

FRUIT OF THE SPIRIT
WEEK 04
THE FRUIT OF PATIENCE

PATIENCE

REVIEW

- The Spirit – The Counselor Jesus talked about (John 14:16) and promised (Acts 1:8); arrived on Pentecost (Acts 2:1-4)
- Love – the Greek word *agape*; *agape* indicates the presence of the Holy Spirit.
- Joy – the Greek word *chara*; *chara* is described as inner gladness, delight, or rejoicing, regardless of the circumstances. *Chara* is a condition of the heart, not a feeling.
- Peace – the Hebrew word *shalom*; indicates a right relationship with God and loving harmony with others.

WHAT IS PATIENCE?

- English Definition
 - The capacity to accept or tolerate delay, trouble, or suffering without getting angry or upset.
 - Waiting without complaint
- Greek
 - *Hupomonē* – a remaining under (as when one bears up under a burden); steadfastness in difficult circumstances.
 - Luke 8:15, 21:19; Romans 2:7, 5:3-4, 8:25, 15:4-5; 2 Corinthians 1:6, 6:4, 12:12; Colossians 1:11; 1 Thessalonians 1:3; 2 Thessalonians 1:4, 3:5; 1 Timothy 6:11; 2 Timothy 3:10; Titus 2:2; Hebrews 10:36, 12:1; James 1:3-4, 5:11; 2 Peter 1:6; Revelation 1:9, 2:2-3, 2:19, 3:10, 13:10, 14:12
 - *Makrothumia* – compound word of *makros* (“long”) and *thumos* (“passion” or “temper”); the ability to hold one’s temper for a long time.
 - 2 Corinthians 6:6, Ephesians 4:2, Colossians 1:11, Colossians 3:12, 1 Timothy 1:16, 2 Timothy 3:10, 2 Timothy 4:2, Hebrews 6:12,;

GOD IS THE PERFECT EXAMPLE OF PATIENCE

- God’s patience leads to our repentance.
 - Romans 2:4
 - 2 Peter 3:15
- God’s patience delay’s judgment
 - Romans 9:22
 - 1 Peter 3:20

PATIENCE COMES FROM A POSITION OF POWER

- Patience brings self-restraint and careful thinking.
- Losing patience is a sign of weakness.

- We choose to love.

DEMONSTRATING PATIENCE MAKES US MORE CHRISTLIKE

- James urges believers to be patient and not to complain
 - James 5:7-10
- Christ is even now patiently awaiting the completion of the Father's plan
 - 2 Thessalonians 3:5
- We should be patient, even as He is patient
 - Hebrews 10:12-13

CLOSING THOUGHTS ON PATIENCE

- We can only possess peace through the power and work of the Holy Spirit. The Holy Spirit produces the fruit of patience in us.
- When we are patient, we leave room for God to work in our hearts and in our relationships.
- If we know Christ, we have all of the Fruits of the Spirit in us. We have to learn how to let them shine through us.

SMALL GROUP DISCUSSION

1. What types of things do you get impatient over?
2. What causes you to be impatient?
3. What are areas of your life where you tend to exhibit more patience?
4. What can you do to start showing patience in other areas of your life?