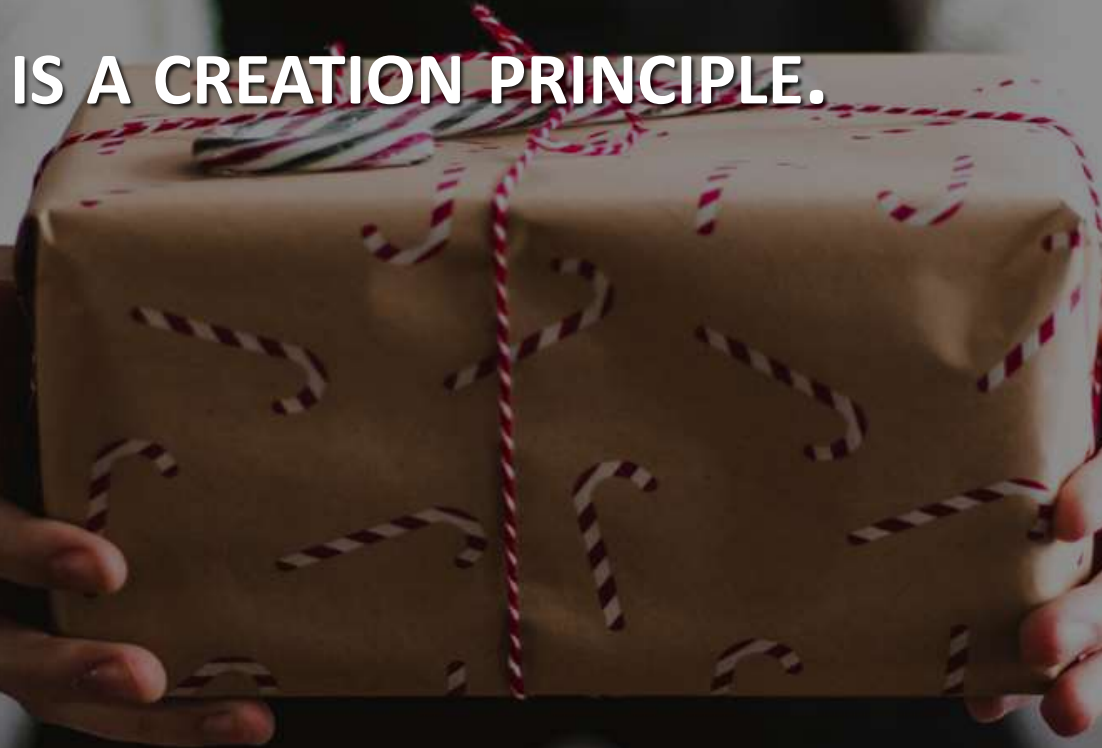
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- THE PHARISEES EXPANDED GOD'S LAW BY ADDING FURTHER STIPULATIONS.
- TO GOD, HUMAN NEED IS A HIGHER LAW THAN CEREMONIAL REGULATIONS.
- **GOD'S PURPOSE FOR THE SABBATH IS TO SERVE HUMAN NEEDS:
IT IS HIS GIFT TO US.**

THE GIFT OF SABBATH



THE GIFT OF SABBATH

- THE SABBATH IS A CREATION PRINCIPLE.



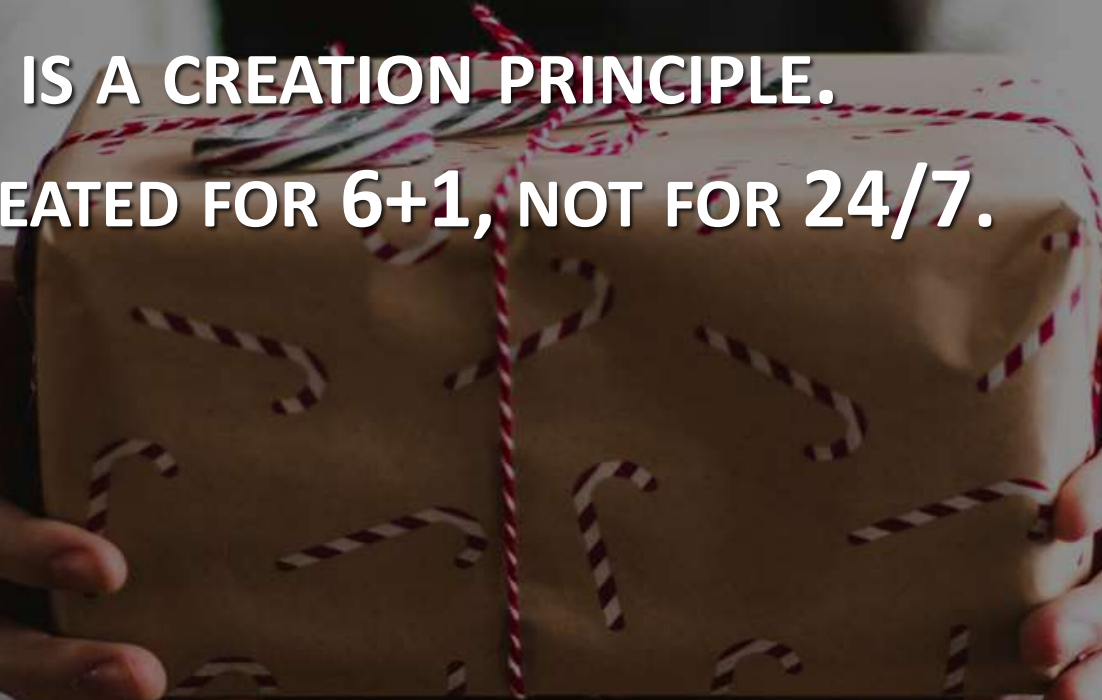
**BY THE SEVENTH DAY GOD HAD FINISHED THE WORK
HE HAD BEEN DOING; SO ON THE SEVENTH DAY HE
RESTED FROM ALL HIS WORK.**



Genesis 2:2

THE GIFT OF SABBATH

- THE SABBATH IS A CREATION PRINCIPLE.
 - WE ARE CREATED FOR 6+1, NOT FOR 24/7.



**THEN GOD BLESSED THE SEVENTH DAY AND MADE IT
HOLY, BECAUSE ON IT HE RESTED FROM ALL THE WORK
OF CREATING THAT HE HAD DONE.**



Genesis 2:3

THE GIFT OF SABBATH

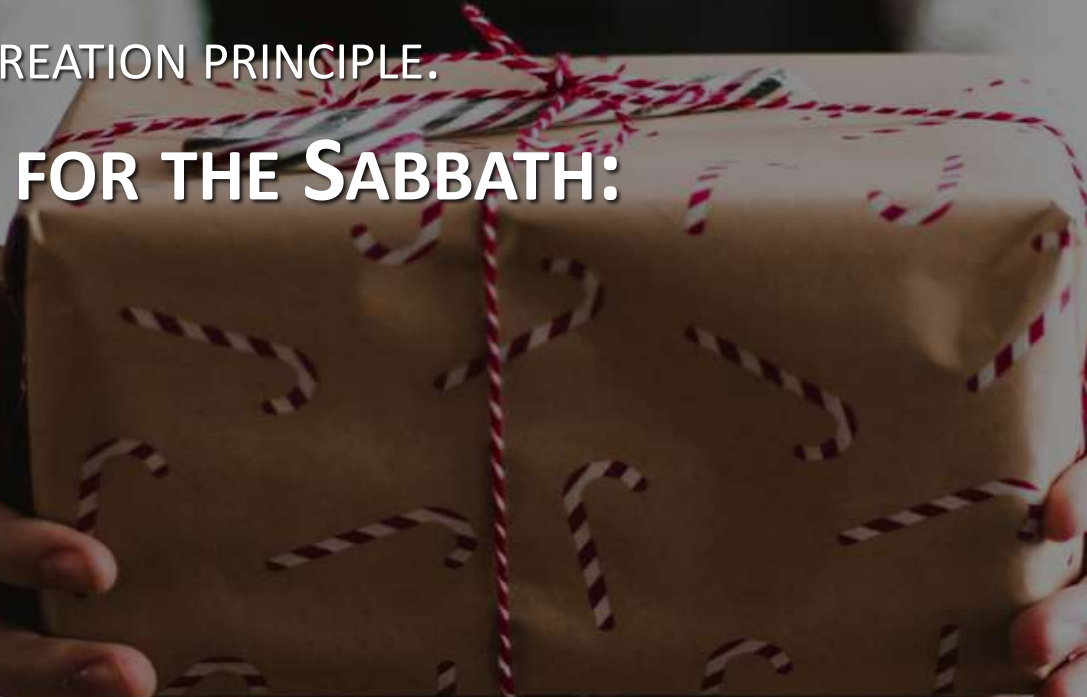
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THE GIFT OF SABBATH

- **THE SABBATH IS A CREATION PRINCIPLE.**
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 - GOD MADE THE SABBATH A LAW TO REMIND HIS PEOPLE.
- **THE SABBATH PRE-DATES THE LAW AND THEREFORE IS A PRINCIPLE FOR ALL GENERATIONS.**

THE GIFT OF SABBATH

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- **GOD'S RECIPE FOR THE SABBATH:**



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- THE SABBATH IS A CREATION PRINCIPLE.
- **GOD'S RECIPE FOR THE SABBATH:**
 - **REST = STOPPING OUR DAILY ROUTINE.**
 - **THE SABBATH IS MEANT TO POINT US TO JESUS AS OUR GREAT REST.**

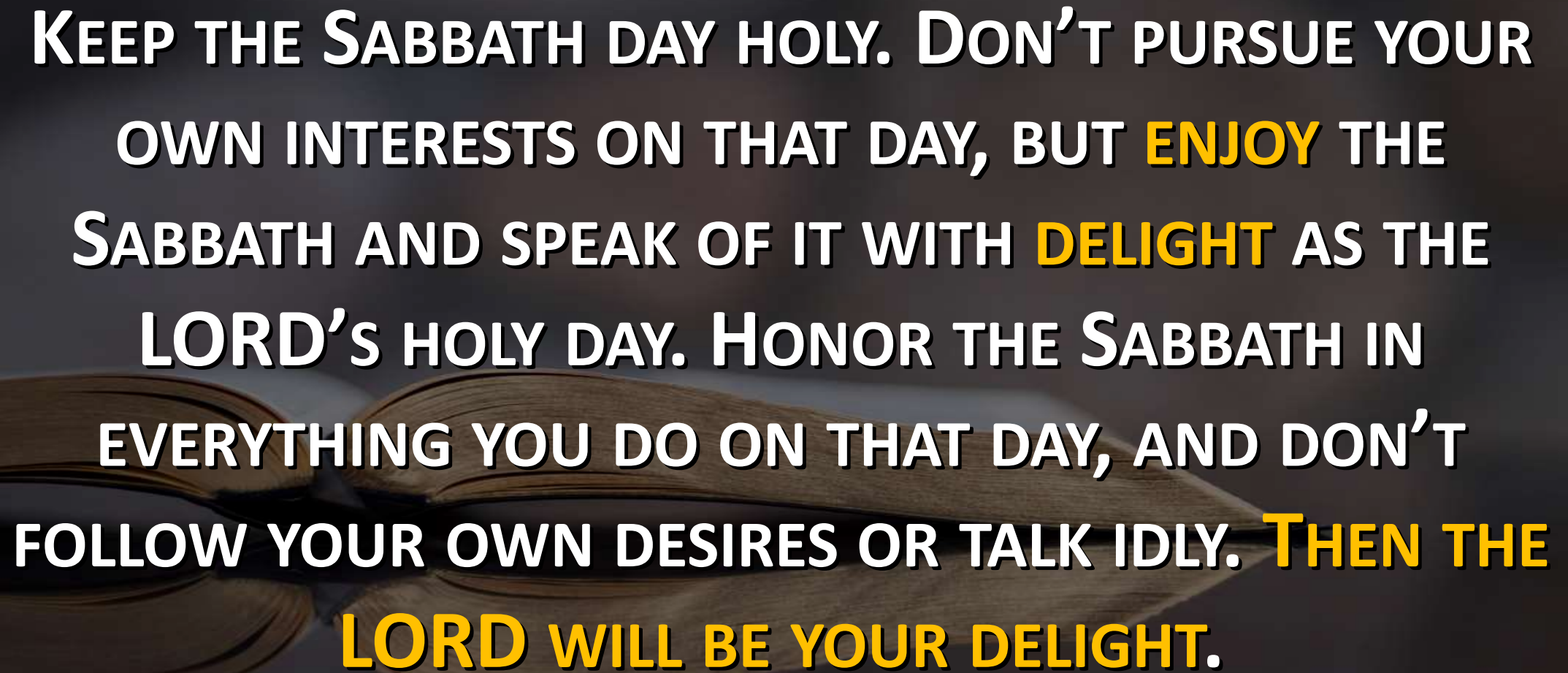
**“COME TO ME, ALL OF YOU WHO ARE WEARY AND
CARRY HEAVY BURDENS, AND I WILL GIVE YOU REST.
TAKE MY YOKE UPON YOU. LET ME TEACH YOU,
BECAUSE I AM HUMBLE AND GENTLE AT HEART, AND
YOU WILL FIND REST FOR YOUR SOULS.”**

Matthew 11:28

THE GIFT OF SABBATH

- THE SABBATH IS A CREATION PRINCIPLE.
- **GOD'S RECIPE FOR THE SABBATH:**
 - **REST = STOPPING OUR DAILY ROUTINE.**



An open book is shown in the background, with its pages visible. The text is overlaid on the book. The text is in a bold, sans-serif font. The words 'ENJOY', 'DELIGHT', 'THEN THE LORD', and 'WILL BE YOUR DELIGHT' are highlighted in yellow, while the rest of the text is white.

KEEP THE SABBATH DAY HOLY. DON'T PURSUE YOUR
OWN INTERESTS ON THAT DAY, BUT **ENJOY** THE
SABBATH AND SPEAK OF IT WITH **DELIGHT** AS THE
LORD'S HOLY DAY. HONOR THE SABBATH IN
EVERYTHING YOU DO ON THAT DAY, AND DON'T
FOLLOW YOUR OWN DESIRES OR TALK IDLY. **THEN THE
LORD WILL BE YOUR DELIGHT.**

Isaiah 58:13-14

THE GIFT OF SABBATH

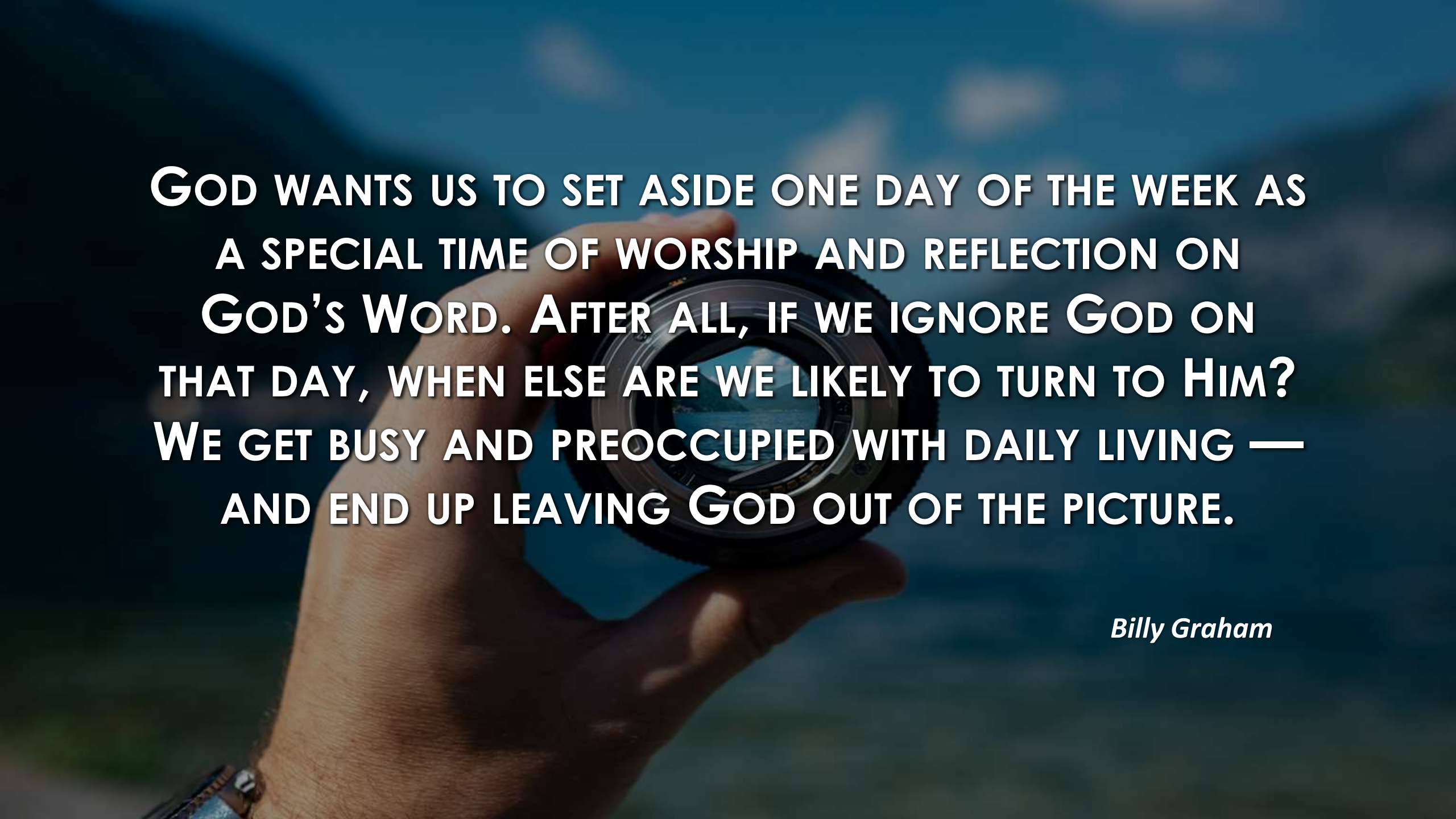
- THE SABBATH IS A CREATION PRINCIPLE.
- **GOD'S RECIPE FOR THE SABBATH:**
 - REST = STOPPING OUR DAILY ROUTINE.
 - **DELIGHT = ENJOYING GOD.**

THE GIFT OF SABBATH

- THE SABBATH IS A CREATION PRINCIPLE.
- **GOD'S RECIPE FOR THE SABBATH:**
 - REST = STOPPING OUR DAILY ROUTINE.
 - DELIGHT = ENJOYING GOD.
 - **WORSHIP = DEDICATING THE DAY TO THE LORD.**

*“...the seventh day must be a Sabbath day of complete rest, a holy day **dedicated to the LORD.**”*

Exodus 35:2

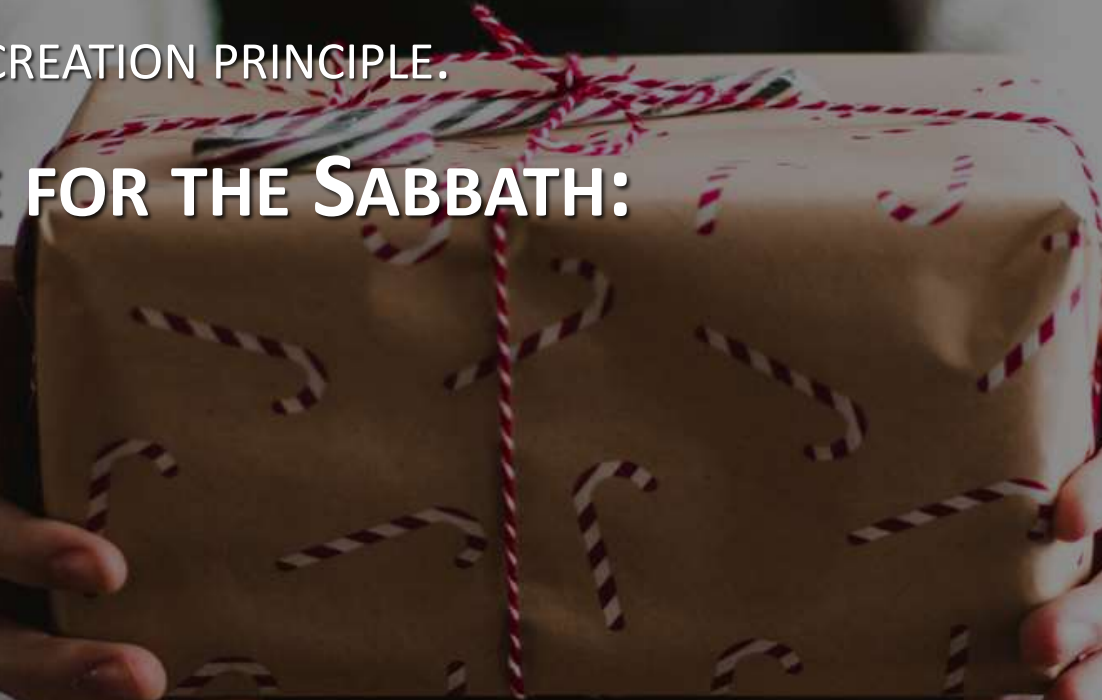
A hand holding a camera lens against a blurred background of a lake and mountains. The lens is held in the foreground, and the background shows a serene landscape with a body of water and distant hills under a blue sky.

**GOD WANTS US TO SET ASIDE ONE DAY OF THE WEEK AS
A SPECIAL TIME OF WORSHIP AND REFLECTION ON
GOD'S WORD. AFTER ALL, IF WE IGNORE GOD ON
THAT DAY, WHEN ELSE ARE WE LIKELY TO TURN TO HIM?
WE GET BUSY AND PREOCCUPIED WITH DAILY LIVING —
AND END UP LEAVING GOD OUT OF THE PICTURE.**

Billy Graham

THE GIFT OF SABBATH

- THE SABBATH IS A CREATION PRINCIPLE.
- **GOD'S RECIPE FOR THE SABBATH:**
 - **REST**
 - **DELIGHT**
 - **WORSHIP**



WHY DO WE STRUGGLE?

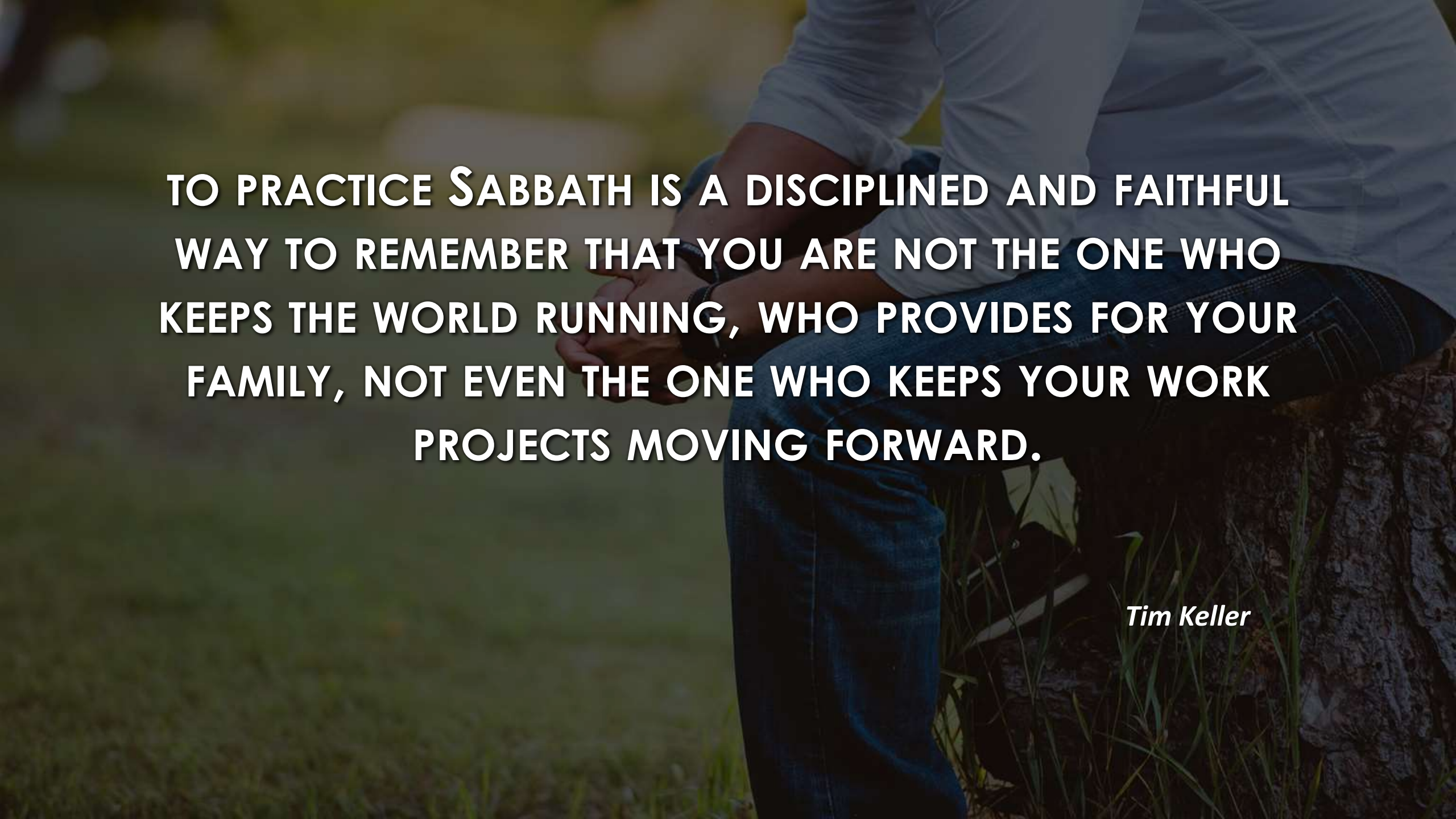
- BUSYNESS IS OUR “BADGE OF HONOUR.”



A top-down view of a cluttered wooden desk. In the center is a computer monitor displaying a colorful abstract graphic. Below the monitor is a black keyboard and a black mouse. A person's hands are visible: the left hand is on the keyboard, and the right hand is on the mouse. The desk is covered with various items: a red mug with coffee, a white mug, several pens and pencils, a pair of scissors, a smartphone, a small jar, a plate, and various papers and sticky notes. The background shows more desk clutter, including a lamp and a keyboard. The text is overlaid in white, bold, sans-serif font.

**BEING OVERLY BUSY IS A WAY OF PURSUING GODLIKE
STATUS. WHEN WE THINK WE CAN SCHEDULE OUR WAY
TO SIGNIFICANCE, WE'RE TRYING TO SUPPLY WHAT
ONLY GOD CAN.**

Justin Huffman

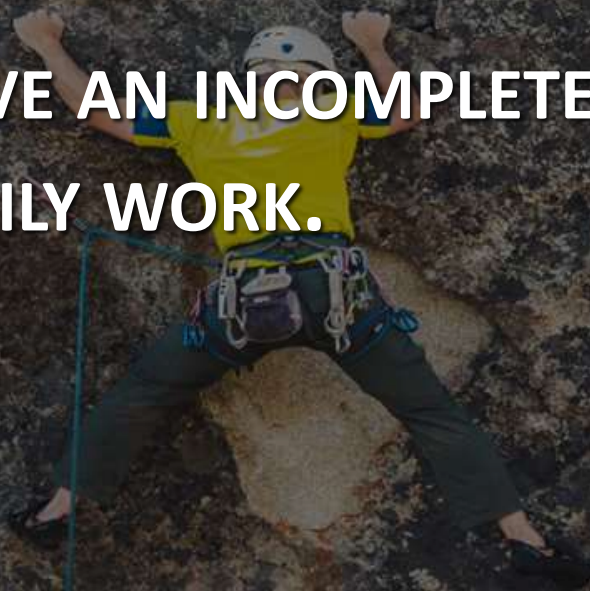
A person is sitting on a large, dark rock in a grassy field. They are wearing a light blue long-sleeved shirt and dark blue jeans. Their hands are clasped together in their lap. The background is a soft-focus green field. The text is overlaid on the left side of the image.

**TO PRACTICE SABBATH IS A DISCIPLINED AND FAITHFUL
WAY TO REMEMBER THAT YOU ARE NOT THE ONE WHO
KEEPS THE WORLD RUNNING, WHO PROVIDES FOR YOUR
FAMILY, NOT EVEN THE ONE WHO KEEPS YOUR WORK
PROJECTS MOVING FORWARD.**

Tim Keller

WHY DO WE STRUGGLE?

- BUSYNESS IS OUR “BADGE OF HONOUR.”
- **WE HAVE AN INCOMPLETE UNDERSTANDING OF THE PURPOSE OF OUR DAILY WORK.**



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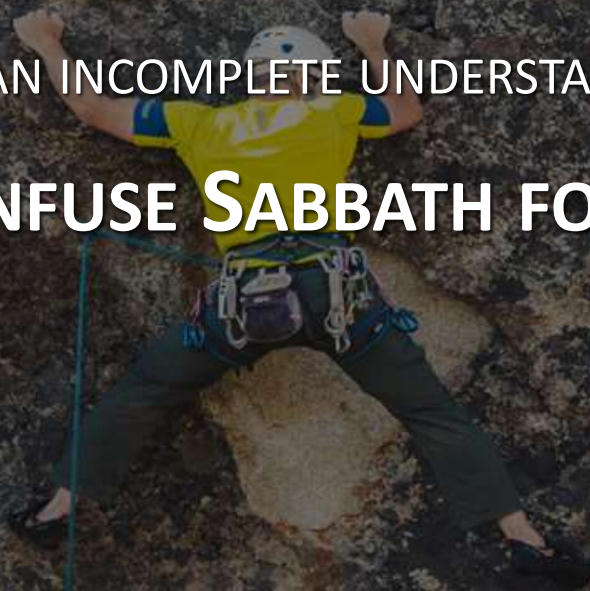
- BUSYNESS IS OUR “BADGE OF HONOUR.”
- **WE HAVE AN INCOMPLETE UNDERSTANDING OF THE PURPOSE OF OUR DAILY WORK.**

*And whatever you do or say, **do it as a representative of the Lord Jesus**, giving thanks through him to God the Father.*

Colossians 3:17

WHY DO WE STRUGGLE?

- BUSYNESS IS OUR “BADGE OF HONOUR.”
- WE HAVE AN INCOMPLETE UNDERSTANDING OF THE PURPOSE OF OUR DAILY WORK.
- **WE CONFUSE SABBATH FOR A DAY OFF.**



APPLICATION

- CHOOSE COUNTER-CULTURALLY.



APPLICATION

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- **START SIMPLE AND BUILD UP FROM THERE.**



APPLICATION

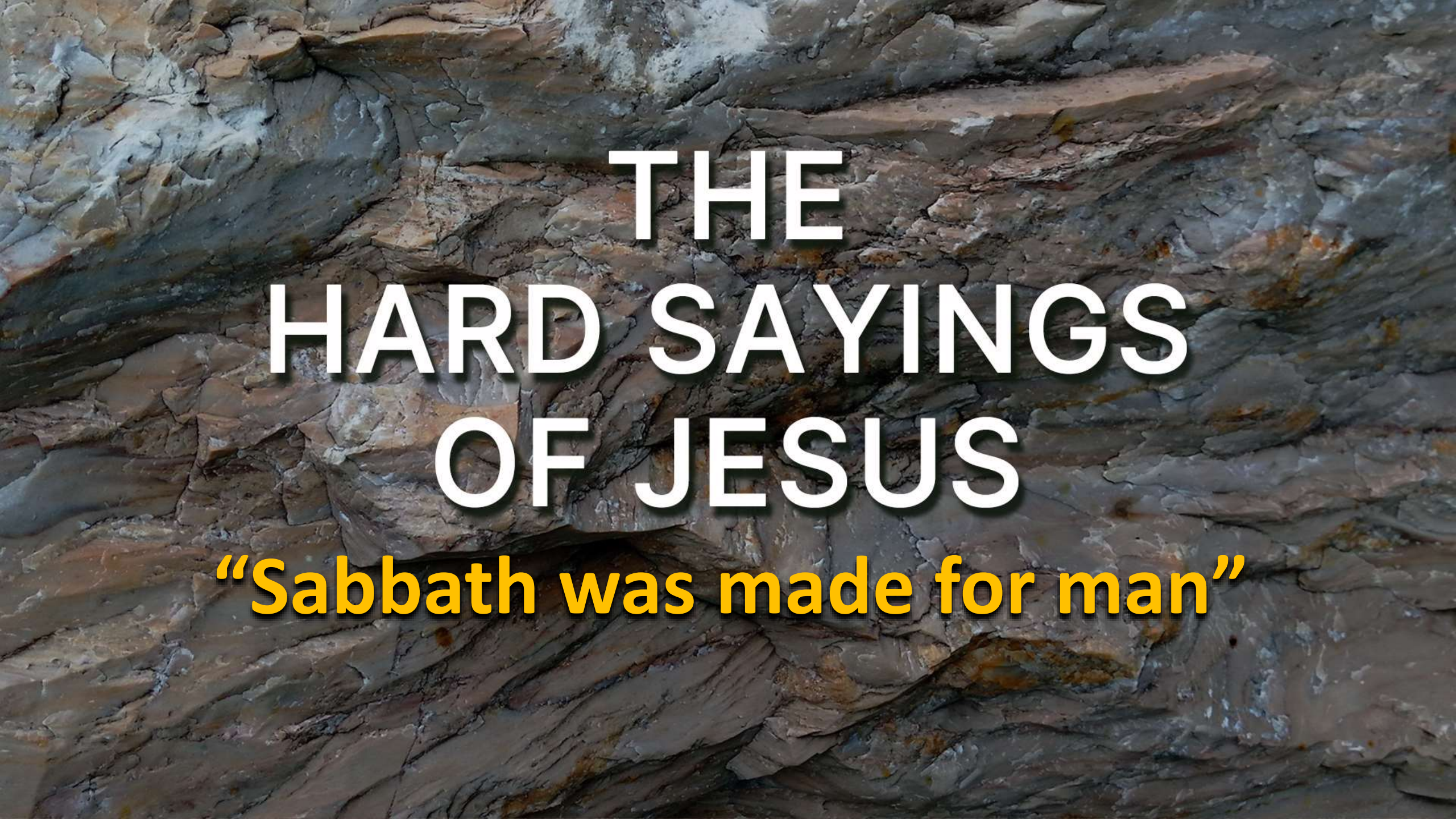
- CHOOSE COUNTER-CULTURALLY.
- **START SIMPLE AND BUILD UP FROM THERE.**
 - **USE YOUR TIMES WITH THE LORD DURING THE WEEK AS TRAINING.**



APPLICATION

- CHOOSE COUNTER-CULTURALLY.
- START SIMPLE AND BUILD UP FROM THERE.
- **DO THINGS WHICH REFRESH YOU INTELLECTUALLY, SPIRITUALLY AND PHYSICALLY FOR GOD'S SERVICE.**





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“Sabbath was made for man”